



Memphis

in collaboration with Brand USA

Photo: Philip Parker/Memphis CVB



Commercial Appeal/Memphis CVB

Memphis is a soulful mix where past and present blend, creating an authentic Southern experience. No trip is complete without visiting landmarks such as Graceland (Elvis Presley's former home), Sun Studio, STAX, Beale Street and the National Civil Rights Museum, but don't miss a chance to discover what's happening today. Local musicians may have gotten their inspiration from the icons - Elvis Presley, Al Green and Justin Timberlake - but the musical results are original, soulful and a true taste of Memphis. Come feed your imagination with the sights, sounds and culinary flavors of Memphis.

NOTE: This Guide has been limited to 20 points of interest per section. For the full guide, please visit ArrivalGuides.com



Craig Thompson/Memphis CVB



Troy Glasgow/Memphis CVB

QUIZ

*What Type of Traveller
Are You Based on
Your Travel IQ?*

TAKE THE QUIZ

Top 5



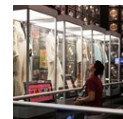
Beale Street
Better known as the "Home of the Blues", this iconic street (the most visited...)



Memphis Rock 'n' Soul Museum
Created by the Smithsonian Institute, the The Memphis Rock 'n' Soul Museum, ...



American Queen
There are few more immersive and meaningful ways to discover the beauty and ...



Graceland
Any true fan of music, especially a fan of rock and roll, will have Graceland...



Stax Museum
The Stax Museum of American Soul Music features state-of-the-art interactive...



THE CITY



Memphis CVB

Memphis, located in the southwestern corner of Tennessee, sits atop a bluff just across the river from Arkansas and a few miles away from the Mississippi state line. Like most places in the Mississippi Delta, it's brimming with traditional Southern charm and hospitality. Walk into any Memphis attraction (there are many!) and you'll be greeted as though you were family.

Memphis is where blues music grew up, where rock 'n' roll was born and where important strides were made in the struggle for civil rights. This living history hits visitors right away during a stroll through Graceland, Elvis Presley's final home, or on a visit to the National Civil Rights Museum, located at the site where Martin Luther King Jr. lost his life. The one-of-a-kind attractions and landmarks that give character and identity to the Bluff City now mingle with new residential and commercial developments, and restored historic buildings.

Learn more at:
www.visittheusa.se/destination/memphis

EVENTS



Marvin Garcia/Memphis CVB

Beale Street Music Festival (May)



The annual Beale Street Music Festival is a three-day music festival held in Memphis, featuring dozens of well-known acts playing across four different stages. Lineups for 2018 released on February 21.

Photo: James Wessel/Memphis CVB

Internet:

www.memphisinmay.org/events/beale-street-music-festival

FedEx St. Jude Classic (June)



A professional golf tournament held annually for the last 60 years, FedEx St. Jude Classic not just golf players, but hundreds of spectators, and a great many volunteers.

Photo: Memphis CVB

Internet: www.stjudeclassic.com

Memphis Music & Heritage Festival (September)



A Labor Day Weekend tradition, the Memphis Music & Heritage Festival turns two city blocks into a celebration of the Memphis Delta Region musical heritage. Blues, rock n' roll, jazz, and Latin music sound from several stages across the area, complemented by street performances and various other happenings.

Photo: Craig Thompson/Memphis CVB
Internet: www.southernfolklore.com/festival

Cooper Young Festival (September)



The Cooper Young Festival in Memphis' Historic District is among the year's most anticipated, with music performances, art, and vendors coming together for a one-day celebration of the region's cultural heritage.

Photo: Andrea Zucker/Memphis CVB
Internet: www.cooperyoungfestival.com

River Arts Festival (October)



Artists from across the country flock to Memphis' River Arts Festival to showcase and sell original artwork to reveling attendees. It ranks among the largest open-air juried art markets in the South.

Photo: Allen Gillespie/Memphis CVB
Internet: www.riverartsmemphis.org

Indie Memphis Film Festival (November)



Award-winning Indie Memphis Film Festival aims to support and propagate indie film-making and ignite interest towards the genre among local audiences. It's been a success for 19 consecutive years, with movie screenings, live music performances, Q&A sessions with cinema heavyweights, and more.

Photo: Justin Fox Burks/Memphis CVB
Internet: www.indiememphis.com

NYE on Beale Street (December)



Ring in the New Year at what might just be Memphis' biggest celebration, a joyous welcome of the coming year with live music, abundant food, fireworks, and high spirits.

Photo: Andrea Zucker/Memphis CVB
Internet: www.bealestreet.com/new-years-eve-on-beale

DO & SEE



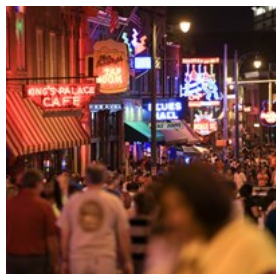
Craig Thompson/Memphis CVB

The largest city in Tennessee, Memphis is a must-see destination for lovers of Elvis, music, history and barbecue. This vibrant and colorful destination offers everything from museums and

galleries, to theater and nightlife, and it is super easy to navigate by riverboat, bus or on foot. From Beale Street with the best live blues to B.B. King's and many more restaurants and bars - Memphis continues to seduce travelers with its culinary specialties and, of course, its rhythm!

