



Photo: Alix Kreil/Shutterstock.com



Lucky-photographer/Shutterstock.com

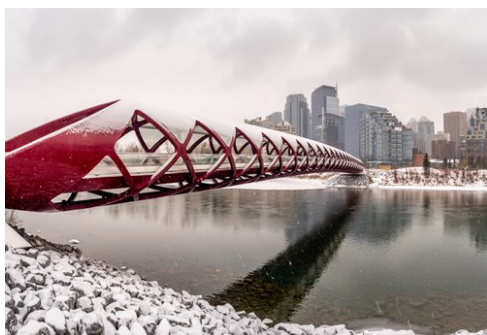
The biggest city in the province of Alberta and the third largest in Canada, Calgary has a diverse landscape: it finds itself nestled between the Bow River and the Elbow River, which run across the wide prairies that characterise the region.

The metropolis also grants access to the Canadian Rockies and the surrounding national parks, which are excellent for visits year-round thanks to the region's continental, dry climate.

NOTE: This Guide has been limited to 20 points of interest per section. For the full guide, please visit ArrivalGuides.com



TRphotos/Shutterstock.com



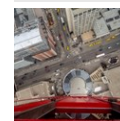
Jeff Whyte/Shutterstock.com

QUIZ

*What Type of Traveller
Are You Based on
Your Travel IQ?*

TAKE THE QUIZ

Top 5



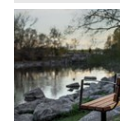
Calgary Tower
Calgary's main landmark - Calgary Tower - is almost 200 meters high and most...



Calgary Zoo
African lions, Amur tigers, giant pandas and whooping cranes are only a few ...



Heritage Park Historical V...
The Heritage Park aims to bring back to life how life was in the years going...



Prince's Island Park
Located in Downtown Calgary, Prince's Island Park is a fine choice for those...



Olympic Plaza
Built in occasion for the medal presentation of the 1988 Olympics, the Olymp...



THE CITY



Darko-HD Photography/Shutterstock.com

Calgary's path towards becoming one of the biggest cities in Canada started in the second half of the 1800s, when many settlers developed the local agricultural economy. The Calgary Stampede is an annual festival that celebrates this period, together with the western culture and heritage.

The discovery of oil just outside the city at the start of the 1900s breathed even more life into the town, a turning point so important that the energy sector is still one of the main strongholds of Calgary's economy.

It wasn't until the city hosted the Winter Olympics in 1988 that it was granted international recognition, becoming one of the main Canadian tourism destinations.

The view from the signature Calgary Tower has become a fan favourite, just like the many festival and events hosted by the town. The mountain ridges that can be found nearby are nice locations for both winter sports and hiking, otherwise one is left with plenty of options for a more relaxed day in the local national parks.

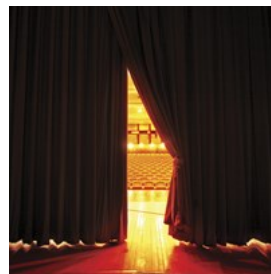
EVENTS



e X p o s e/Shutterstock.com

Calgary hosts different festivals that mainly happen during the summer, but smaller events are held year-round. You'll be able to celebrate the city's heritage and history with the Calgary Stampede and its food culture during Taste of Calgary. You can also find a folk music festival, as well as a comic-con and a firework competition among the town's many events.

High Performance Rodeo (January)

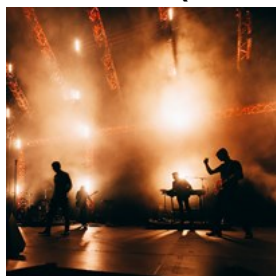


High Performance Rodeo is Calgary's International Festival of the Arts, featuring performances from Canadian and foreign artists who will

entertain audiences using many different spots in the Downtown as their stage. The diversity of the performances is the main draw: you can find theatrical, dancing and musical exhibitions, but also wrestling matches, cabaret and burlesque shows.

Photo: Mario Lisovski/Shutterstock.com
Address: 225 8th Avenue Southeast, Calgary
Phone: +1 403 294 7411
Internet: www.hprodeo.ca
Email: reception@oyr.org

Block Heater (February)



Organised by the Calgary Folk Fest, Block Heater is a winter music festival taking place across several locations like the National Music Centre, King Eddy, Festival Hall, and the Central Library in Downtown Calgary. Both Canadian and international performers join this annual celebration of all genres of music, from electronic to folk.

Photo: Gallks/Shutterstock.com

Address: 1215 10th Avenue Southeast, Calgary

Phone: +1 403 233 0904

Internet: www.calgaryfolkfest.com

Email: hello@calgaryfolkfest.com

Calgary Comic and Entertainment Expo (April)



The Calgary Comic and Entertainment Expo comes with everything a comic fan would need: scheduled autograph and photo sessions with international authors, Q&A panels with your favourite artists, over 700 retailers with articles and gadgets on sale, as well as cosplay contests that bring fictional characters to life.

Photo: 5of7/Flickr.com (image cropped)

Address: Stampede Park, Calgary

Phone: +1 403 266 1611

Internet: www.calgaryexpo.com

Email: info@calgaryexpo.com

Calgary Folk Music Festival (July)



The Calgary Folk Music Festival has been an annual staple for both Calgarians and tourists since 1980. Set in Prince's Island Park, the festival not only gives a stage to many local and international artists, both up-and-coming and well-established, but also includes a Talk Tent where comedy shows and panels take place, as well as an artisan market and a beer garden.

Photo: Halfpoint/Shutterstock.com

Address: 698 Eau Claire Avenue Southwest, Calgary

Phone: +1 403 233 0904

Internet: www.calgaryfolkfest.com

Email: hello@calgaryfolkfest.com

Calgary Stampede (July)



A ten-day festival that takes its roots at the start of the 1900s, the Calgary Stampede starts off with a western-themed march through the town. It is mostly famous for having the world's biggest outdoor rodeo, with a range of activities including bull riding and barrel racing that take place during the afternoon. Every day ends with a chuckwagons derby, followed by a variety show featuring comedy, music and dancing, while a firework display acts as the grand finale.

Photo: Diane Garcia/Shutterstock.com

Address: 1410 Olympic Way Southeast, Calgary

Opening hours: Daily 8.30am-5pm

Phone: +1 403 261 0101

Internet: www.calgarystampede.com

GlobalFest (August)



The GlobalFest is further split into the OneWorld Festival and the International Fireworks Festival. The first aims to showcase different

cultures from around the world through on-stage performances, interactive activities and food stalls, while the latter is a competition between five countries' best pyro-musical artists.

Photo: e X p o s e/Shutterstock.com

Address: 17th Avenue Southeast, Calgary

Phone: +1 403 569 9679

Internet: www.globalfest.ca

Email: contactus@globalfest.ca

Taste of Calgary (August)



This festival does not only allow you to taste

Calgary's food and drinks from the many tents and trucks, but also to engage with local artisans and

get to know their craft, while the stages host live music bands and DJs. The sampling tickets come at \$1 each, and can be bought either online or on site.

