



Photo: Anton Foltin/Shutterstock.com



cruggelgreen/Shutterstock.com

Minneapolis is a city on the rise. Situated on the banks of the Mississippi River, it is rumored that iconic American writer Mark Twain was the first to assign the name 'Twin Cities' to Minneapolis and neighboring city St. Paul. It's a metropolis that can cater to all your wishes: spend an entire week shopping, finding all the popular brands and some local ones, or go on a pub crawl and discover high-quality bars the city has to offer.



kla4067/Flickr.com



Geoffrey Kuchera/Shutterstock.com



#### Top 5



Explore Minnesota's exciting zoo and see over 2,700 species of



animals. Do n...

St Paul Curling Club

Curling is a popular winter sport in the Twin Cities. Visit the St. Paul Cur...



Walker Art Center

Minneapolis boasts the fifth most-visited museum in the United States and on...



Fort Snelling State Park

With beautiful parks and outdoor areas, the Fort Snelling State Park is only...



Northeast Minneapolis Art ...

As in most cities, the worn down industrial areas sooner or later become the...





## THE CITY



saraporn/Shutterstock.com

Minneapolis is Minnesota's largest city and the 48th-largest city in the United States with a population of over 380,000. The Minneapolis-Saint Paul region, which includes 182 cities and townships, has a population of over 3 million and is the 16th-largest metropolitan area in the nation.

Known as the "City of Lakes" – it has 20 of those in all – Minneapolis also sits on the banks of the Mississippi River and has an abundance of wetlands, creeks, ponds and falls. Water is not the only natural resource that one can find here. This city spotted with forests once supporting a thriving timber industry is also home to one of the nation's greatest parks systems. Minneapolis contains as much as 770 square feet of park space per resident.

In addition to cherishing its natural beauty,
Minneapolis has celebrated a diverse cultural
heritage, from its earliest inhabitants, the Dakota
Sioux, to the immigrants that have come to city
over the years from France, Germany, Norway,
Sweden, Denmark, Finland, Latin America, Italy,
Greece, Poland, Japan, China, Korea, Vietnam,
Laos, Cambodia, Thailand and more.
Minneapolis also has the largest Somali
population in North America and is ranked
fourth among U.S. cities in the percentage of

gay, lesbian or bisexual people in its adult population as of 2006.

Today, Minneapolis is an economic, educational and cultural hub of the Midwest. There are five Fortune 500 companies headquartered in Minneapolis, which gives it the fifth-highest concentration of Fortune 500 companies among U.S. cities. It is also home to the University of Minnesota, which has the fourth-highest enrollment for a four-year public university in the U.S., three private four-year colleges, and several other institutions of higher learning.

Minneapolis residents also value the arts. The city is full of beautiful architecture and is home to several art museums, including the Walker Art Center, one of the nation's major modern art museums, and the Minneapolis Institute of Arts, the largest museum in the city. There are also several performing arts groups, and the largest non-juried performing arts festival, the Minnesota Fringe Festival, takes place each year. Music is present everywhere you turn. Catch a performance by the Minnesota Orchestra at Orchestra Hall or turn into a number of local clubs to hear what Minneapolis' music scene has to offer. Legendary musician Prince, as well as bands Hüsker Dü and The Replacements are natives of Minneapolis.

You may have to make more than one trip to Minneapolis to take in all of the sights, meet all of the people, and eat all of the delicious food that you want.



#### DO & SEE



Phil Roeder/Flickr.com (image cropped)

With 18.3 million visitors to the city's metro area each year, Minneapolis has become one of the most visited US destinations thanks to attractions such as world-class museums and galleries, a vibrant night-life and a shopping mall so large it even has its own postcode.

#### Minnesota Zoo



Explore Minnesota's exciting zoo and see over 2,700 species of animals. Do not miss the Discovery Bay aquarium, a maze of underground tunnels and

walkways where you'll be able to see some of the greatest wonders of the deep.