Learn more at: www.visittheusa.se/experience/memphis-tennessee-music-history-and-food-birthplace-rock-n-roll

Beale Street



Better known as the "Home of the Blues", this iconic street (the most visited attraction in Tennessee) is home to countless blues clubs and restaurants, and also the locale for numerous events and festivals throughout the year. Created back in 1841, it is integral to the history of Memphis, as well as the history of the blues, making it a vital part of any visit to the city.

Photo: Andrea Zucker/Memphis CVB
Address: Beale St, Memphis
Phone: +1 901 526 0115
Internet: www.bealestreet.com
Email: jshivers@bealestreet.com

Memphis Rock N' Soul Museum

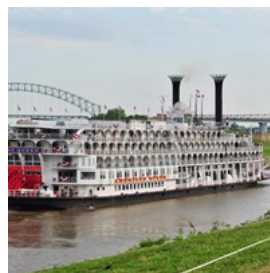


Created by the Smithsonian Institute, the The Memphis Rock 'n' Soul Museum, more than being about music, celebrates the lives and stories of the musical pioneers who created it and forever changed popular culture, despite fierce opposition and racial and social obstacles.

Photo: Phillip Parker/Memphis CVB

Address: 191 Beale St, Memphis
Opening hours: Daily 10am-7pm
Phone: +1 901 205 2533
Internet: www.memphisrocknsoul.org

American Queen



There are few more immersive and meaningful ways to discover the beauty and history of the South than by cruising down the Mississippi River. The historic American Queen Steamboat Company offers overnight cruises with authentic regional experiences along the way.

Photo: Andrea Zucker/Memphis CVB
Address: 40 S Main St, Memphis
Phone: +1 888 749 5280
Internet: www.americanqueensteamboatcompany.com
Email: info@americanqueensteamboatcompany.com

Graceland



Any true fan of music, especially a fan of rock and roll, will have Graceland on the top of their bucket list. Fittingly located on Elvis Presley Boulevard, this former home of the music legend houses an interactive museum that explores the life, influences and music of The King, and quite simply shouldn't be missed. Just next door is the Elvis Presley Automobile Museum, and just across the road you can visit Elvis' tomb.

Photo: David Meany/Memphis CVB
Address: 3734 Elvis Presley Blvd, Memphis
Phone: +1 901 332 3322
Internet: www.graceland.com
Email: graceland@graceland.com

Stax Museum



The Stax Museum of American Soul Music features state-of-the-art interactive exhibits, including videos, interviews, musical and recording instruments and tons of memorabilia, all of which, when put together, tell the fascinating story of American soul music.

Photo: Dan Ball/Memphis CVB

Address: 926 E McLemore Ave, Memphis

Opening hours: Tue-Sun 10am-5pm

Phone: +1 901 946 2535

Internet: www.staxmuseum.com

National Civil Rights Museum



It is no accident that the National Civil Rights Museum is located at the Lorraine Motel, the site of the assassination of Dr. Martin Luther King Jr. It's hard to think of a more meaningful location for a museum that chronicles the civil rights movement, and which strives to shed a light on civil rights issues that affect our society today. It is a sobering and powerful visit, not to mention an extremely important one.

Photo: Brand USA

Address: 450 Mulberry St, Memphis

Opening hours: Wed-Mon 9am-5pm

Phone: +1 901 521 9699

Internet: www.civilrightsmuseum.org

Sun Studio



Sun Studio, known throughout the music industry as "the Birthplace of Rock 'N' Roll", is yet another place of musical pilgrimage in Memphis. Tracing its origins back to 1950, it saw the likes of Elvis Presley, B.B. King, Johnny Cash and countless other legends sit in the recording booth. It still functions as a recording studio at night, while offering tours to the public by day.

Photo: Memphis CVB

Address: 706 Union Ave, Memphis

Opening hours: Daily 10am-6:15pm

Phone: +1 901 521 0664

Internet: www.sunstudio.com

Email: nina@sunstudio.com

Beer-Drinking Goats at Silky O'Sullivan's



Silky O'Sullivan's, centrally located on Beale Street, serves great barbecue but the main attraction is the beer loving goats. Sit outside and watch the goats climb the goat tower and guzzle beer.

Photo: Artsiom Petrushenka/Shutterstock.com

More Info: Source: www.visittheusa.se/destination/memphis

Hattiloo Theater



Hattiloo is a modern 75-seat theater and performing arts venue that vehemently supports African-American culture, featuring black artists, playwrights and actors from all over the country, and giving them a platform to tell their stories and have their voices heard.

Photo: aerogondo2/Shutterstock.com
Address: 37 Cooper St, Memphis
Phone: +1 901 525 0009
Internet: www.hattiloo.org
Email: ekundayo@hattilootheatre.org

Peabody Hotel Ducks

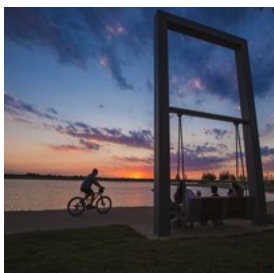


Modern Memphis has plenty of attractions to offer, especially for animal lovers. The Peabody, a famous five-star hotel in

Memphis, is home to a regal brigade of ducks who spend their days basking in the ritzy hotel lobby fountain. Crowds gather daily at 11 a.m. and 5 p.m. to watch the critters on their ceremonious march from their penthouse home to the fountain (and vice-versa in the early evenings).