Photo: Monkey Business Images/Shutterstock.com

Address: Eau Claire Market Plaza, Calgary

Opening hours: Daily 11am-10pm

Phone: +1 403 453 7424

Internet: www.tasteofcalgary.com

Email: taste@tasteofcalgary.com

Beakerhead (September)



Beakerhead is an annual festival that celebrates the ways in which engineering and science can create art. Recurring displays include

exhibitions featuring robots, street experiments and music on Stephen Avenue Walk, workshops and panels for educational purposes and nightly events with 3D projections and dance performances.

Photo: Neal Sanche/Shutterstock.com

Address: 1405 4th Street Southwest, Calgary

Phone: +1 587 351 7787

Internet: www.beakerhead.com

Email: connect@beakerhead.com

Calgary International Film Festival (September)



Starting from the year 2000, Calgary has hosted the largest film festival in Alberta every year, with screenings of feature and short films of any genre,

coming from not only Canada but also other countries. During these twelve days the audience is able to ask question and engage with the filmmakers during panels, film talks and behind-the-scenes events.

Photo: Andrey Krupenko/Shutterstock.com

Address: 999 8th Street Southwest, Suite 260, Calgary

Phone: +1 403 209 4957

Internet: www.calgaryfilm.com

Email: info@calgaryfilm.com

Imaginarium by Wordfest (October)



Wordfest, the third-largest Canadian literary festival, hosts Imaginarium, a 10-day long celebration of national and international

writers, ranging from columnists to essayists. Readings, Q&As, and panels are staple events, but there's also the annual late-night Literary Deathmatch, where authors have seven minutes to show off their wordsmith skills to both the judges and the audience.

Photo: Feel good studio/Shutterstock.com

Address: Memorial Park Library, 1221 2nd Street Southwest, Calgary / Central Library, 800 3 Street Southeast, Calgary

Phone: +1 403 237 9068

Internet: www.wordfest.com

Email: info@wordfest.com

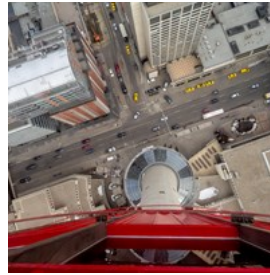
DO & SEE



Alix Kreil/Shutterstock.com

The sight unfolding from the Observation Deck of Calgary Tower is a must for anyone visiting the city. From there, a wide range of activities opens up in front of you: visit the local zoo and meet different species of animals, get thrown back into the 1900s thanks to a historical village's reproduction of that era, or hike and relax in one of the town's many parks.

Calgary Tower



Calgary's main landmark - Calgary Tower - is almost 200 meters high and mostly known for offering a 360° view of the city, thanks to the observation deck's glass floor. Included in the ticket is the admission to their Theatre Room, featuring a short film that goes through the history of the tower.

Photo: Jeff Whyte/Shutterstock.com

Address: 101 9th Avenue Southwest, Calgary

Opening hours: Daily September-May: 9am-9pm,

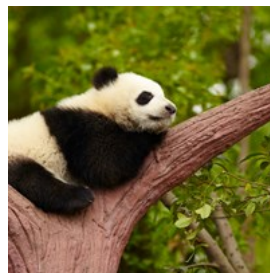
June-August: 9am-10pm

Phone: +1 403 266 7171

Internet: www.calgarytower.com

Email: info@calgarytower.com

Calgary Zoo



African lions, Amur tigers, giant pandas and whooping cranes are only a few of the animals that can be seen at the Calgary Zoo. You will also

be able to witness events such as tiger training sessions and learn more about gorilla family dynamics. Restaurants are also available if you are planning for a longer stay, as well as gift shops and playgrounds for kids.

Photo: SJ Travel Photo and Video/Shutterstock.com

Address: 210 St. George's Drive Northeast, Calgary

Opening hours: Daily 9am-5pm

Phone: +1 403 232 9300

Internet: www.calgaryzoo.com

Heritage Park Historical Village

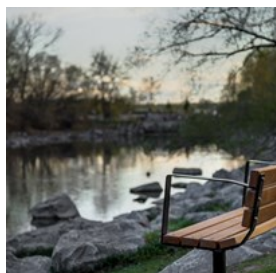


The Heritage Park aims to bring back to life how life was in the years going from 1860 to 1950, making use of interactive exhibitions with costumed

interpreters and historical buildings. It is split into four areas: there's the main square with cafes and restaurants, then a 1900s-inspired village, a railway settlement and a fur trading fort coming straight from the late 1800s.

Photo: Heritage Park Historical Village, Calgary
Address: 1900 Heritage Drive Southwest, Calgary
Opening hours: Daily May-October: 10am-5pm
Phone: +1 403 268 8500
Internet: www.heritagepark.ca
Email: info@heritagepark.ca

Prince's Island Park

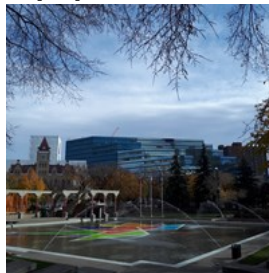


Located in Downtown Calgary, Prince's Island Park is a fine choice for those who are looking for a place to relax, thanks to the many picnic areas,

and those who want to go on a hiking trip along scenic trails. Here you can find the Chevron Learning Pathway, which goes around a wetland and provides information about the local wildlife. This is also where many of the city's festivals are held, such as Canada Day.

Photo: Mikhail Zapolsky/Shutterstock.com
Address: 698 Eau Claire Avenue Southwest, Calgary
Opening hours: Daily 5am-11pm

Olympic Plaza

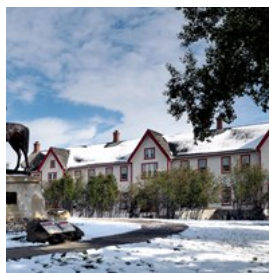


Built in occasion for the medal presentation of the 1988 Olympics, the Olympic Plaza is now a venue used for events throughout the year. You

can walk by its reflecting pool in the summer while having an outdoor lunch, or you can head here during the winter to enjoy some outdoor ice skating, free of charge, with the option of renting the equipment on-site.

Photo: Daniel/Shutterstock.com (image cropped)
Address: 228 8th Avenue Southeast, Calgary
Opening hours: Daily 10am-9pm
Phone: +1 403 268 2489

Fort Calgary



Representing the birthplace of the city, Fort Calgary has a museum that showcases the ways of life of 19th-century North-West

Mounted Police once stationed here. Private tours can be booked, and your visit can also include events such as murder mystery dinners, black and white movie nights and artisan fairs.

Photo: Bernard Spragg. NZ/Flickr.com
Address: 750 9th Avenue Southeast, Calgary
Opening hours: Mon-Sun 9am-5pm
Phone: +1 403 290 1875
Internet: www.fortcalgary.com
Email: info@fortcalgary.com

Banff National Park



Established in 1885 Banff is the first national park in Canada. Located at a distance of 120 km from Calgary, it can be reached via the On-It Regional Transit company offering public rides. You can explore its trails either by hiking or biking, enjoy fishing by the Bow River shores, join a zipline tour or have a relaxing birdwatching session, among the many outdoor and learning activities available.

Photo: Zhukova Valentyna/Shutterstock.com

Address: 224 Banff Avenue, Town of Banff

Opening hours: The park is open year-round. For up-to-date business hours of the visitor centre, please check the website.