Photo: Beatnik Photos/Flickr.com (image cropped)

Address: 13000 Zoo Blvd, Apple Valley Opening hours: Daily: 9am-4pm

Phone: +1 952 431 9200 Internet: www.mnzoo.org

#### St Paul Curling Club



Curling is a popular winter sport in the Twin Cities. Visit the St. Paul Curling Club and watch how the players slide the hubcap-sized 'puck' down

the ice, aiming for the target. While the

intricacies of the game may seem a bit foreign at first, it'll be a unique experience to see the 'pitcher' shouting at the ice brushes.

Photo: Aleksandra Suzi/Shutterstock.com

Address: 470 Selby Ave, St Paul

Opening hours: Monday-Friday: 4pm-11pm,

Saturday-Sunday: 8am-12am Phone: +1 651 224 7408 Internet: stpaulcurlingclub.org

#### **Walker Art Center**



Minneapolis boasts the fifth most-visited museum in the United States and one of the few to still offer free admission (except for special

exhibits). The impressive permanent collection features 20th century arts and photography, US and European painters of all genres, including one genre the US is particularly famous for – pop art.

Photo: Mark B. Schlemmer/Flickr.com (image cropped)

Address: 725 Vineland Pl, Minneapolis

Opening hours: Tuesday-Wednesday and Sunday: 11am-5pm,

Thursday: 11am-9pm, Friday-Saturday: 11am-6pm

Phone: +1 612 375 7600 Internet: www.walkerart.org

#### Fort Snelling State Park



With beautiful parks and outdoor areas, the Fort Snelling State Park is only one of the many in the region. Situated where the Mississippi and

Minnesota Rivers meet, the historic Fort is the state's oldest structure. Enjoy a tour from knowledgeable guides or a demonstration complete of period costumes.

Photo: Doug Kerr/Flickr.com (image cropped)



Address: 101 Snelling Lake Road, West St. Paul

Opening hours: Daily: 8am-10pm

Phone: +1 612 279 3550

Internet: www.mnhs.org/fortsnelling Email: fortsnelling.statepark@state.mn.us

# **Northeast Minneapolis Art District**



As in most cities, the worn down industrial areas sooner or later become the new hot spots after they've been established by the

creative crew. Minneapolis is no exception.

The Northeast Minneapolis Art District is home to a great number of artist studios, art galleries and performance spaces. Walk around this unique neighborhood distinguished by picturesque, family-run businesses, rail yards and industrial buildings, kitschy watering holes and a wide range of restaurants.

Photo: Alan Turkus/Flickr.com (image cropped)

Address: Northeast Minneapolis Art District, Minneapolis
Internet: www.northeastminneapolisartsdistrict.org

Email: info@northeastminneapolisartsdistrict.org

#### **Nicollet Island**



This island in the middle of the Mississippi River lies just north of Saint Anthony Falls in Minneapolis and has a population of 144 (2000

U.S. Census). The island is a showcase for beautiful architecture and natural landscape as well as The Bell of Two Friends, a gift from Japan, and the Nicollet Island Pavilion event center, located in Nicollet Island Park and built in 1893.

Photo: Greg Gjerdingen/Flickr.com (image cropped)

Address: 40 Power Street, Nicollet Island

Phone: +1 612 230 6400

Internet: www.minneapolisparks.org Email: info@minneapolisparks.org

# **Target Field**



A beautiful iconic mark of Minneapolis, Target Field is the city's hub of baseball games. With food services available, air-conditioned rooms

and a great view over the field, you are in for an unforgettable experience.

Photo: zsolt\_uveges/Shutterstock.com Address: 1 Twins Way, Minneapolis

Phone: +1 612 659 3400

Internet: www.mlb.com/twins/ballpark
Email: twins@twinsbaseball.com

#### **Guthrie Theater**



A theater that is sure to leave an incredible memory, even if you don't plan on seeing any shows, as the building itself is a sight to see. You can also

enjoy the view from the promenade and get an amazing perspective on the city. Check their website for the next shows in case you're a theater fan.