Photo: The Peabody Hotel/Memphis CVB
Address: 149 Union Ave, Memphis
Phone: +1 901 529 4000
Internet: www.peabodymemphis.com/ducks-en.html
More Info: Source: <https://www.visittheusa.se/destination/memphis>

Shelby Farms Park Conservatory

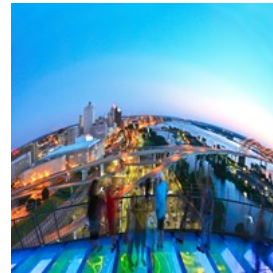


The impressive Shelby Farms Park Conservatory is an 1,820-hectare converted prison farm that was designed by the team behind New York

City's Highline. Around 15 buffalo roam the Shelby Farms Park grounds year-round.

Photo: Allen Gillespie/Memphis CVB
Address: 6903 Great View Dr North, Memphis
Phone: +1 901 222 7275
Internet: www.shelbyfarmspark.org
More Info: Source: www.visittheusa.se/destination/memphis

Bass Pro Shops at the Pyramid



Explore the Bass Pro Shops at the Pyramid to see its unique cypress swamp, located inside and featuring an alligator habitat. Then, take the nation's largest free-standing elevator to the top for an unforgettable view of Memphis.

Photo: Memphis CVB
Address: 1 Bass Pro Dr, Memphis
Phone: +1 901 291 8200
Internet: www.basspro.com
More Info: Source: www.visittheusa.se/destination/memphis

DINING



Justin Fox Burks/Memphis CVB

Memphis' acclaimed chefs take the cuisine of the Southern USA to a new level. Memphis boasts 100-plus barbecue joints, and at least as many preparation styles. But it's not just about barbecue here: Memphis is also a hot spot for cuisine from all over the world. At Memphis restaurants and bars, request local microbrews Ghost River, High Cotton, Memphis Made and Wiseacre. (On weekends, the latter three open tap rooms. Sample one of Memphis Made's seasonal brews.)

Learn more at: www.visittheusa.se/experience/tasty-guide-whats-cooking-memphis

Restaurant Iris



Chef Kelly English has made Restaurant Iris one of Memphis' premiere dining establishments by consistently pushing the envelope of what

southern and French Creole cuisine can be. Innovative dishes like fried oyster and blue cheese-stuffed New York Strip exemplify the offerings of a menu with a heavy emphasis on seasonal ingredients.

Photo: Justin Fox Burks/Memphis CVB
Address: 2146 Monroe Ave, Memphis
Opening hours: Mon-Sat 5pm-10pm
Phone: +1 901 590 2828
Internet: www.restaurantiris.com
Email: jdegroff@chefkellyenglish.com

Central BBQ



It is no easy task to stand out from the crowd in a town as discerning about their barbecue as Memphis, but Central BBQ has managed to do

just that, attracting throngs of hungry Memphians with a decadent offering of ribs, hot wings, and most importantly, pulled pork sandwiches (they also have famously delicious side dishes). You're likely to find a line outside Central BBQ, but it is sure to be worth the wait.

Photo: Brent Hofacker/Shutterstock.com
Address: 2249 Central Ave, Memphis
Opening hours: Daily 11am-9pm
Phone: +1 901 272 9377
Internet: www.cbqmemphis.com

Charles Vergos Rendezvous



With a long history in the city (it started as a basement sandwich shop in the 1940s) and now legendary Greek dry rub ribs, which manage to find the perfect balance between sweet and spicy, The Rendezvous is synonymous with Memphis dining and should not be missed.

Photo: Craig Thompson/Memphis CVB
Address: 52 S 2nd St, Memphis
Opening hours: Tue-Thu 4:30pm-10:30pm, Fri 11am-11pm, Sat 11:30am-11pm
Phone: +1 901 523 2746
Internet: www.hogsfly.com

Hog and Hominy



"Italian cooking, southern roots" - a tagline that encompasses everything Hog and Hominy is all about. Chefs Andrew Ticer and Michael

Hudman, the kings of Memphis dining, have received praise from major publications, including GQ and The New York Times, for their fabulously executed wood-fire pizzas.

Photo: 7th Son Studio/Shutterstock.com
Address: 707 W Brookhaven Cir, Memphis
Opening hours: Mon 5pm-10pm, Tue-Thu 11am-2pm and 5pm-10pm, Fri-Sat 11am-2pm and 5pm-12am, Sun 10:30am-10pm
Phone: +1 901 207 7396
Internet: www.hogandhominy.com
Email: matt@hogandhominy.com

Gus's World Famous Fried Chicken



Though it now has 24 locations across 11 states, Gus's World Famous Fried Chicken is a Memphis institution. Its roots can be traced back

to 1973, and it's the first place any local will tell you to go for fried chicken, and with good reason. Do not skip the sides (the mac and cheese, in particular).

