



Dalarna

Photo: Visit Dalarna AB



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Dalarna is often called “Sweden in miniature”. Much of the popular imagery of Sweden, culturally and geographically, is from Dalarna; a pretty red-painted cottage by a glittering lake, in the evening sun, people in brightly-coloured folk costumes dance and swirl in celebration of Midsummer.

All very Swedish. All very Dalarna.



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QUIZ

*What Type of Traveller
Are You Based on
Your Travel IQ?*

TAKE THE QUIZ

Top 5



The Dala Horse
The orange wooden horse decorated with kurbits painting is a Swedish icon fr...



Midsummer Celebration
Midsummer is an ancient Swedish tradition that all Swedes celebrate at the s...



Biking at Idre Fjäll
Idre Fjäll is located in Sweden’s most southern mountain region in Dalarna. ...



Falun Mine / World Heritag...
The mining area of the Great Copper Mountain in Falun is a World Heritage si...



Canoe in Sälen
Our beautiful canoe runs vary in difficulty and length. If you’re looking fo...



DALARNA – HOME OF MIDSUMMER AND THE DALA HORSE



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The Dalarna landscape is one of mountains, waterfalls and rivers, deep forests with woodland lakes and open rolling farmland. Perfect country for hiking, skiing, cycling, skating, canoeing and other outdoors adventures. The province also hosts some of the world’s biggest mass sports events such as the Vasaloppet cross-country ski race and Vasaloppet endurance mountainbike event.

The most popular visitor destinations in Dalarna are the Falun Coppermine, a UNESCO world heritage site, the museums dedicated to Swedish artists Carl Larsson and Anders Zorn, the Orsa Predator Park and the major ski resorts. The varied landscapes of the province, the outdoor activities on offer and its colourful, thriving culture, make Dalarna one of Sweden’s most popular destinations, all year around.

Southern Dalarna



Rivers, lakes, forests, mountains and valleys means great opportunities for adventures like canoeing, fishing, hiking and cycling. In winter, enjoy cross-country and downhill skiing, and many kilometers of skating tracks.

Red wooden houses, colorful handicraft and genuine music traditions meet cool festivals. The artist Carl Larsson lived in Sundborn at the end of the 19th century. Visit his inspiring home and garden.

The Mining Area of the Great Copper Mountain in Falun has been designated by UNESCO as one of the world’s most important places.

Photo: Visit Dalarna

Phone: +46 (0)771-62 62 62

Internet: www.visitsodradalarna.se

Email: info@visitsodradalarna.se

Siljan



Welcome to the rolling landscape around Lake Siljan in the middle of Dalarna! A landscape formed by a meteorite impact 366 million years ago!

Here you’ll find an intriguing mix of traditional and modern in the form of music, festivals, Midsummer celebrations, working summer dairy farms and much, much more.

The area has a fantastic nature with great opportunities for those seeking outdoor experiences: paddling, biking, hiking, riding, swimming, fishing and in the winter: cross-country and downhill skiing, skating, ice fishing, snowshoeing.

Photo: Visit Dalarna
Phone: +46 (0)248-79 72 00
Internet: www.siljan.se
Email: info@siljan.se

Idre-Älvdalen



Northern Dalarna is covered in winter snow and ice for several months of the year. And we make the most of everything winter has to

offer: the frozen lakes, cross-country trails, downhill skiing and walks in the snowcovered forests.

Cross-Country skiing is a popular activity in northern Dalarna, in total there's more than 500 km of well-prepared trails to choose from, some close to urban areas while others wind their way through deep forests and panoramic mountains.

Alpine skiing, dog sledding, fishing, snowmobiling are just some of the activities available during winter in northern Dalarna.

Photo: Visit Dalarna
Phone: +46 (0)771-99 88 00
Internet: www.visitidre.se
Email: info@visitidre.se

Malung-Sälen



What are you looking for? Adrenaline kicks, magnificent nature, genuine handicraft or hot party nights? The range of activities on offer in

Northern Dalarna satisfies all tastes all year round. Are you an adventurous and restless soul, culture- and knowledge-seeking or just looking for peace and quiet? Dalarna has what you are

looking for.

Photo: Visit Dalarna
Phone: +46 (0)280-187 00
Internet: www.visitdalarna.se/sv/malungsalen/
Email: info@salen.se

TOP 10



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There is a lot to see and do in Dalarna. Here is just a small sample of what we have to offer. We hope that you are going to enjoy it just as much as we do!

The Dala Horse



The orange wooden horse decorated with kurbits painting is a Swedish icon from Dalarna. Genuine Dala horses are only made in Dalarna. Pay a

visit to Nusnäs, 10 km SE of Mora in and see how this Swedish national symbol is made. And you can even paint your own!