Photo: Chris Yunker/Flickr.com (image cropped)

Address: 818 S 2nd St, Minneapolis

Phone: +1 612 377 2224

Internet: www.guthrietheater.org



## **Mill City Museum**



The Mill City Museum has been built on the ruins of Washburn A Mill, a National Historic Landmark, and offers a great blend of both past

and present which is visible in their displays as well as the architecture. Here you can learn the history of flour milling thanks to guided tours, interactive exhibitions and special events. If you're not convinced, you might want to know that the rooftop of this building has a panoramic view of the city and the Mississipi River.

Photo: Jason Riedy/Flickr.com (image cropped)

Address: 704 S 2nd St, Minneapolis

Opening hours: Tuesday-Friday: 10am-5pm, Sunday:

12pm-5pm

Phone: +1 612 341 7555

Internet: www.millcitymuseum.org

Email: mcm@mnhs.org

## Minnehaha Falls



Enjoy a piece of true nature at the Minnehaha Falls. Located close to the center, it marks a point of relaxation and pure beauty. There are several

recreation areas for kids to play and sometimes you might even catch a live performance.

Photo: Kelly vanDellen/Shutterstock.com Address: 4801 S Minnehaha Drive Minneapolis

Phone: +1 612 230 6400

 $\label{limited} Internet: www.minneapolisparks.org \\ Email: info@minneapolisparks.org$ 

# **Minneapolis Institute of Arts**



The Minneapolis Institute of Arts is one of the biggest fine arts museums in the US and the largest museum in Minneapolis. Take your

time browsing through all of the artwork collected here, which belongs to many different periods, countries and styles. Check the website to know if there are currently any special exhibitions or events at the museum. You'll have to buy a ticket for those, but the general admission to the permanent collection is free.

Photo: Iakov Filimonov/Shutterstock.com Address: 2400 3rd Ave S, Minneapolis

Opening hours: Tuesday, Wednesday and Saturday:

10am-5pm, Thursday-Friday: 10am-9pm, Sunday: 11am-5pm

Phone: +1 888 642 2787 Internet: new.artsmia.org Email: visit@artsmia.org

# The Stone Arch Bridge



The Stone Arch Bridge is the oldest bridge in Minneapolis and is a National Historic Engineering Landmark. The bridge was used for

people and goods transportation in the past.

Today however, the bridge and the surroundings are more of a recreational destination for pedestrians, cyclists or tourists that want to catch a view of St. Anthony Falls.

Photo: f11photo/Shutterstock.com

Address: 123 SE Main Street, Minneapolis Internet: www.stonearchbridge.com/



#### DINING

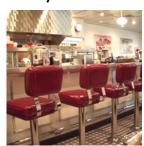


Kzenon/Shutterstock.com

Minneapolis enjoys four distinct seasons and thus offers a wide variety of seasonal produce, fresh and delicious. Add to that the influences from immigrants that have found their way here and invested themselves in the growth of the city's food culture, and you have a healthy choice of vibrant and varied cuisine. If you want to be spoilt for choice, go to Nicollett Avenue.

Spanning 17 blocks, this street has more than 50 restaurants and cafés with offerings as diverse as traditional Vietnamese and German meals to trendy fusion restaurants.

# Mickey's Diner



For a true American dining experience, you can't pass up Mickey's Diner. The venue was designed to resemble old railroad dining cars and

is unique in that it is one of the first diners to be built in the Art Deco style. Try their signature brown buttermilk pancakes and egg omelets with a shake. Since the diner is open all day, every day, your late night hamburger cravings are not a problem anymore.

Photo: mewini/Shutterstock.com Address: 36 W. 7th Street, St. Paul

Opening hours: Open 24h Phone: +1 651 698 0259 Internet: www.mickeysdiningcar.com

# Manny's Steakhouse



This is a steakhouse where the menu reflects the offerings of local farms. In addition to chops and steaks, they also serve delicious side

dishes like hash browns and special desserts like whisky bread pudding with hot fudge and caramel-covered macadamia nut brownies.