Photo: Joshua Resnick/Shutterstock.com

Address: 310 S Front St, Memphis

Opening hours: Sun-Thu 11am-9pm, Fri-Sat 11am-10pm

Phone: +1 901 527 4877

Internet: www.gusfriedchicken.com

Email: wendym@gusfriedchicken.com

The Beauty Shop



Winner of the OpenTable Diners' Choice Award in 2015 and 2017, The Beauty Shop is sleek yet playful and boasts a creative fusion menu. The

space, formerly a salon, displays remnants of its past, with wash sinks and hair driers spread about. Book well in advance for the wildly popular Sunday brunch.

Photo: VVDVVD/Shutterstock.com

Address: 966 Cooper St, Memphis

Opening hours: Mon-Sat 11am-2pm and 5pm-10pm, Sun 10am-3pm

Phone: +1 901 272 7111

Internet: www.thebeautyshoprestaurant.com

Email: roadsidekc@gmail.com

Imagine Vegan Cafe



Being vegetarian or vegan in Memphis can be quite challenging, but family-owned and operated Imagine Vegan Cafe has come up with vegan varieties of all of the city's beloved specialties, from pulled pork sandwiches to dry rub ribs and fried chicken.

Photo: Brent Hofacker/Shutterstock.com

Address: 2158 Young Ave, Memphis

Opening hours: Daily 11am-9pm

Phone: +1 901 654 3455

Internet: www.imaginevegancafe.com

Email: kristie@imaginevegancafe.com

Alcenia's



Famous as much for its hearty and wholesome home-style cooking as for the warmth and charm of owner Betty Joyce "B.J." Chester-Tamayo,

Alcenia's is a masterclass in southern hospitality and a one-of-a-kind Memphis experience. Be sure to try the cabbage (yes, the cabbage) and the over-the-top sweetness of the Ghetto-Aid (an extra-sweet Kool-Aid concoction).

Photo: Foodography/Shutterstock.com

Address: 317 N Main St, Memphis

Opening hours: Tue-Fri 11am-5pm, Sat 9am-3pm

Phone: +1 901 523 0200

Internet: www.alcenias.com

Soul Fish Cafe



Laid-back and uncomplicated, Soul Fish Cafe serves some of the city's most scrumptious po' boys, as well as tacos and no-nonsense seafood

(the desserts are pretty great, too). Several locations can be found around the city, in Midtown, East Memphis and Germantown.

Photo: Leah Gafni/Memphis CVB

Address: 862 S Cooper St, Memphis

Opening hours: Mon-Sat 11am-10pm, Sun 11am-9pm

Phone: +1 901 725 0722

Internet: www.soulfishcafe.com

Email: soulfishmemphis@gmail.com

CAFES

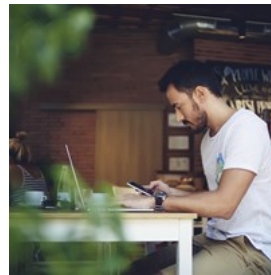


Alex Shansky/Memphis CVB

Start your day with Brother Juniper's cheesy grits and an omelet layered with grilled meats, cheeses and vegetables. Indulge in sweet potato pancakes at The Arcade. On Sunday, do brunch at The Beauty Shop for creative dishes — maybe ham with coffee-infused red-eye gravy. For scratch-made pie and irresistible cupcakes, hit one of Muddy's bakeries. For chocolates (almost too pretty to eat — some infused with Tennessee's own Prichard's Distillery spirits — visit Phillip Ashley Chocolates. Or, make a selection from the rich dessert cart in the famed Peabody Hotel lobby.

Learn more at: www.visittheusa.se/experience/tasty-guide-whats-cooking-memphis

Otherlands Coffee Bar



Otherlands Coffee Bar and Exotic Gifts describes itself as "a cultural oasis in a plastic wasteland". The decor consists of a mishmash of different

styles of chairs and tables, with colorful knick-knacks adorning the walls and patrons of all ages typing away on laptops.

Photo: GaudiLab/Shutterstock.com

Address: 641 Cooper St, Memphis

Opening hours: Daily 7am-8pm

Phone: +1 901 278 4994

Internet: otherlandscoffeebar.com

Java Cabana



Java Cabana is one of the city's oldest and most beloved coffeehouses.

They operate exclusively in organic, fair trade coffee and have a wide

selection of vegetarian food options. Their frequent live music performances and open mic nights attract throngs of poets, musicians and culture hawks.

Photo: Yulia Grigoryeva/Shutterstock.com

Address: 2170 Young Ave, Memphis

Opening hours: Tue-Thu 9am-10pm, Fri-Sat 10am-11pm, Sun 12pm-9pm

Phone: +1 901 272 7210

Internet: www.javacabanacoffeehouse.com

Email: mary@javacabanacoffeehouse.com

Ugly Mug Coffee



Locally owned and operated roaster Ugly Mug supplies coffee made from ethically sourced organic beans to numerous coffeehouses in the region. You can take home some off their beans at their flagship store in Memphis, or enjoy a cup there along with breakfast or lunch (try their great artisan pizzas).