The ancestor of today's Dala horse was born in the 18th century when foresters, who were working away from home, would sit by the fire in dark winter evenings and carve horses for their children at home in the village.

The Dala horse is as Swedish as Swedish can be.

Photo: Visit Dalarna
Address: Edåkersvägen 17, 792 77 Nusnäs

Phone: +46 (0) 250-372 00
Internet: www.nilsolsson.se

Midsummer Celebration



Midsummer is an ancient Swedish tradition that all Swedes celebrate at the summer equinox at the end of June. Come and celebrate Midsummer in the Siljan District, help decorate the maypole with flowers, make wreaths, join in the dancing and sample the festive food.

Here you can experience genuine Midsummer celebrations with folk musicians and garlands in almost every little village in the area.

Photo: Visit Dalarna
Address: The Siljan area
Internet: www.visitdalarna.se
Email: info@visitdalarna.se

Biking at Idre Fjäll



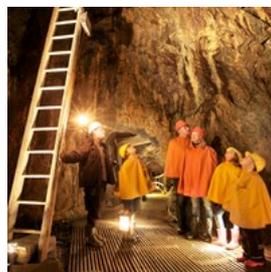
Idre Fjäll is located in Sweden's most southern mountain region in Dalarna. All you need here is comfortable shoes, casual clothes,

swimsuits, a good backpack and of course a bike. Cycling on Idre Fjäll is easily accessible from the entire resort, you get on the bike at your cottage door and roll away. We have bike trails that move around Idre Fjäll and the whole family can come along. When the lift is in service you can easily go to the top of the mountain and just enjoy the downhill trails, but remember that it can be just as exhausting even without pedaling.

Idre Fjäll also have a newly built Skills area with jumps, drops, pump track, stone steps and balance training.

Photo: Visit Dalarna
Address: Idre Fjäll
Internet: www.visitdalarna.se
Email: info@visitdalarna.se

Falun Mine / World Heritage Site



The mining area of the Great Copper Mountain in Falun is a World Heritage site and a must-do when visiting Falun. 70% of the world's copper was once produced here and can you imagine what the working conditions were like. Take the underground guided tour of the Falun Mine and explore 1300 years back in time.

Photo: Visit Dalarna
Address: Gruvplatsen 1, 791 61 Falun
Phone: +46(0)23-78 20 30
Internet: www.visitdalarna.se
Email: info@falugruva.se

Canoe in Sälen



Our beautiful canoe runs vary in difficulty and length. If you're looking for excitement and adventure then you should choose the Görälven and Fulan rivers, which demand that you have your wits about you! If you want something more relaxing then you can glide slowly, peacefully and more-or-less silently down the mighty Västerdalälven river. You can count on the fact that your journey will be filled with exciting sights, and the chances are that you will see wildlife such as elk, beavers, roe deer, foxes and, if you're lucky, bears and lynxes

Photo: Visit Dalarna
Address: Sälen
Internet: www.visitdalarna.se

Email: info@salen.se

Fulufjället National Park



Fulufjället National Park was established in 2002 and covers 385 km² and is the largest national park in south Sweden.

Here you find Sweden's highest waterfall of 93 meters and the world's oldest tree, which is over 9 550 years old!

Njupesjär waterfall is 93 meters and thus Sweden's highest. The water falls freely 70 meters. The stream next to the waterfall there are many rare mosses, lichens and vascular plants. Many of them require constant moisture to survive. The deep groove cut into the sandstone layers of the waterfall is a textbook example of reverse erosion. A few days around midsummer - at the summer solstice - the sun finds its way to the waterfall and gives it a magical blue light. But this occurs only in the morning between 3:00 to 5:00 am.

The hikes on Fulufjället are well marked and the trail to the waterfall is a round trip of 4 km.

Photo: Visit Dalarna
Address: Fulufjället, Idre
Internet: www.visitdalarna.se
Email: info@visitdalarna.se

Hiking in Grövelsjön



Grövelsjön is the place where the road ends and the mountains take over.

This is the place where the Swedish

mountain-chain starts and the hiking opportunities almost get infinite. The walks are from 3 km up to 3 days, were you can

either sleep in one of the camps on the mountain or in you own tent.

There is also a boat crossing the lake Grövelsjön over to Norway, making it possible to walk back and completing a trip through 2 countries.

When hiking, don't forget to bring a map and good clothes for all weathers.

Photo: Visit Dalarna
Address: Grövelsjön
Internet: www.visitdalarna.se
Email: info@visitdalarna.se

Carl Larsson-gården



Carl Larsson was and is one of Sweden's best known and loved artists. He lived and worked in France - where he was part of the European

artists' collective - and in Sweden, but came back to live in Dalarna in the late 19th century until his death in 1919. Carl Larsson-gården, the home where he lived with his wife Karin, is a work of art that the couple created together.