Photo: Erin Cadigan/Shutterstock.com

Address: 825 Marquette Avenue South, Minneapolis Opening hours: Sunday-Thursday: 6.30am-10pm,

Friday-Saturday: 6.30am-11pm Phone: +1 612 339 9900

Internet: www.mannyssteakhouse.com

Email: mannys@parasole.com

## D'Amico and Sons



D'Amico and Sons is a growing family restaurants chain with a passion for Italian food. Specialties include wood-fired pizzas,

gourmet sandwiches, salads and pastas. On Sundays, they host a brunch from 11am-2pm.

Photo: EM Karuna/Shutterstock.com Address: 3948 West 50th Street, Edina

Opening hours: 11am-9pm Phone: +1 952 926 1187

Internet: www.damicoandsons.com

More Info: Additional location at 555 Nicollet Mall

Minneapolis, MN 55402



#### Salsa a la Salsa



Salsa a la Salsa Mexican restaurant with a margarita bar that serves typical food at reasonable prices. On the menu, you'll find dishes like

chile relleno, pork carnitas, tacos, burritos and enchiladas.

Photo: Sergey Yechikov/Shutterstock.com Address: 920 East Lake Street, Minneapolis

Opening hours: Daily: 11am-9pm

Phone: +1 612 872 4140

Internet: www.salsaalasalsa.com

# **Murray's Restaurant**



This Minneapolis steakhouse has been serving selected cuts of meat and gourmet burgers since 1946. Named one of the best

steakhouses in the U.S. by travel and leisure, this restaurant offers quality food in a beautiful setting. Try to arrive before 6pm in order to enjoy their food and drink sepcials.

Photo: SWDiscovered/Shutterstock.com Address: 26 S. 6th St., Minneapolis

Opening hours: Monday-Thursday: 11am-10pm, Friday: 11am-10.30pm, Saturday: 5pm-10.30pm, Sunday: 4pm-9pm

Phone: +1 612 339 0909

Internet: www.murraysrestaurant.com Email: wayne@murraysrestaurant.com

#### 112 Eatery



112 Eatery is a
well-established fine
dining restaurant in
Minneapolis. The chef
Isaac Becker received the
2011 James Beard

Foundation award for Best Chef in the Midwest. Be sure to save room for one of his acclaimed desserts.

Photo: kirill guzhvinsky/Shutterstock.com Address: 112 N. 3rd Street, Minneapolis

Opening hours: Monday-Saturday: 5pm-12am, Sunday:

5pm-10pm

Phone: +1 612 343 7696 Internet: www.112eatery.com Email: info@112eatery.com

# The Capital Grille



When stepping inside
Capital Grille you enter
the world of fine dining.
From the menu you can
choose mouth-watering
dishes including dry-aged

steaks and fresh seafood. The chefs only use the finest, freshest ingredients available and they put a lot of effort in the preparation and presentation of the dishes. Remember to try one of their world-class wines.

Photo: David P. Smith/Shutterstock.com

Address: 801 Hennepin Ave, LaSalle Plaza, Minneapolis Opening hours: Monday-Thursday: 11am-10pm, Friday: 11am-11pm, Saturday: 5pm-11pm, Sunday: 5pm-9pm

Phone: +1 612 692 9000

Internet: www.thecapitalgrille.com

More Info: Dressy attire

#### Matt's Bar and Grill



If you want to have one of the best burgers in Minneapolis, head down to Matt's and try the famous Juicy Lucy with cheese melted inside the

meat. It's a busy place so waiting times might be long, but you'll forget all about it when you bite your burger.