Photo: Oliveshadow/Shutterstock.com

Address: 4610 Poplar Ave, Memphis

Opening hours: Mon-Fri 6am-7pm, Sat 7am-7pm, Sun 8am-3pm

Phone: +1 901 552 3165

Internet: www.uglymugcoffee.com

Email: weborders@uglymugcoffee.com

Bluff City Coffee & Bakery



Bluff City Coffee is a place for true coffee lovers - all their drinks are espresso-based (meaning that there is no drip coffee), and they

offer creative twists on your favorite drinks, such as the Mocha Bianca (with white chocolate) or Haley's Comet (espresso, milk, chai and caramel/apple flavor).

Photo: mavo/Shutterstock.com

Address: 505 S Main St, Memphis

Opening hours: Mon-Sat 6:30am-6pm, Sun 8am-6pm

Phone: +1 901 405 4399

Internet: www.bluffcitycoffee.com

City & State



The key word here is craftsmanship, and that applies both to the coffee and the diverse items they have for sale. While they can range from

blankets woven according to hundred-year old traditions to cutting boards from Tennessee woodworkers, they are guaranteed to have a story behind them and be of impeccable quality.

Photo: Tyler Olson/Shutterstock.com

Address: 2625 Broad Ave, Memphis

Opening hours: Mon-Fri 7am-6pm, Sat 8am-6pm, Sun 8am-2pm

Phone: +1 901 249 2406

Internet: www.cityandstate.us

Email: info@cityandstate.us

Cafe Eclectic



Named Best Coffee House and Best Breakfast by several local magazines, Cafe Eclectic offers homemade meals and baked goods, all made

from scratch with locally sourced ingredients, as well as high-quality organic Illy coffee, free from pesticides and chemicals.

Photo: Fusionstudio/Shutterstock.com

Address: 603 N McLean Blvd, Memphis

Opening hours: Mon-Sat 7am-9pm, Sun 9am-3pm

Phone: +1 901 725 1718

Internet: www.cafeeclectic.net

Email: contact@cafeeclectic.net

Center for Southern Folklore & Café



Center for Southern Folklore showcases some of the region's finest artists, writers and musicians, featuring cultural workshops and

programs for all age groups. Visitors can also enjoy coffee, beer or selected southern specialties at the in-house cafe.

Photo: Monkey Business Images/Shutterstock.com

Address: 119 S. Main Street, Memphis

Opening hours: Mon-Fri 11am-6pm, Sat 2pm-11pm, Sun 2pm-8pm

Phone: +1 901 525 3655

Internet: www.southernfolklore.com

Email: info@southernfolklore.com

Tamp & Tap



Visit Tamp & Tap anytime for top-notch gourmet coffee and tea, wine and local beers, or one of their fantastic sandwiches. Or better

yet, visit the downtown location on a Sunday morning to enjoy their unforgettable bluegrass brunches with live music.

Photo: Joana Lopes/Shutterstock.com

Address: 122 Gayoso Ave, Memphis

Opening hours: Mon-Fri 7am-4pm, Sat-Sun 8am-4pm

Phone: +1 901 207 1053

Internet: www.tampandtap.com

BARS & NIGHTLIFE



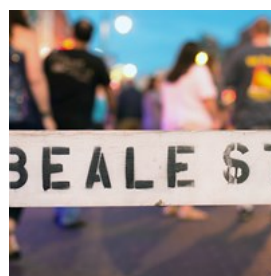
Leah Gafni/Memphis CVB

The neon-lit Beale Street is where greats like Louis Armstrong and B.B. King performed and helped create the music style known as Memphis Blues. In 1977, the U.S. Congress officially recognized Beale Street as "Home of the Blues." For a quintessential dose of Beale Street, head to Rum Boogie or B.B. King's Blues Club. Like most attractions that draw folks to Memphis, the Blues reflect the soulfulness and grit that's so deeply rooted in the city's history.

Learn more at:

www.visittheusa.se/destination/memphis

Beale Street



Though some might say Beale Street's heyday was back in the roaring twenties, we say that while it may have started then, it never ended. It

remains the heart and soul of Memphis nightlife. Known as the "Home of the Blues", this iconic street is flanked by world-class restaurants, bars and clubs, where live music and good times roll non-stop.

Photo: Allen.G/Shutterstock.com

Address: Beale Street, Memphis

Phone: +1 901 526 0115

Internet: www.bealestreet.com

Email: jshivers@bealestreet.com

BB King's Blues Club



The original location of this now nation-wide chain could be nowhere other than Memphis' Beale Street. It is no accident that it bears the name of a world-famous blues legend, as it attracts some of the biggest names in the genre for live performances, to be enjoyed over great barbecue and drinks.

Photo: Dan Ball/Memphis CVB

Address: 143 Beale St, Memphis

Opening hours: Sun-Thu 11am-12am, Fri-Sat 11am-1am

Phone: +1 901 524 5464

Internet: www.bbkingclubs.com

Email: social@bbkingclubs.com

Brookhaven Pub and Grill



Locally owned and operated, Brookhaven Pub and Grill is a popular sports bar (home to many a Tigers fan) that offers plenty in the way of food, drink and entertainment. Their fully stocked bar and ample menu are complemented by large TVs for sporting events and occasional live music.