Phone: +1-403 762 1550

Internet: www.pc.gc.ca/en/pn-np/ab/banff

Email: banff.vrc@pc.gc.ca

Calaway Park



Calaway Park is the biggest amusement park of Western Canada, with more than 30 rides that cater to kids and adults alike. All the classics such as the carousel, bumper cars and Ferris wheel are here, along with their own spin on the drop tower with "Free Fallin'" and on roller coasters with "Vortex". Seasonal events are also hosted all year long, examples being "Halloweekend" and for Canada Day.

Photo: Annette Shaff/Shutterstock.com

Address: Range Road 33, Calgary

Opening hours: May to October: 10am-7pm

Phone: +1 403 240 3822

Internet: www.calawaypark.com

Email: calaway@calawaypark.com

Canada's Sports Hall of Fame



There are more than 600 honoured members in Canada's Sports Hall of Fame, which houses exhibits that celebrate the country's sporting achievements. You will find themed galleries such as the Glide Gallery, focusing on winter sports, the Bounce Gallery, which ranges from baseball to soccer, and the Olympic and Paralympic Gallery displaying the medals won by Canadian athletes.

Photo: daveynin/Shutterstock.com

Address: 169 Canada Olympic Road Southwest, Canada

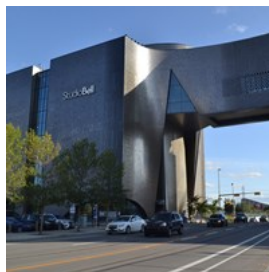
Opening hours: September-June: Wed-Sun 10am-5pm, July-August: Daily 10am-5pm

Phone: +1 403 776 1040

Internet: www.sportshall.ca

Email: info@cshof.ca

Studio Bell



Studio Bell is home to the National Music Centre of Calgary, the ideal stop for those who want to experience the Canadian music scene. The permanent exhibitions available range from educational tours to hands-on jamming sessions with the available instruments. Guided tours can be booked, going in-depth into the Studio's history and architecture as well.

Photo: Daniel/Shutterstock.com

Address: 850 4th Street Southeast, Calgary

Opening hours: Daily 10am-5pm

Phone: +1 403 543 5115

Internet: www.studiobell.ca

Email: info@studiobell.ca

Glenbow Museum

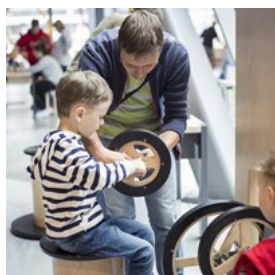


The list of permanent exhibitions available at the Glenbow Museum includes a dynamic gallery depicting the lives and stories of the men

who contributed to shaping Alberta, a mineralogy collection and a presentation about warriors around the world, from Maoris to Samurais. Limited events showcase art by contemporary artist not only from Canada, but from all parts of the world.

Photo: Monkey Business Images&Shutterstock.com
Address: 130 9th Avenue Southeast, Calgary
Opening hours: Tue-Thu 9am-5pm, Fri 9am-8pm, Sat 9am-5pm, Sun 12pm-5pm
Phone: +1 403 268 4100
Internet: www.glenbow.org
Email: info@glenbow.org

TELUS Spark

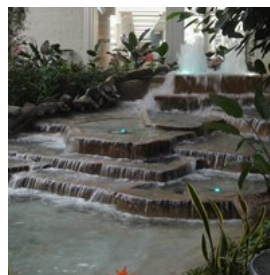


Calgary's science museum, TELUS Spark, features exhibits, events and conferences for people of all ages.

Highlights include a dome theatre with movie screenings and planetarium shows, live science demos and their Open Studio, where you can give life to your artistic creations through technology. Themed limited events are available year-round, as well as the adults-only show Spark After Dark.

Photo: Mariia Golovianko/Shutterstock.com
Address: 220 St. George's Drive Northeast, Calgary
Opening hours: Sun-Thu 10am-4pm, Fri 10am-4pm 5pm-9pm, Sat 10am-5pm
Phone: +1 403 817 6800
Internet: www.sparkscience.ca
Email: info@sparkscience.ca

Devonian Gardens



Devonian Gardens is a botanical garden located in Downtown Calgary, on the fourth floor of The Core shopping centre.

You don't have to buy a ticket in order to visit its living wall, koi carp ponds, fountains and waterfall, while kids can enjoy the playgrounds. Being enclosed in glass, natural light is all that you need in order to also see the art that adorns the walls, like masks and banners.

Photo: Qyd/commons.wikimedia.org (image cropped)
Address: 333 7th Avenue Southwest, The Core Shopping Centre, 4th floor, Calgary
Opening hours: Mon-Wed 10am-6pm, Thu-Fri 10am-8pm, Sat 10am-6pm, Sun Noon-5pm
Phone: +1 403 268 2489

VRKADE



VRKADE offers many different virtual reality experiences, from educational and family friendly ones to shooting and rhythm games. The

staff is always available to guide you through your virtual journeys, which also include multiplayer options like a VR Escape Room set in an ancient Egyptian pyramid.

Photo: beeboys/Shutterstock.com
Address: 1221 73rd Avenue Southeast, Calgary
Opening hours: Mon-Thu 1pm-9.10pm, Fri 11.50am-10.20pm, Sat 10.40am-10.20pm, Sun 10.40am-9.10pm
Phone: +1 587 288 1762
Internet: www.vrkade.com
Email: contact@vrkade.com

Downhill Karting by Skyline Luge Calgary



Skyline Luge gives you the chance to ride down tracks that stretch for more than 1800 metres featuring 50 twists and turns, using karts

powered only by the force of gravity. You can book rides for groups and get a picture of you taken during the ride as well. There are height limits for kids: those who do not reach 110cm in height cannot ride alone.

Photo: Bizi88/Shutterstock.com

Address: Winsport Canada Olympic Park, 88 Canada Olympic Road Southwest, Calgary

Phone: +1 403 776 0617

Internet: www.downhillkarting.ca

Email: info@downhillkarting.ca

DINING



Foodio/Shutterstock.com

Dining in Calgary is like attending a food tour encompassing specialities from all over the world: you can sample Canadian staples like poutine, Middle Eastern delicacies such as shwarma and fatayre, Italian homemade pizza as well as vegetarian dishes that are sure to be appreciated by meat-lovers, too. Whether you're looking for brand new flavours or aim to stay as close as possible to your food comfort zone, Calgary has all the right places for it.

Pigeonhole



The Pigeonhole restaurant's interiors feature exposed brick walls, leather couches and marble tables, at which you'll be able to enjoy either vegetarian dishes, like charred cabbage and roasted beets, or meat-based ones like tagliatelle with beef ragout, half chicken schnitzel and roasted pork belly.

Photo: Magdanatka/Shutterstock.com

Address: 306 17th Avenue Southwest, Calgary

Opening hours: Mon-Tue 5pm-11pm, Wed-Fri 8am-1pm 5pm-11pm, Sat 9am-2pm 5pm-11pm, Sun 9am-2pm

Phone: +1 403 452 4694

Internet: www.pigeonholeyy.com

Email: info@pigeonholeyy.com

Workshop Kitchen + Culture



Workshop Kitchen + Culture, with its dark wooden interiors and industrial, steel chandeliers, managed to stay among the top 100

best Canadian restaurants for three years in a row. The lunch menu includes their special 'Workshop Cubano', featuring cumin pork loin and house pickles, and a daily "improv" soup; they have both a 3-course and 5-course meal available for dinner.