Photo: zloitapok/Shutterstock.com Address: 3500 Cedar Ave, Minneapolis

Opening hours: Sunday-Thursday: 11am-12am,

Friday-Saturday: 11am-1am Phone: +1 612 722 7072 Internet: www.mattsbar.com

## **All Square**



This may look like yet another grilled cheese restaurant, but in reality it's more than that. Its employees are formerly incarcerated individuals,

and All Square is working hard to give them a second chance to make sure that they receive a chance to be reintroduced into the current social tissue. Its food offering includes both gluten-free and vegetarian options, to be enjoyed in their neon-lit interiors.

Photo: photominer/Shutterstock.com

Address: 4047 Minnehaha Avenue, Minneapolis

Opening hours: Wed-Sun 11am-8pm

Phone: +1 612 787 7164

Internet: www.allsquarempls.com Email: info@allsquarempls.com

#### **CAFES**



amenic181/Shutterstock.com

The city's booming cafe and coffee shop scenes ensure a great haunt is never too far away. Take your pick from an extensive selection of artisan roasters, hip designer spaces and more.

# Wilde Cafe & Spirits



The Wilde Roast Cafe is named after Oscar Wilde and is just as Victorian and eccentric as the famous writer. They serve breakfast and brunch

items, along with sandwiches, pizza and ice cream. You might want to try one of their signature cocktails like the Dorian Gray with Earl Grey vodka, basil, orange and lemonade.

Photo: solepsizm/Shutterstock.com Address: 65 Main St SE, Minneapolis

Opening hours: Sunday-Thursday: 7am-9pm,

Friday-Saturday: 7am-11pm Phone: +1 612 331 4544 Internet: www.wildecafe.com

#### The Birchwood Cafe



The Birchwood Cafe serves organic, locally-sourced food with plenty of vegan, vegetarian and gluten-free options. The

menu changes with the seasons and it's always carefully crafted.

Photo: Timolina/Shutterstock.com

Address: 3311 East 25th Street, Minneapolis

Opening hours: Monday-Thursday: 7.30am-8pm, Friday: 7.30am-9pm, Saturday: 8am-9pm, Sunday: 9am-9pm

Phone: +1 612 722 4474

Internet: www.birchwoodcafe.com Email: info@birchwoodcafe.com

More Info: Hours may change according to the season



#### French Meadow Cafe



Since 1985, French Meadow has been one of the leading cafes when it comes to thinking and acting organic. Promoting sustainable agriculture,

making and serving slow foods and generally providing a tasty little oasis of thoughtful and healthy living is their mission. Here you'll find vegan, vegetarian and gluten free options as well as a kids menu.

Photo: Losangela/Shutterstock.com

Address: 2610 Lyndale Ave S, Minneapolis Opening hours: Sunday-Thursday: 7am-9pm,

Friday-Saturday: 7am-10pm Phone: +1 612 870 7855

Internet: www.frenchmeadowcafe.com Email: info@frenchmeadowcafe.com

#### The Cafe Meow



The Cafe Meow is the first cafe in Minneapolis that has a cat lounge, where up to 15 rescue cats are waiting to receive your love in the

form of strokes. After entering the regular coffee shop selling hot beverages and pastries, you have to pay a fee to enter the cat lounge for an hour, but there are discounts on Tuesday and Thursday afternoons. All resident cats are available for adoption.

Photo: Mutita Narkmuang/Shutterstock.com Address: 2323 Hennepin Ave, Minneapolis Opening hours: Tuesday-Thursday: 11am-9pm, Friday-Saturday: 9am-9pm, Sunday: 10am-6pm

Phone: +1 612 212 8471 Internet: thecafemeow.com Email: thecafemeow@gmail.com

## Penny's Coffee



With its floor-to-ceiling windows, Penny's Coffee is perfect for indoor people watching on a rainy day. Crepes are their specialty, served

both with sweet and savory fillings.