Photo: Monkey Business Images/Shutterstock.com

Address: 695 W Brookhaven Cir, Memphis

Opening hours: Daily 11am-3am

Phone: +1 901 680 8118

Internet: www.brookhavenpubandgrill.com

Email: info@brookhavenpub.com

River City Pedalers



River City Pedalers offers a truly unique nightlife experience: pedaling your way around the city on a party-bicycle-bus type contraption (something of a "bar on wheels") while enjoying a refreshing glass of beer. Get a workout, a tour of the city, and an unforgettable night out, all at the same time.

Photo: Volodymyr Baleha/Shutterstock.com

Opening hours: Daily 11am-9pm

Phone: +1 901 825 7519

Internet: www.rivercitypedalers.com

Blues City Cafe



Another Beale Street institution, Blues City Cafe has over 25 years of experience bringing some of the biggest names in blues to their stage, with live performances still taking place nightly. Their ribs are legendary at this point, but their menu also includes steaks, catfish, tamales and more.

Photo: Daniel Ridge/Shutterstock.com

Address: 138 Beale St, Memphis

Opening hours: Sun-Thu 11am-3am, Fri-Sat 11am-5am

Phone: +1 901 526 3637

Internet: www.bluescitycafe.com

Email: goose@bluescitycafe.com

Alchemy



With the stated mission of restoring "dignity and distinction" to both drinks and food, Alchemy's skilled mixologists bring exciting new twists to classic cocktails by using fresh herbs and

homemade syrups. Skip neither the Sunday brunch nor the amazing weekday happy hour.

Photo: Maksim Fesenko/Shutterstock.com

Address: 940 Cooper St, Memphis

Opening hours: Tue-Thu 4pm-11pm, Fri-Sat and Mon

4pm-2am, Sun 10:30am-2:30pm and 4pm-10pm

Phone: +1 901 726 4444

Internet: www.alchemymemphis.com

Email: alchemymemphis@gmail.com

Flight Restaurant and Wine Bar



This wonderful upscale restaurant groups wines, meals and even desserts into themes or "flights", giving guests the chance to try numerous options

at each visit. Northern Exposure features white wines from cool climates, while Wonders of the World takes a tour of wines from France, Italy and Australia.

Photo: Africa Studio/Shutterstock.com

Address: 39 South Main, Memphis

Opening hours: Mon-Thu 4pm-11pm, Fri-Sat 4pm-11:30pm,

Sun 9:45am-2:30pm and 4pm-10pm

Phone: +1 901 521 8005

Internet: www.flightmemphis.com

High Point Pub



For a really local taste of Memphis nightlife, visit High Point Pub, a neighborhood institution since 1947. There's plenty of entertainment,

with shuffleboard, darts, three TVs, a jukebox and live music, as well as an impressive selection of 57 beers. You can also get a pizza from High Point Pizza right next door.

Photo: PONLAWAT CHUCHAROEN/Shutterstock.com

Address: 477 High Point Terrace, Memphis

Opening hours: Tue-Thu 5:30pm-11pm, Fri-Sat 5:30pm-1am

Phone: +1 901 452 9203

Internet: www.thehighpointpub.com

Email: curt@thehighpointpub.com

Blind Bear Speakeasy



With a roaring twenties, prohibition era theme, and decor to match, a visit to Blind Bear is a trip through time. The fabulous drinks have

theme-appropriate names, such as the Bootlegger's Mule, and they offer tons of entertainment, with live music Thursday through Saturday, poker nights on Sunday and Tuesday, Team Trivia on Wednesday, and more.

Photo: eatyurvegtables/Shutterstock.com

Address: 119 S Main St, Memphis

Opening hours: Mon-Fri 3pm-3am, Sat-Sun 11am-3am

Phone: +1 901 417 8435

Internet: www.blindbearmemphis.com

Email: blindbearmemphis@gmail.com

The Pumping Station



The Pumping Station is a popular gay dive bar (named the best in Memphis) with over 60 varieties of beer, as well as local craft beer on tap,

as well as pool tables, an outdoor patio and treehouse, a pub grub menu and an overwhelming sense of community.

Photo: Aleksandar Karanov/Shutterstock.com

Address: 1382 Poplar Ave, Memphis

Opening hours: Daily 3pm-3am

Phone: +1 901 272 7600

Internet: www.thepumpingstationmemphis.com

Email: info@thepumpingstationmemphis.com

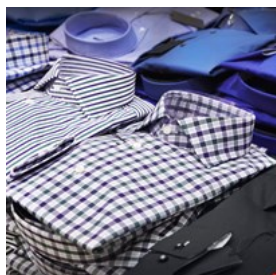
SHOPPING



Bobex-73/Shutterstock.com

In case you haven't noticed by now, music is kind of a big deal in Memphis, and this applies to the city's shopping scene, as well. Browse through classic albums at the numerous record shops found just about anywhere, or visit a legendary blues guitar workshop. But Memphis shopping also includes a wealth of antique shops and markets, the one-of-a-kind Bass Pro Shop at the Pyramid, and an unforgettably unique peanut shop, among many others.