Photo: beats1/Shutterstock.com

Address: 608 1st Street Southwest, Calgary

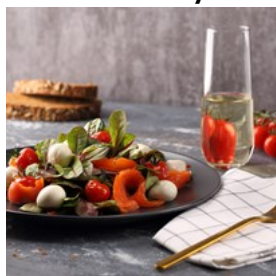
Opening hours: Mon-Thu 11.30am-2pm 5pm-9pm, Fri 11.30am-2pm 5pm-10pm, Sat 5pm-10pm

Phone: +1 403 266 7062

Internet: www.workshopcalgary.com

Email: info@workshopcalgary.com

Ten Foot Henry

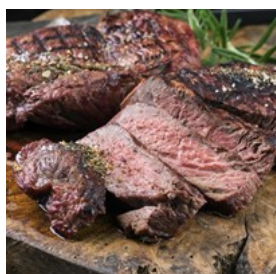


Taking its name from a comic strip character by Carl Anderson, Ten Foot Henry is a restaurant that takes pride in using freshly picked vegetables

for many of its dishes. Other than the many vegetarian options, you can have pasta in the form of bucatini and tagliatelle, or pick from their fish and meat offerings, such as their spring salmon and masala chicken. They have an additional brunch menu on Saturday and Sunday from from 11am to 2pm.

Photo: IZOTOV DMITRII/Shutterstock.com
Address: 1209 1st Street Southwest, Calgary
Opening hours: Daily 11am-11pm
Phone: +1 403 475 5537
Internet: www.tenfoothenry.com
Email: eat@tenfoothenry.com

Modern Steak House



The bright white walls and sofas contrast against dark wooden tables at the Modern Steak House, where the marble counter and soft lighting add

finishing touches to the interiors. They exclusively serve Alberta beef in different cuts, be it filet, rib eye or flat iron, cooked as you like. They also have seafood, pasta-based and vegan dishes, and can accommodate for gluten and lactose intolerance as well.

Photo: hlphoto/Shutterstock.com
Address: 107 10A Street Northwest, Calgary
Opening hours: Tue-Thu 5pm-9pm, Fri-Sat 5pm-11pm, Sun 5pm-9pm
Phone: +1 403 670 6873
Internet: www.modernsteak.ca
Email: contact@modernsteak.ca

Blue Star Diner



Blue Star Diner's sandwiches, salads, hamburgers and steak dishes are made with ingredients that are locally sourced, and can

be ordered for breakfast, lunch or dinner. A drink list that includes house cocktails, draft beer and wines complements their food offering, and they also host discount events like Taco Tuesday or Burger and Beer Wednesday.

Photo: ltummy/Shutterstock.com
Address: 809 1st Avenue Northeast, Calgary
Opening hours: Daily 8am-10pm
Phone: +1 403 261 9998
Internet: www.bluestardiner.ca

John's All Day Breakfast and Lunch



John's All Day Breakfast and Lunch is a fine choice if you feel up to trying out some of what Canada's cuisine has to offer, with the added bonus of being

easily accessible thanks to the free parking nearby. They're open for breakfast, brunch and lunch, with food options like poutine made with fries, cheese and gravy, omelettes with ham and eggs Benedict coupled with bacon.

Photo: Maridav/Shutterstock.com
Address: 2614 4th Street Northwest, Calgary
Opening hours: Mon-Sat 7.30am-3.30pm
Phone: +1 403 277 0255

Gaga Pizza



Whether you stop and have a seat at Gaga Pizza or pick from one of their Grab & Go options, you'll be able to enjoy a wide variety of topping

combinations made with imported goods. Their menu also includes homemade soups, sandwiches and their baklava dessert, a Turkish pastry made with dried fruits.

Photo: massimofusaro/Shutterstock.com

Address: 1236 12th Avenue Southwest, Calgary

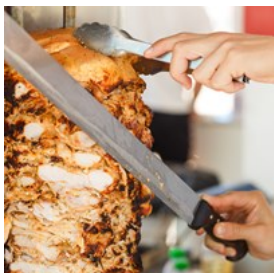
Opening hours: Tue-Thu 10am-8pm Fri 10am-10pm, Sat 12pm-8pm

Phone: +1 403 264 2421

Internet: www.pizzeriagaga.ca

Email: zeljic.nebojsa@gmail.com

Jimmy's A&A Deli



Jimmy's A&A Deli has won many awards for their shwarma: chicken meat or beef cut into thin slices and then served in a salad or with pita (a

slice of round, thin bread). Their menu is based on Mediterranean cuisine, featuring also falafel, fatayre, which is a Middle Eastern meat pie, and empanadas, turnover pastries filled with beef or vegetables.

Photo: BUY THIS/Shutterstock.com

Address: 1401 20th Avenue Northwest, Calgary

Opening hours: Mon-Sat 10am-10pm, Sun 10am-8pm

Phone: +1 403 289 1400

Internet: www.jimmysdonair.ca

Minas Brazilian Steakhouse



Minas Brazilian Steakhouse offers rodízio, an all-you-can-eat service featuring skewered cuts of meat that follows the culture of Southeastern

Brazil. Dishes are complemented by vegetables like beans, squash and okra, as well as fruits like pineapple and banana. They also offer take-out service if you want to have a taste of Brazilian cuisine in the comfort of your home.

Photo: Norberto Marques/Shutterstock.com

Address: 136 2nd Street Southwest, Calgary

Opening hours: Daily 11.30am-9pm

Phone: +1 403 454 2550

Internet: www.minassteakhouse.com

Email: info@minassteakhouse.com

Vero Bistro Moderne



Vero Bistro Moderne has menus for brunch, lunch and dinner featuring Italian meals with a Canadian twist to be enjoyed in a softly lit

setting. Their signature dishes include mushroom fricassee skillet, bison sausage with wild boar ragu and their grass-fed steak & frites, with the option of additional sides like croissants and Vita eggs.

Photo: mmkarabella/Shutterstock.com

Address: 209 10th Street Northwest, Calgary

Opening hours: Tue 5pm-10pm, Wed-Sat 10am-2pm

5pm-10pm, Sun 10am-2pm 5.30pm-9pm

Phone: +1 403 283 8988

Internet: www.verobistro.ca

Email: verobistro@yahoo.ca

Himalayan



The Himalayan is a fine choice for those who want to have a taste of Nepali cuisine. You can start your meal with steamed dumplings

named momo, and then order a rice and lentil soup-based 'dal bhat', with your choice of either lamb or chicken meat or paneer cheese. Grilled seafood and vegetarian dishes are available as well, with some options being gluten free.

Photo: Muslianshah Masrie/Shutterstock.com

Address: 3218 17th Avenue Southwest, Calgary

Opening hours: Tue-Thu 5pm-9pm, Fri-Sat 5pm-10pm, Sun 5pm-9pm

Phone: +1 403 984 3384

Internet: www.himalayancuisine.ca

Santorini Greek Taverna



Santorini Grek Taverna has been open for more than 30 years, letting Calgarians and visitors savour the typical flavours of Greece. In its

bright pastel blue, red and white interiors you can order traditional dishes like skewered beef, chicken or prawn called 'souvlaki', 'arni psito', a roast rack of lamb, or 'moussaká' made with layered eggplants, minced meat and potatoes.