Photo: Vladislav Noseek/Shutterstock.com Address: 100 S Washington Ave, Minneapolis Opening hours: Monday-Friday: 7am-5pm

Phone: +1 612 295 9761

Internet: www.pennyscoffee.com Email: people@pennyscoffee.com

More Info: Additional location at 3509 W 44th St,

Minneapolis, MN 55410

# **Sparrow Cafe**



This little cafe is very colorful, from the mural with birds on the wall to the mugs, plates and beautifully decorated muffins. All of the coffees

they serve at Sparrow Cafe are fair trade and organic, and they take pride in it. They also serve special flavors like amaretto coffee, maple latte and peppermint mocha, along with a good selection of teas.

Photo: beyhan baskurt/Shutterstock.com Address: 5001 Penn Ave S, Minneapolis

Opening hours: Monday-Friday: 6am-5pm, Saturday-Sunday:

7am-5pm

Phone: +1 612 353 5177 Internet: sparrowcafe.com Email: jasper@sparrowcafe.com



#### Cafe Astoria



At Cafe Astoria, the presentation of food and drinks is taken just as seriously as their quality. Come here for some amazing latte art, colorful

smoothie or oatmeal bowls, and crepes with a variety of fillings.

Photo: iMoved Studio/Shutterstock.com

Address: 180 Grand Ave, St Paul

Opening hours: Tuesday-Sunday: 6am-4.30pm

Phone: +1 651 340 9471 Internet: cafeastoria-stpaul.com Email: leah@cafeastoria-stp.com

## **BARS & NIGHTLIFE**



Dustin Gaffke/Flickr.com (image cropped)

Minneapolis nightlife could be everything from a cordial dinner combined with an entertaining cabaret to a wild and crazy night in a club or a pub crawl. Choose the option that best suits your tastes and make the most of your time in the city.

# First Avenue



The epitome of a rock and roll bar – some of the most legendary musicians and bands in history have played here. With two separate performance

spaces, the Mainroom and the smaller 7th St Entry, there's always a concert happening here. Check their calendar to plan an unforgettable night out.

Photo: Tony Webster/Flickr.com (image cropped)

Address: 701 N 1st Ave, Minneapolis

Opening hours: Monday-Friday: 11am-7.30pm (office hours)

Phone: +1 612 338 8388 Internet: www.first-avenue.com

#### **Brit's Pub**



As the name suggests, this is a British pub with wooden decor serving typical food, but it's not only that. Brit's Pub has also a rooftop bar, an

English Garden Park, a party lounge, two pool tables and a bowling lane open during summer. In short, there are plenty of reasons to spend the evening here.

 $Photo: John\ J\ Schroeder/Flickr.com\ (image\ cropped)$ 

Address: 1110 Nicollet Mall, Minneapolis

Opening hours: Daily: 11am-2am

Phone: +1 612 332 3908 Internet: www.britspub.com

# The Local



Bringing a taste of Ireland to the Midwest, The Local serves traditional Irish cuisine and has of course Guinness on tap. Come

here for an old world atmosphere, live matches and some good craic.

Photo: Parilov/Shutterstock.com

Address: 931 Nicollet Mall, Minneapolis

Opening hours: Monday-Saturday: 11am-2am; Sunday:

9am-2am

Phone: +1 612 904 1000



Internet: www.the-local.com

#### Dakota



This laid-back jazz club has hosted performances by notable artists like Bela Fleck, Blood Sweat & Tears, Bob Dylan, 10,000 Maniacs and Herb

Alpert. The Dakota also serves dinner and drinks, hosting events and concerts almost every night.

Photo: 135pixels/Shutterstock.com Address: 1010 Nicollet Mall, Minneapolis Opening hours: Monday-Friday: 4pm-12am,

Saturday-Sunday: 5pm-12am Phone: +1 612 332 1010

Internet: www.dakotacooks.com
Email: joe@dakotacooks.com

### Gay 90's



The name of the club says it all: submerge yourself in the 90's gay scene.

There are three separated dance floors, and you might also want

to check out the drag show upstairs. The six high quality bars guarantee drinks all night long.

Note that here it can get quite crowded at times.