Photo: Carl Larsson-gården
Address: Carl Larssonsväg 12, 790 15 Sundborn
Phone: +46 (0)23-600 53
Internet: www.visitdalarna.se
Email: info@visitdalarna.se

Fishing in Malung-Sälen



There are many fish-filled waters here so you can enjoy many different types of fishing.

Challenge the pike in one of the lakes or fish for

grayling and salomon trout in the mighty Västerdalälven river. Our experienced fishing guides will show you the best fishing waters so

that you can catch something extra special to serve for dinner.

Photo: Visit Dalarna
Address: Malung-Sälen
Internet: www.visitdalarna.se
Email: info@salen.se

Orsa Predator Park



Orsa Predator Park is the biggest of its type in Europe and lets you experience these fabulous large predators in their natural environment. Go on one or all of the three themed guided tours here; predators, tigers and animal training.

Bears, tigers, leopards, wolves, lynx, fox, eagle owls and wolverines live in the park. The park is also home to two Kamchatka bears and a Kodiak bear. Polar World is home to two polar bears and at the Leopard Center you will find Persian and Snow Leopards. Atop the park is Tiger Mountain where the world's largest feline, Siberian tigers, live. There are also exhibitions and lectures available

Photo: Visit Dalarna
Address: Orsa Grönklitt, 794 90 Orsa
Internet: www.visitdalarna.se
Email: info@orsarovdjurspark.se

DO & SEE



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What are you looking for? Adrenaline kicks, magnificent nature, genuine handicraft or hot party nights? The range of activities on offer in Dalarna satisfies all tastes all year round. Are you an adventurous and restless soul, culture- and knowledge-seeking or just looking for peace and quiet? Dalarna has what you are looking for.

Biking Dalarna



Biking Dalarna is a collaboration between bike destinations in Dalarna. The goal is to offer our guests a high quality bike experience.

In the current situation the bike areas on destinations Säfsen, Falun, Salen and Idre are included in Biking Dalarna.

Photo: Visit Dalarna
Phone: +46 (0)23-640 04
Internet: www.visitdalarna.se
Email: info@visitdalarna.se

Skating Dalarna



Skating Dalarna is a partnership between trip skating destinations of Dalarna to promote and assure the quality of the region's trip skating

destinations so that more people can enjoy skating on our prepared natural trails.

Photo: Visit Dalarna
Phone: +46 (0)23-640 04
Internet: www.visitdalarna.se
Email: info@visitdalarna.se

Activities



In summer - foot it, bike it, canoe or kayak it. Hug the world's oldest tree. Go elk or beaver spotting with an experienced guide. Take the family for

a forest walk just about anywhere in Dalarna and you might spot one of them. We're talking about wrapping your arms around the wild and wonderful great outdoors of Dalarna.

As winter wraps its icy grip around the mountains, lakes and rivers of Dalarna. It's time to get out and revel in the winter pursuits on offer; cross-country skiing, long-distance skating, snow-shoeing, ripping it up on a snowmobile, or letting the Huskies do the work by dog-sled.

Photo: Visit Dalarna
Phone: +46 (0)23-640 04
Internet: <http://www.visitdalarna.se/en/todo/activities/>
Email: info@visitdalarna.se

Attractions



There are many cultural attractions in Dalarna and some that have to be on your Dalarna 'bucket list'. One is joining in the dancing at a Midsummer celebration in any town or village in Dalarna at the end of June. Another has to be the Falun Copper Mine and surroundings, a UNESCO World Heritage site and the Dala Horse manufacturing in Nusnäs.

You can also visit the former homes of the Sweden's best-loved artists Carl Larsson and Anders Zorn.

Take the kids for an all-day adventure to one of Dalarna's theme parks. Orsa Rovdjurspark, Leksand Sommarland, Experium and Santaworld. The great thing about these theme parks is that you get everything under one roof.

Photo: Visit Dalarna
Phone: +46 (0)23-640 04
Internet: <http://www.visitdalarna.se/en/todo/attractions1/>
Email: info@visitdalarna.se

DINING



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Dalarna - a world of flavours. Discover the scents and flavours of Dalarna such as lingonberries, blueberries, game and mushrooms. Wander through one of Dalarna's welcoming little towns and stop off for a coffee or something to eat.

Top class restaurants

Dalarna has some of the best restaurants in Sweden according to Swedish restaurant bible, the White Guide. One of them is SMAK & Mera in Falun. This restaurant is located in the center of Falun, and has been ranked one of Sweden's best restaurants.