Photo: Timolina/Shutterstock.com

Address: 1502 Centre Street North, Calgary

Opening hours: Tue-Fri 11am-10pm, Sat Noon-10pm, Sun 4pm-10pm

Phone: +1 403 276 8363

Internet: www.santorinirestaurant.com

Email: santorinigreektaverna@gmail.com

Pfanntastic Pannenkoek Haus



Pfanntastic Pannenkoek Haus is a corner of Calgary where you can have a taste of Dutch cuisine. Pannenkoek is the traditional dutch

pancake which can be either savoury, with a prime example being their potato, onion, bacon and cheese pannenkoek, or sweet, such as their Black Forest with cherries, ice cream and chocolate sauce.

Photo: Brent Hofacker/Shutterstock.com

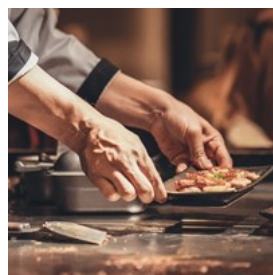
Address: 2439 54th Avenue Southwest, Calgary

Opening hours: Wed-Sat 8am-8pm, Sun 8am-3pm

Phone: +1 403 243 7757

Internet: www.dutchpancakes.ca

Shokunin Izakaya



Shokunin Izakaya is a Japanese restaurant that focuses mainly on yakitori, different cuts of grilled chicken meat, but also has a selection of

deep fried dishes called agemono, featuring either eggplant and goat cheese or squid. Your dishes can be accompanied by a variety of drinks, including sake, whiskey, wine as well as signature cocktails such as their rum and coconut milk-based 'shiso colada'.

Photo: Vacancylizm/Shutterstock.com

Address: 2016 4th Street Southwest, Calgary

Opening hours: Sun-Mon 5pm-10pm, Tue-Sat 5pm-1am

Phone: +1 403 229 3444

Internet: www.shokuninyyc.ca

More Info: Free underground parking is available after 5pm.

Pho Hoai Vietnamese Noodle House



Pho Hoai offers both pickup and delivery services in addition to the option of eating its Vietnamese dishes at its location inside the

Dragon City Mall. The menu includes bowls of soup and noodles with or without meat, rice in satay sauce with pork or beef, seafood wonton soup and house specials featuring rice vermicelli with spring rolls and chicken.

Photo: JoannaTkaczuk/Shutterstock.com

Address: 132 3rd Avenue Southeast, Calgary

Opening hours: Mon-Sat 10am-8pm, Sun 10am-6pm

Phone: +1 403 264 8174

Internet: www.phohoaivietnamese.com

CAFES



Jacob Lund/Shutterstock.com

Coffee shops in Calgary have more to offer than hot and cold beverages, pastries and tarts. Some will give you the opportunity to learn a musical instrument or discover emerging local artists, others will have you relax in the company of cats while many of them also sell the tools of their trade: brewers, mugs and coffee beans.

Higher Ground



Higher Ground is a local coffee house that promises to serve guests with fresh organic coffee. You can couple your hot beverage, be it a decaf or an espresso, with a selection of side meals such as soups, gluten free vegan chili, salads and chicken quesadilla, a stuffed tortilla.

Photo: jakkapan/Shutterstock.com

Address: 1126 Kensington Road, Calgary

Opening hours: Mon-Thu 7am-11pm Fri 7am-Midnight, Sat 8am-Midnight, Sun 8am-11pm

Phone: +1 403 270 3780

Internet: www.highergroundcafe.ca

Email: info@highergroundcafe.ca

Monogram Coffee



Monogram Coffee's interior features white walls, wooden planks, stump chairs and tables equipped with lamps. Muffins, open sandwiches and tarts are served along with their iced or hot coffee, and before leaving you have the option of buying some of their coffee beans, brewers or mugs.

Photo: Atstock Productions/Shutterstock,.com

Address: 4814 16th Street Southwest, Calgary

Opening hours: Mon-Fri 6.30am-9pm, Sat 7.30am-9pm, Sun 7.30am-6pm

Phone: +1 587 893 0444

Internet: www.monogramcoffee.com

Email: info@monogramcoffee.com

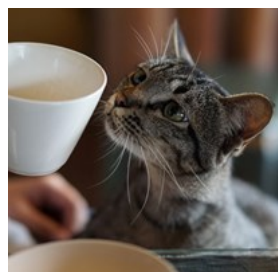
Alforno Bakery & Café



Located in the neighbourhood of Eau Claire, Alforno offers a menu that includes quick bites like sandwiches, yogurt parfaits and tartines that can be coupled with either hot or cold beverages, as well as more filling meals like pizza and pasta coming in the form of risotto and tagliatelle. They also have a delivery service allowing you to enjoy their food wherever you prefer.

Photo: Slawomir Fajer/Shutterstock.com
Address: 222 7th Street Southwest, Calgary
Opening hours: Mon-Fri 7am-9pm, Sat 8am-9pm, Sun 8am-6pm
Phone: +1 403 454 0308
Internet: www.alforno.ca
Email: info@alforno.ca

Regal Cat Café



At Regal Cat Café you can enjoy pastries, cookies and tea provided by local producers in the company of adoptable feline pets. They also host a variety of events, like "Cats & Yoga" and "Kitty Paint Parti", which take place mostly during the weekend. There's a gift shop as well, selling cat-related souvenirs like pillows, pins and bags.

Photo: Quietword/Shutterstock.com
Address: 303 10th Street Northwest, Calgary
Opening hours: Mon-Wed 9.30am-7.30pm, Thu-Fri 9.30am-9pm, Sat 10.30am-9pm, Sun 10.30am-7.30pm
Phone: +1 403 455 2287
Internet: www.regalcatcafe.com
Email: reservations@regalcatcafe.com

Hexagon Board Game Café



More than 100 board games are available at Hexagon, ranging from classics like Jenga and Clue to the most recent releases. Since the games can also be bought, you can try them out here before you make a purchase, all while sipping from a cup of coffee or a glass of wine and having a bite of their pastries and sandwiches.

Photo: Mladen Zivkovic/Shutterstock.com
Address: 200 Kensington Road Northwest, Calgary
Opening hours: Sun-Fri 8am-11pm, Sat-Sun 8am-1am
Phone: +1 403 209 2881
Internet: www.thehexcafe.com
Email: calgary@thehexcafe.com

Analog Coffee 17th Ave



Taking the name from the street in which it is located, Analog Coffee 17 Ave couples their cups of latte, espresso and tea with pastries like ham and cheese puffs, blueberry muffins and lemon scones. Their cornered position allows you to enjoy the view of the bustling crossroad, and you can also buy some of their coffee beans to bring back home with you.

Photo: kakegarcia/Shutterstock.com
Address: 740 17th Avenue Southwest
Opening hours: Daily 6.30am-10pm
Phone: +1 403 910 5959
Internet: www.analogcoffee.ca

Cornerstone Music Café



You can head to Cornerstone Music Café for either breakfast or lunch, where you'll be able to order gluten-free quinoa bowls, egg wraps and tacos, as well as beef kebab paninis and grilled cheese croissants. Your meals can be accompanied by live music events by local artists, and they also offer the chance to join a music lesson for various instruments in their studio.