Photo: Pressmaster/Shutterstock.com Address: 408 Hennepin Ave, Minneapolis Opening hours: Monday-Thursday: 10am-2am,

Friday-Sunday: 10am-3am Phone: +1 612 333 7755 Internet: www.gay90s.com

# Psycho Suzi's Motor Lounge



Psycho Suzi's Motor
Lounge is a tiki bar that
brings you into a different
world as you walking in.
Choose one of their three
themed bars and enjoy a

specialty drink like the Native's Curse with rum, passion fruit, coconut, and citrus. It will taste even better drunk from one of their signature tiki mugs.

Photo: Shyripa Alexandr/Shutterstock.com Address: 1900 Marshall St NE, Minneapolis

Opening hours: Monday-Wednesday and Friday: 11am-12am, Thursday: 11am-11pm, Friday: 11am-1am, Saturday-Sunday:

10am-12pm

Phone: +1 612 788 9069 Internet: www.psychosuzis.com

Email: mybrokendreams@psychosuzis.com

# **SHOPPING**



i elwynn/Shutterstock.com

Minneapolis has its part in retail history, with the largest mall in America situated in the city's downtown area. The Mall of America is one of the shopping destinations that should not be missed. In the town you will find everything from young designer stores to funky boutiques and major retailers on both sides of the Mississipi.



#### Mall of America



This place is so enormous it has its very own postcode. With over 500 stores, 70 restaurants, 14 movie screens, an 18 hole mini golf course and even

an amusement park, the Mall of America is the U.S.'s fifth most-visited attraction. Here you'll find all kinds of stores. Some brands you might recognize are: American Apparel, Banana Republic, Barnes & Noble, The Body Shop, Bose, Burberry, Calvin Klein Performance, Disney Store, Foot Locker, Guess, Macy's, Michael Kors and H&M.

Photo: Richie Diesterheft/Flickr.com Address: 60 E Broadway, Bloomington

Opening hours: Monday-Saturday: 10am-9.30pm, Sunday:

11am-7pm

Phone: +1 952 883 8800

Internet: www.mallofamerica.com Email: info@mallofamerica.com

#### Uptown



Uptown Minneapolis is a fashionable district and a popular shopping area.

There are both big chains like H&M or Urban

Outfitters and

independent shops selling just about anything from designer clothes and accessories to books, body care products and homeware. If you feel hungry after so much shopping, you'll find many restaurants and cafes to choose from.

Photo: gpointstudio/Shutterstock.com Address: Uptown Minneapolis

#### **North East Art District**



As in most cities, the worn down industrial areas sooner or later become the new hot spots after they've been established by the

creative crew. Minneapolis is no exception.

The Northeast Minneapolis Art District is home to a great number of artist studios, art galleries and performance spaces. Walk around this unique neighborhood distinguished by picturesque, family-run businesses, rail yards and industrial buildings, kitschy watering holes and a wide range of restaurants.

Photo: Alan Turkus/Flickr.com (image cropped)

Address: Northeast Minneapolis Art District, Minneapolis,

MN 55413

Internet: www.northeastminneapolisartsdistrict.org Email: info@northeastminneapolisartsdistrict.org

# Via's Vintage



Roam around Via's Vintage to find special items you won't find anywhere else. 2,000 square feet of clothing, shoes, accessories and

everything in between for both men and women can be found here. The merchandise is mainly from the period between the 20s and the 70s, but you might find something older or newer.

Photo: Falcon Eyes/Shutterstock.com

Address: 2408 Hennepin Avenue, South Minneapolis Opening hours: Monday-Friday: 11am-7pm, Saturday:

11am-6pm, Sunday: 12pm-5pm Phone: +1 612 374 3649 Internet: www.viasvintage.com

Email: vintage@viasvintage.com

# ArrivalGuides A LONELY BLANET COMPANY

#### **Downtown**



The downtown area of Minneapolis has the best of both worlds: the Nicollet Mall street with high-end boutiques and department stores, and

the 'Warehouse' district which features designer homeware and art galleries.