Other top-class restaurants include Bruntegården in Rättvik, Onkel Jean, Olarsgården Hotell & Restaurang, SeaFoodBar, TB Grill Room and Lammet & Grisen in Sälen, Banken Två rum & kök and Blackstone Steakhouse in Falun, Dala-Floda Vårdshus in Dala Floda and Café Engel in Ludvika.

CAFES



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Don't forget to fika!

Swedes have a fika twice every day; one in the morning and one in the afternoon. That's the rule and all Swedes obey it. A fika is a coffee or tea break, accompanied by buns, biscuits or whatever you fancy. Joking aside, a fika is a central part of Swedish life and wherever they are, or whatever they are doing Swedes will have a fika, why not join them? When you're in Dalarna find a local café and have a fika.

TOURIST INFORMATION



Jacob Lund/Shutterstock.com

How do I get there? Which Type of Electrical Outlet Is Used in Sweden? What about public transport?

All the extra you have to know when going on vacation is listed here.

Dala Airport



From Borlänge they have daily flights to Gothenburg and Malmö. Borlänge Gothenburg / Landvetter Flight time is 1 hour, the line operated by AIS Airlines. Are you going to Gothenburg city center, you can ride shuttle bus that departs 3-4 times / hour scheduled. Air taxis are another option. Travel time from Landvetter Airport to the center is approximately 30 minutes. There are also shuttle buses to Borås.

Borlänge Malmö / Sturup

Flight time is 1 hour and 40 minutes with a stopover in Örebro. The line is operated by AIS Airlines. The shuttle bus runs between the airport and Malmö and Lund. The shuttle bus departs just outside the terminal, in Malmö and Lund you depart from each station.

Are you going to Copenhagen, take the shuttle bus to Malmö and from there the train to Copenhagen.

Photo: Visit Dalarna

Address: Överstevägen 50, S-784 63 Borlänge

Opening hours: Mon-Thur 5.15 am - 8.15 pm, Fri 5.15 am - 6.30 pm, Sat-Sun closed

Phone: +46 (0)243-645 00

Internet: <http://www.dalaairport.se/>

Email: bleinfo@dalaflugget.se

Bus

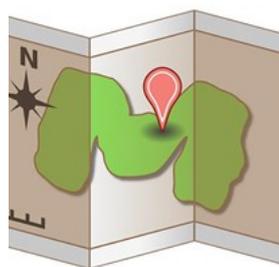
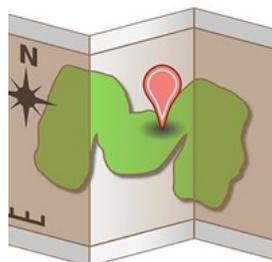


Photo: Visit Dalarna

Phone: +46 (0)771-95 95 95

Internet: <http://dalatrafik.se/>

Taxi Dalarna



Taxi Dalarna

Photo: Visit Dalarna

Phone: +46 (0)775-50 50 50

Internet: www.taxidalarna.se

Hospital



If you as a tourist or visitor get ill: Non emergency health care - call 1177 or the local health care centre. You can always call 1177 the

Health Care Guide Call Centre for guidance about health care. You can also visit www.1177.se/ to get advice. Health Care Guide Call Centre 1177 is open around the clock. If you are visiting Dalarna and in need of health care, you can also visit the local healthcare clinic. Visit www.ltdalarna.se/vardcentraler to learn about opening hours and phone numbers.

Emergency health care - call 1177 before you go to the closest Emergency Room

When you are in need of immediate health care, call 1177 the Health Care Guide Call Centre prior to going to the Emergency Room. Visit www.ltdalarna.se/akutsjukvard to learn about locations of the available Emergency Rooms.

Emergency situation - call 112

If you are in an emergency situation where you or significant others are in need of immediate help, call 112.

Photo: Visit Dalarna
Internet: www.ltdalarna.se

Telephone



Countrycode +46 Area
code: Falun (0)23
Borlänge (0)243 Gäddede
(0)241 Vansbro (0)281
Ludvika (0)240 Säters
(0)225 Hedemora

(0)225

Avesta (0)226

Photo: Visit Dalarna
Phone: +46 (0)23-640 04
Internet: www.visitdalarna.se
Email: info@visitdalarna.se

Electricity



220-240v AC 50Hz

Photo: Visit Dalarna

Population
281 028 (2015-12-31)

Currency
Swedish SEK/crowns

Internet
www.visitdalarna.se

Newspapers
www.dt.se

Emergency numbers
112

Tourist information
www.visitdalarna.se
info@visitdalarna.se

+46 (0)771-62 62 62