Photo: imimss/Shutterstock.com

Address: 139 Deer Ridge Drive Southeast, Calgary

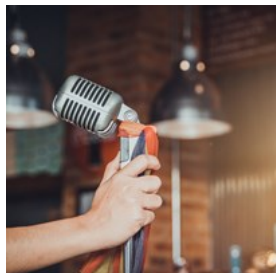
Opening hours: Mon–Thu 7am–9pm, Fri 7am–6pm, Sat 9am–5pm, Sun 10am–5pm

Phone: +1 403 278 3070

Internet: www.cornerstonemusic.ca

Email: Café: catering@cornerstonemusic.ca Music lessons: lessons@cornerstonemusic.ca

Gravity Espresso & Wine Bar



Gravity's interiors feature dark blue walls contrasting with the bright wooden furniture and lighting, a nice setting in which you'll be able to enjoy their selection of pastries or cheesecake, as well as savoury meals like paninis, quiche, soups and salads. Their list of hot beverages includes coffee, tea, ciders and wines, and the experience is further improved by the presence of live music.

Photo: nednapa/Shutterstock.com

Address: 909 10th Street Southeast, Calgary

Opening hours: Mon 7am–5pm Tue–Fri 7am–10pm, Sat 8am–10pm, Sun 8am–5pm

Phone: +1 403 457 0697

Internet: www.cafegravity.com

Email: info@cafegravity.com

Caffé Beano



At Caffé Beano you'll be able to enjoy your meal either sitting beside the counter, in their back room or on their outdoor benches. Their cowboy cookies and muffins are fan favourites, just like their award-winning chocolate espresso milkshake. Their savoury options include the Breakfast Sandwich featuring mozzarella cheese, coppa cold cut and sunnyside egg that can be coupled with their homemade dark espresso.

Photo: Julie208/Shutterstock.com

Address: 1613 9th Street Southwest, Calgary

Opening hours: Mon–Fri 6am–10pm, Sat 7am–10pm, Sun 7am–9pm

Phone: +1 403 229 1232

Internet: www.caffebeano.ca

Ollia Macarons & Tea



Ollia is a café that specialises in macarons coming in wildly different flavours such as earl grey, berry, vanilla and salted caramel, that can be tasted with a cup of their hot or iced tea. They offer both take-out and delivery services for their pastries, as well as macaroon baking and tea brewing classes.

Photo: Africa Studio/Shutterstock.com

Address: 810C 16th Avenue Southwest, Calgary

Opening hours: Mon–Wed 10am–6pm, Thu–Sat 10am–8pm, Sun 11am–6pm

Phone: +1 403 457 9775

Internet: www.byollia.com

Email: bonjour@byollia.com

BARS & NIGHTLIFE



Photo: Jacob Lund/Shutterstock.com

Calgary is a city filled with pubs, lounges and clubs. 17 Avenue hosts locations accepting both formal and casual dress codes, but if you're looking for a spot to either watch a sporting event or enjoy a karaoke night with a pint of beer, the Mission district would be your best bet. Downtown is where many of the nightclubs are located, a fine choice for those who feel more like dancing the night away.

The Palace Theatre



While The Palace first opened in 1921, it went through renovations to become one of Canada's most famous theatres, hosting many events

ranging from seminars and corporate events to concerts and other musical performances. The main floor is where you can join the dancing crowd, while a mezzanine is there as a place to take a break and order a drink from the bar.

Photo: Roman Voloshyn/Shutterstock.com
Address: 219 8th Avenue Southwest, Calgary
Opening hours: Open only during events. Calendar:
www.thepalacetheatre.ca/events
Phone: +1 587 393 6993
Internet: www.thepalacetheatre.ca
Email: info@thepalacetheatre.ca

Habitat Living Sound



A DJ-owned and operated venue, Habitat Living Sound specialises in electronic, house and techno music, but doesn't shy away from

experimenting with other genres. Despite its small size, it hosts both professional and rising local artists, and you can enjoy their performances freely if you get in before 10.30pm.

Photo: FabrikaSimf/Shutterstock.com
Address: 1217 1st Street Southwest, Calgary
Opening hours: Wed-Sat 9pm-2am
Phone: +1 403 263 5447
Internet: www.habitatlivingsound.com

Twisted Element



Twisted Element is an LGBT club where you'll be able to enjoy a drink from their bar and join many of the events that are hosted here: there's

karaoke on Wednesdays featuring board games and free pool as well, open variety nights on Saturdays and drag shows on Fridays.

Photo: vchal/Shutterstock.com
Address: 1006 11th Avenue Southwest, Calgary
Opening hours: Wed-Sun 9pm-2am
Phone: +1 403 802 0230
Internet: www.twistedelement.ca
Email: brawnk@gmail.com

The Palomino Smokehouse Showroom



The Palomino, or The Pal as the locals call it, is located in the heart of downtown Calgary, a BBQ restaurant equipped with a basement where

both local emerging artist and professional musicians entertain the crowd. It is a 18 and up zone where you can enjoy different genres of music, including hip-hop, folk, metal, country and rock n' roll.

Photo: vladko13/Shutterstock.com

Address: 109 7th Avenue Southwest, Calgary

Opening hours: Mon-Thu 11am-1am, Fri 11am-2am, Sat 10.30am-2am, Sun 10.30am-Midnight

Phone: +1 403 532 1911

Internet: www.thepalomino.ca/showroom

Broken City



Broken City defines itself as a "social club", aiming to support Calgary's entertainment culture and all of its forms.

Weekly events include comedy Monday nights, Tuesday quiz shows, and hip-hop performances on Saturday. You can also enjoy either small or more filling meals on their rooftop patio, available to guests from April to Thanksgiving.

Photo: bondvit/Shutterstock.com

Address: 613 11th Avenue Southwest, Calgary

Opening hours: Mon-Thu 4pm-2am, Fri-Sun 11am-2am

Phone: +1 403 262 9976

Internet: www.brokencity.ca

Email: info@brokencity.ca

The Blues Can



Located in Inglewood, The Blues Can is a live Blues bar with a monthly calendar featuring events for every day of the week. Both local and

well-known performers get on the stage and entertain their audience, who is also able to order dishes like popcorn prawns, sirloin steak and blackened catfish or chicken.

Photo: TZIDO SUN/Shutterstock.com

Address: 1429 9th Avenue Southeast, Calgary

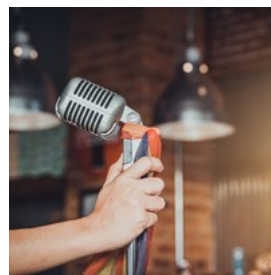
Opening hours: Mon 4pm-2am, Tue-Sun Noon-2am

Phone: +1 403 262 2666

Internet: www.thebluescan.com

Email: info@thebluescan.com

Gravity Espresso & Wine Bar



Gravity's interiors feature dark blue walls contrasting with the bright wooden furniture and lighting, a nice setting in which you'll be

able to enjoy their selection of beers, ciders and wines, with their happy hour taking place every day from 3pm to 5pm. Their music event lineup includes emerging artists Tuesday and Wednesday, original songs by locals on Thursday and well-established performers on Friday and Saturday.