Lansky Brothers

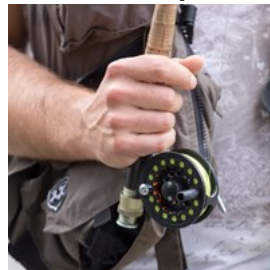


A uniquely Memphis experience, Lansky Brothers (located inside the Peabody Hotel) is an upscale (mainly men's) clothing brand with a line

dedicated to the timeless appeal of Elvis-style fashion called Clothier to the King. There's no better place to get a snazzy new look with a characteristically Memphian flavor.

Photo: Adisa/Shutterstock.com
Address: 149 Union Ave, Memphis
Opening hours: Daily 9am-6pm
Phone: +1 901 529 9070
Internet: www.lanskybros.com

Bass Pro Shops at the Pyramid



Bass Pro Shops can be found all over the country, but there truly is no other location quite like this one. More than just a shop, it is a

playground, a hotel, an aquarium - in short, it is the Disneyland of outdoor activities. Fans of fishing, hunting, camping and lovers of the outdoors in general will not want to pass up the chance to visit.

Photo: francesco de marco/Shutterstock.com
Address: 1 Bass Pro Dr, Memphis
Opening hours: Mon-Sat 8am-10pm, Sun 8am-7pm
Phone: +1 901 291 8200
Internet: www.basspro.com

The Peanut Shoppe



The Peanut Shoppe has been around since 1949, serving a bewildering assortment of fresh nuts and dried fruits, some plain, some salted, some

covered in sweet coatings, but all made fresh daily. Their packs of mixed specialties and special gift boxes make for a perfect Memphis souvenir.

Photo: plantic/Shutterstock.com
Address: 24 South Main St, Memphis
Opening hours: Mon-Fri 10am-5pm, Sat 11am-5pm
Phone: +1 901 525 1115
Internet: www.memphispeanutshoppe.com
Email: sales@memphispeanutshoppe.com

Memphis Farmers Market



Every Saturday morning from April to October the large pavilion just outside the central Amtrak station fills up with stalls where local farmers put their products on display. All items are locally produced, from the food items to the typically Mid-South kitchen and garden arts and crafts.

Photo: Jack Frog/Shutterstock.com

Address: S Front St at GE Patterson, Memphis

Opening hours: Sat 7am-1pm

Phone: +1 866 348 2226

Internet: www.memphisfarmersmarket.org

Email: info@memphisfarmersmarket.org

Saint Blues Guitar Workshop



The blues is one of those things that Memphis seems to do better than most other places. In that regard, the now legendary Saint Blues

Guitar Workshop carries on a tradition of craftsmanship and excellence in their instruments, from the beloved Bluesmaster series to the iconic Cigar Box guitars. Music lovers should not pass up the chance to visit.

Photo: larstuchel/Shutterstock.com

Address: 645 Marshall Ave, Memphis

Opening hours: Mon-Fri 10am-5pm

Phone: +1 901 578 3588

Internet: www.saintblues.com

Email: info@saintblues.com

Burke's Book Store



Burke's Book Store is one of the oldest independent bookstores in the United States, tracing its origins back to 1875, shortly after the Civil War. It remains one of the best places in Memphis for new and second-hand books, as well as rarities and volumes on the history of the city.

Photo: Dean Drobot/Shutterstock.com

Address: 936 S Cooper St, Memphis

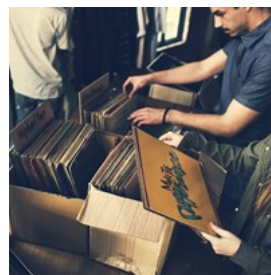
Opening hours: Mon-Sat 10am-6pm, Sun 11am-5pm

Phone: +1 901 278 7484

Internet: www.burkesbooks.com

Email: info@burkesbooks.com

Memphis Music



Malcolm Burt, better known as the Doctor of Bluesology, runs Memphis Music, possibly the best music store in the city, specializing in blues, southern soul, gospel, jazz and rock n roll. His level of expertise in these genres, personalized sense of service and friendly demeanor will make your visit one to remember.

Photo: Rawpixel.com/Shutterstock.com

Address: 149 Beale St, Memphis

Opening hours: Mon-Sat 10am-12pm, Sun 12pm-10pm

Phone: +1 901 526 5047

Internet: www.memphismusicstore.com

Email: gplanet@cox.net

Five in One Social Club



Dubbing itself a "kindergarten for grown folks", the Five in One Social Club is part retail store and part creative workshop. The shop features one-of-a-kind handmade goods produced by regional artists, and the workshop brings people together for classes and creative exchanges.