Photo: nednapa/Shutterstock.com

Address: 909 10 Street Southeast, Calgary

Opening hours: Mon 7am-5pm Tue-Fri 7am-10pm, Sat 8am-10pm, Sun 8am-5pm

Phone: +1 403 457 0697

Internet: www.cafegravity.com

Email: info@cafegravity.com

Greta Bar



The neon-lit interiors of Greta contain more than 50 arcade games for you to enjoy, including pinball, air hockey and Donkey Kong, as well as a dance floor. The bar has an assortment of house specials for cocktails and beers, and also serves street food coming from all over the world, from Italian arancini to Jamaican patties. The events hosted here include a happy hour lasting from 3pm to 6pm from Tuesday to Saturday and half-off prices on games from 7pm until closure on Tuesday.

Photo: Dillon Images/Shutterstock.com
Address: 213 10th Avenue Southwest, Calgary
Opening hours: Tue-Sun 3pm-2am
Phone: +1 403 984 6405
Internet: www.gretabar.com/yyc
Email: info@gretasbar.com

Proof



With multiple lines of bottles decorating its walls, Proof has an ever-changing menu that features drinks whose flavors and names are inspired by works of literature. You'll be able to couple these with snacks like steamed dumplings, vegan or pork steam buns and sugar pies.

Photo: Maksym Fesenko/Shutterstock.com
Address: 1302 1st Street Southwest, Calgary
Opening hours: Mon-Sat 4pm-1am, Sun 4pm-Midnight
Phone: +1 403 246 2414
Internet: www.prooffyc.com
Email: info@prooffyc.com

Last Best Brewing & Distilling



The Last Best is a fine spot for those who are passionate about beer. Here you'll be able to taste their in-house There Will Be Porter, a black English Ale, and spirits such as the Afterglow Gin. There's also ample selection of beer on tap, featured in their happy hour everyday from 2pm to 6pm, that can be coupled with their food options ranging from sandwiches and burgers to their signature Last Best Bowl with Moroccan Chicken and toasted red quinoa.

Photo: Studio Romantic/Shutterstock.com
Address: 607 11th Avenue Southwest, Calgary
Opening hours: Mon-Thu 11.30am-Midnight, Fri-Sat 11.30am-2am, Sun 10am-Midnight
Phone: +1 587 353 7387
Internet: www.lastbestbrewing.com
Email: chad@lastbestbrewing.com

SHOPPING



Monkey Business Images/Shutterstock.com

To make the most out of your shopping experience in Calgary, it's best to keep a few hot spots in mind. Downtown hosts a couple of malls as well as 8 Avenue Southwest, where you'll find a great number of stores. The Red Mile, in 17 Avenue Southwest, is where you want to go for clothes and apparel, while Fourth Street caters more to those looking for home furnishing and

fashion items. If you want to buy something more locally-sourced, Inglewood would be your best bet, with its boutiques and antique stores.

Stephen Avenue Walk



Often defined as the beating heart of Calgary, Stephen Avenue Walk is a pedestrian mall located in Downtown Calgary. You'll not only be able to shop in its many retail stores and boutiques, but you'll also find a Hudson's Bay department store and The Core Shopping Center. Plenty of cafes and restaurants will be ready to welcome you, in case you needed a place to rest.

Photo: Bernard Spragg. NZ/Flickr.com (image cropped)
Address: 8th Avenue Southwest, Calgary

Inglewood



With its wide green spaces merging with multiple coffee shops and occasional art installations and exhibitions, Inglewood is one of Calgary's most characteristic neighbourhoods, housing many local small businesses. You can pay a visit to Cody & Sioux for Western apparel, The Knitting Tree if you're searching for items made with yarn and The Next Page Bookstore to find your next good read.

Photo: sirtravelalot/Shutterstock.com
Address: Inglewood, Calgary
Phone: +1 403 266 6962
Internet: www.inglewoodyyc.ca
Email: info@calgary-inglewood.com

17th Avenue Retail & Entertainment District



This district of 17th Avenue, also called The Red Mile, is a good destination for those who are looking for fashion accessories: here you can find boutiques selling scarves and ties, jewelry, eyewear, but also stores selling music equipment and Indian carpets. There are plenty of bars and cafes as well if you need a quick stop.

Photo: George Rudy/Shutterstock.com
Address: 17th Avenue Southeast, Calgary
Internet: www.17thave.ca

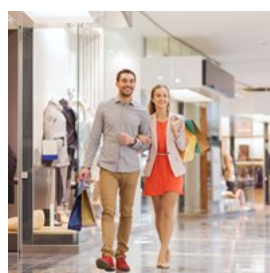
Calgary Farmers' Market



Calgary Farmer's Market aims to support the city's growers and small businesses, by providing a space where they can sell locally grown products. It has more than 70 vendors selling not only fresh produce, meat and all things food, but also crafted goods, pet products, art and jewellery items. They also host season-themed events, often featuring live music.

Photo: Mack Male/Flickr.com (image cropped)
Address: 510 77th Avenue Southeast, Calgary
Opening hours: Thu-Sun 9am-5pm
Phone: +1 403 240 9113
Internet: www.calgaryfarmersmarket.ca
Email: info@calgaryfarmersmarket.ca

CrossIron Mills



The CrossIron Mills shopping centre was built also as an homage to Alberta itself: it is divided into six "neighborhoods" with designs and

architecture themed around the province's landmarks and well-known spots. The retailers here sell a range of items that include fashion products for men and women, kids' toys, furniture and technology. The tour culminates in a food court, but there is also an entertainment centre equipped with a cinema.

Photo: Syda Productions/Shutterstock.com
Address: 261055 CrossIron Boulevard, Rocky View County, Balzac
Opening hours: Mon-Sat 10am-9pm, Sun 11am-6pm
Phone: +1 403 984 6800
Internet: www.crossironmills.com/en
Email: ciminfo@crossironmills.com

Chinook Centre



The largest shopping mall in Calgary, Chinook Centre mostly features high-end boutiques like Louis Vuitton, Tiffany's and Saks Fifth Avenue, but more affordable deals are offered by the local Old Navy and H&M stores. The centre also includes a food court, as well as a bowling alley and a movie theatre as entertainment options.

Photo: Sonpichit Salangsing/Shutterstock.com
Address: 6455 Macleod Trail Southwest, Calgary
Opening hours: Mon-Thu 9.30am-9pm, Fri 8am-9pm, Sat 9.30am-9pm, Sun 11am-7pm
Phone: +1 403 259 2022
Internet: www.cfshops.com/chinook-centre.html

The Core Shopping Centre



Natural light shines on The Core's interiors thanks to the suspended glass skylight, which also allows the mall to house its own botanical garden in the fourth floor. The stores that you can find

here supply apparel, clothing and cosmetics items as well as electronics, food and books. Many of them host limited events and workshops that you can join, plus you can always make use of the free Wi-Fi available here.

Photo: Pressmaster/Shutterstock.com
Address: 333 7th Avenue Southwest, Suite 900, Calgary
Opening hours: Mon-Wed 10am-6pm, Thu-Fri 10am-8pm, Sat 10am-6pm, Sun Noon-5pm
Phone: +1 403 441 4940
Internet: www.coreshopping.ca
Email: corecustomerservice@20vic.com

Alberta Boot Company



Whether you're looking for something that could help you blend in during the Calgary Stampede or just for a souvenir to bring home, you can find it at Alberta Boot Company, the only Western boot manufacturer of the province. They offer leather footwear for both men and women, but also accessories such as hats, belts and necklaces.

Photo: Rosemarie Mosteller/Shutterstock.com
Address: 50 50th Avenue Southeast, Calgary
Opening hours: Mon-Sat 9am-6pm
Phone: +1 403 263 4623
Internet: www.albertaboot.com
Email: sales@albertaboot.com

ReWorks Upcycle Shop



Defining itself as a green lifestyle shop, ReWorks is a store selling recycled products such as faux taxidermy heads made with cardboard, bendable lamps in steel alloy and paper bowls and coasters. They also offer a bike rental service

year-round, with the possibility to book themed guided tours to visit the city in an environment-friendly way.

Photo: dave_liza/Shutterstock.com

Address: 1325 1st Street Southeast, Calgary

Opening hours: Tue-Fri 11am-6pm, Sat 10am-5pm, Sun-Mon Noon-4pm

Phone: +1 403 263 4366

Internet: www.shopreworks.ca

Email: info@shopreworks.ca

Fair's Fair Books



The modest entrance to Fair's Fair Books hides lines of shelves filled with books of different genres that you can browse at your leisure. DVDs and accessories are also available, and they offer trade and sell services, where you can bring in your own used books to get either cash or store credit in exchange for them.

Photo: George Rudy/Shutterstock.com

Address: 907 9th Avenue Southeast, Calgary

Opening hours: Mon-Sat 10am-6pm, Sun 10am-5pm

Phone: +1 403 237 8156

Internet: www.fairsfair.com

Email: fairsfair@shaw.ca

TOURIST INFORMATION



Jeff Whyte/Shutterstock.com

Passport / Visa



Citizens wishing to visit Canada must obtain a visitor visa issued by one of the Canadian diplomatic missions unless they hold a valid passport issued by one of the EU countries, Australia or New Zealand. From 2016, visa-exempt countries (except for the US) must apply for an Electronic Travel Authorization (eTA) when arriving to Canada by air. However, travelers don't need an eTA if traveling to Canada by land or sea. Generally, you can submit your application online but for some countries, after the online application, fingerprints and photo (biometrics) are required.

Find more information about visa requirement at: www.canada.ca/en/services/immigration-citizenship.html

Photo: TukTuk Design/Shutterstock.com

Best Time to Visit



The months going from June to September are the ones during which most of the city's events take place, like the famous Calgary

Stampede and the firework show of GlobalFest. Summertime is also when Calgary is most crowded and accommodation prices peak though, so booking in advance is advised.

If you're into winter sports, the period between November and February is the best choice to visit the nearby Rocky Mountains and go skiing down its slopes. This is also when most of the locals leave in search of warmer climates, leaving the city in a quieter state where the prices on rooms are also lower.

If you prefer to have the city all to yourself and aren't really into winter sports, the autumn and spring seasons are your best bets: low accommodation prices and tourist influx couple with mild temperatures to give you the ideal setting for exploring Calgary's neighbourhoods. Just be mindful of bringing warm clothes with you, as the weather can be quite unpredictable with its sudden snowfalls.

Photo: VectorA_/Shutterstock.com

Calgary International Airport (YYC)



Calgary International Airport comes equipped with eateries that make for a fine stop after your arrival, and even two in-terminal hotels. From

the airport you can either take a shuttle, bus, taxi or rent a car in order to get to the city.

Many Hotels in Calgary offer the "Hotel Courtesy

Shuttle" service that will be able to pick you up, provided that you request it after your landing by calling. In alternative there's the Allied Downtown Shuttle Service, offering rides every 30 minutes; tickets are available at the Allied Shuttle counter at the Arrivals level.

For a list of bus operators that have rides going through the airport: <https://www.yyc.com/en-us/navigatingyyc/groundtransportation/bustouroperators.aspx>

Either by shuttle or bus, it takes about 30 minutes to reach Downtown Calgary.

The on-demand taxi service at Calgary International Airport is provided by Associated Cab, with the trip to Downtown Calgary lasting 25 minutes and costing around \$40.

On the Departures level of the airport you can find in-terminal car rental companies, while there are also off-airport ones that offer shuttle services to their premises, provided that you call and arrange the transportation with them. You'll be able to reach the city in about 20 minutes this way, and for a list of the available companies: <https://www.yyc.com/en-us/navigatingyyc/groundtransportation/carrentals.aspx>

Photo: Juan Garces

Address: 2000 Airport Road Northeast, Calgary

Opening hours: Daily 24 hours

Phone: +1 403 735 1200

Internet: www.yyc.com

Public Transport



Calgary Transit is the public transit provider of the city. The main mean of transportation is the CTrain, a light rail system that operates on two

lines: Route 201, connecting the southern and northwestern parts of the city, and Route 202, going from east to west. Both of them go through the Downtown area, which doesn't require any payment as long as you stay within its boundaries.

Complementing this system are the 160 bus lines that connect various parts of the city. Fare payment options include cash, tickets, day or monthly passes.

In order to plan your trips, you can use the planner on the Calgary Transit website or their mobile app, Calgary Transit App.

Photo: Pierre-Luc Auclair
Phone: +1 403 262 1000
Internet: www.calgarytransit.com

Taxi



There are plenty of taxi companies in Calgary. They all charge a flat rate for rides to and from the airport, but always remember to ask what

the rate is before departure in any case.

Delta Cab Ltd
Address: 304 4655 54 Avenue Northeast, Calgary
Phone: +1 403 278 9999
Website: www.deltacab.ca

Calgary United Cabs
Address: Unit8 - 5660 10 Street Northeast, Calgary
Phone: +1 403 777 1111
Website: www.calgarycabs.ca

Photo: Taxi

Pharmacy



The most common pharmacy chain is Remedy'sRX, staying open 6am to 8pm Monday through Saturday, and from 11am to 6pm on

Sunday. There are also many stand-alone pharmacies, but many of them are closed on Sunday.

www.remedys.ca

The biggest hospital in Calgary, as well as one of the most renowned medical centers in Canada, is the Foothills Medical Clinic.

www.foothillsmed.ca

Photo: Gemma Garner

Post



Canada Post handles the post services in Calgary, and has many offices around town where you can buy stamps and send your mail. You can also

make use of the many red mail boxes.

Photo: Andy Fuchs
Internet: www.canadapost.ca/cpc/en

Telephone

Country Code: +1 Area Code: 403



Photo: Jardson Almeida

Electricity



In Canada the standard voltage is 120V and the standard frequency is 60Hz. Power plugs and sockets are of type A and B.

Photo: Stirling Tschan

Population

1,285,711

Currency

Canadian Dollar, 1 CAD = 100 cents

Opening hours

Most shops in Calgary are open from 10am to 8pm during weekdays, while in the weekends they tend to shorten their business hours, ranging from noon to 5pm. Supermarkets instead are usually open from 9am to 9pm the whole week.

Internet

www.calgary.ca

Newspapers

The Calgary Herald – www.calgaryherald.com
the Calgary Sun – www.calgarysun.com

Emergency numbers

Police, ambulance and fire brigade: 911

Tourist information

Tourism Calgary #askmeyyc Visitor Information Kiosk (May to September)

Address: 101 9 Avenue Southwest, Calgary

Calgary TELUS Convention Centre

Address: 120 9 Avenue Southeast, Calgary

Phone: +1 403 261 8500

* This guide was researched and written by Gabriele Malacasa