Photo: Nenad Aksic/Shutterstock.com

Address: 2535 Broad Ave, Memphis

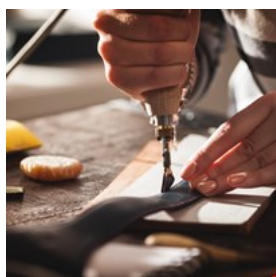
Opening hours: Tue-Sat 11am-6pm, Sun 12pm-5pm

Phone: +1 901 308 2104

Internet: www.fiveinone.org

Email: info@fiveinone.org

Broad Avenue Arts District



Broad Avenue Arts District is an emerging area in East Memphis rich in artisan workshops and boutiques, making it the perfect place to find interesting and unique gifts. Visitors can find everything from handmade soaps and artisan crafts to high-end jewelry and one-of-a-kind clothing items and accessories.

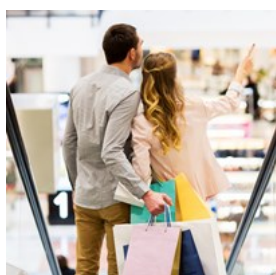
Photo: Maksim Toome/Shutterstock.com

Address: 2542 Broad Ave, Memphis

Internet: www.broadavearts.com

Email: hello@broadavearts.com

Laurelwood Shopping Center



With a great location just across from the Botanical Gardens, Laurelwood Shopping Center is fit to meet most shoppers' needs. With a great

selection of shops for men's and women's fashion, home decor and dining options, visitors will surely find what they're looking for.

Photo: Syda Productions/Shutterstock.com

Address: 422 S Grove Park Rd, Memphis

Opening hours: Mon-Sat 10am-6pm, Sun 12pm-6pm

Phone: +1 901 682 8436

Internet: www.laurelwoodmemphis.com

Email: coryprewitt0@gmail.com

TOURIST INFORMATION



Baxter Buck/Memphis CVB

Passport / Visa



Citizens of the Schengen countries, the United Kingdom, Ireland, Canada, Australia, New Zealand, Singapore, Japan, South Korea,

Taiwan and the Kingdom of Brunei can visit the United States for up to 90 days without applying for a visa (as well as citizens of Andorra, Lichtenstein, Monaco and San Marino). Citizens of these countries must obtain an ESTA (Electronic System for Travel Authorization) before traveling. All other travelers must obtain a visa before visiting the United States. International travelers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the country.

Photo: TukTuk Design/Shutterstock.com

Airport



The Memphis International Airport is located a mere few miles outside of downtown Memphis. There is no shortage of options when it comes to reaching the city from here.

A public bus stop is located at baggage claim level of Terminal C. Bus No. 64 runs seven days a week, from roughly 6am to 11pm Monday through Friday, 7am to 9pm Saturdays, and 7am to 7pm on Sundays.

Taxis are readily available, and can be hired next to the concourse B baggage claim area. Apps like Lyft and Uber service the airport and are a viable alternative to taxis. Multiple rental car companies are also represented here. There is also a number of shuttles that service the airport, many hotels offering guest complimentary transfers. Inquire with your accommodation for details.

Photo: Juan Garces

Address: 2491 Winchester Rd, Memphis

Phone: +1 901 922 8000

Internet: www.flymemphis.com

Best Time to Visit



The summer months of late May through September tend to get a lot of heat, and with school holidays falling on that period (which means an especially high number of visitors), a trip to Memphis may be better saved for early spring (April) or just after the summer, for October or

November.

Events are held throughout the year, so your desire to attend one (or more) of those may also play a role in deciding on the best time to visit.

Photo: VectorA/Shutterstock.com

Public Transport



MATA runs an extensive bus network throughout Memphis. Prepare exact change for the fare box when boarding the bus. Pre-paid FastPasses may also be bought from bus operators, which eliminates the necessity of fumbling for change when you board the bus.

The historic trolley service has been suspended as of 2013, but plans for re-inaugurating the routes in the summer of 2018 are currently underway.

Photo: Pierre-Luc Auclair

Internet: www.matatransit.com

More Info: To palm your journey, use Google Transit, TransLoc or MATA Traveler resources.

Taxi



There are multiple taxi companies operating in Memphis. The apps Uber and Lyft are also widely used. Bluff City Taxi +1 901 566 9000
www.bluffcitytaxi.com

OnCabs Memphis
+1 901 273 7903

Photo: ArrivalGuides

Internet: www.oncabs.com/booking/memphis

Pharmacy



Pharmacies like CVS, Walgreen's, Kroger, Rite Aid and others can be found throughout Memphis. Rite Aid 1810 Union Ave, Memphis +1

901 272 6191

Open 24 hours

Photo: Gemma Garner

Internet: www.riteaid.com

Post



Memphis Main Post Office:

Photo: Andy Fuchs

Address: 555 South B.B. King Boulevard, Memphis

Phone: +1 800 275 8777

Internet: www.usps.com

Telephone



+1 (dialing code for the USA) 901 (Memphis city code)

Photo: Jardson Almeida

Electricity

120V, 60 Hz Plug types A & B



Photo: Stirling Tschan

Population

652,717

Currency

1 US dollar (US\$) = 100 cents

Internet

www.visittheusa.se/destination/memphis

Newspapers

The Daily News
Memphis Flyer

Emergency numbers

911

Tourist information

Memphis Visitor Center
3205 Elvis Presley Blvd.
Memphis, TN 38116
+1 901 543 5333

Tennessee State Welcome Center

119 N. Riverside Drive
Memphis, TN 38103
+1 901 543 5333