Photo: nikitsin.smugmug.com/Shutterstock.com

Address: Downtown Minneapolis

#### I Like You! Gifts



At this shop they sell home-made unique gifts, all by local artists and crafters. You'll find jewelry, ceramics and homeware, clothes,

stuffed toys and more.

Photo: soo hee kim/Shutterstock.com Address: 501 1st Ave. NE, Minneapolis

Opening hours: Tuesday-Friday: 11am-7pm, Saturday:

10am-6pm, Sunday: 11am-4pm Phone: +1 612 208 0249

Internet: www.ilikeyouonline.com Email: info.ilikeyou@gmail.com

# Mill City Farmers Market



At Mill City Farmers
Market you'll find the
freshest vegetables, fruit,
flowers, cheeses and
meats. Here you can go
from stall to stall and

appreciate all the local produce Minneapolis has to offer. Check the website to know the dates when the market will take place this month.

Photo: Jim Parkin/Shutterstock.com Address: 704 S 2nd St, Minneapolis Opening hours: Saturday: 10am-1pm Phone: +1 612 341 7580

Internet: www.millcityfarmersmarket.org Email: info@millcityfarmersmarket.org

More Info: The Winter Market is located inside the Mill City

Museum

# Candyland



Chocolate, jellies, caramel apples, fudge... at Candyland they have whatever your sweet tooth desires. Don't leave this store empty-handed

and don't miss their famous mix of sweet popcorn.

Photo: Caftor/Shutterstock.com Address: 27 S 7th St 6, Minneapolis

Opening hours: Monday-Wednesday: 9.30am-9pm,

Thursday-Saturday: 9.30am-10pm, Sunday: 10.30am-7.30pm

Phone: +1 612 332 7752

Internet: www.candylandstore.com Email: info@candylandstore.com

More Info: Additional location at Nicollet Mall, 811 Lasalle

Ave 104 Minneapolis, MN 55402

# **Target**



Target is one of the biggest retailers in the US and it's based right in Minneapolis. Therefore, a visit to their flagship store is mandatory. You'll

find good deals for a large variety of items like electronics, home ware, food, clothes and much more.

Photo: VTT Studio/Shutterstock.com Address: 900 Nicollet Mall, Minneapolis

Opening hours: Monday-Friday: 7am-10pm, Saturday:

9am-10pm, Sunday: 9am-9pm Phone: +1 612 338 0085 Internet: intl.target.com



#### **TOURIST INFORMATION**



photo.ua/Shutterstock.com

# Passport / Visa



Citizens of the Schengen countries, the United Kingdom, Ireland, Canada, Australia, New Zealand, Singapore, Japan, South Korea,

Taiwan and the Kingdom of Brunei can visit the United States for up to 90 days without applying for a visa (as well as citizens of Andorra, Lichtenstein, Monaco and San Marino). Citizens of these countries must obtain an ESTA (Electronic System for Travel Authorization) before traveling. All other travelers must obtain a visa before visiting the United States. International travelers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the country.

 $Photo: TukTuk\ Design/Shutterstock.com$ 

# **Best Time to Visit**



The best season to visit Minneapolis is summer, when the weather is nice and warm, except for some sporadic storms. Note that June, July and August are also the busiest months for tourism, so make sure to book in advance. Visiting in late spring or early autumn could be a good option to save some money. Wintertime can be a challenging season to be in Minneapolis due to the cold and snowfall, but you can find good deals and there are skiing facilities near the city.

Photo: VectorA/Shutterstock.com

# The Minneapolis-St Paul International Airport



Minneapolis-St. Paul International Airport (MSP) is nestled among several cities: Minneapolis, St. Paul and the suburban cities of

Bloomington, Eagan, Mendota Heights and Richfield.

There are a variety of services offering travelers transportation to and from the Minneapolis-St. Paul International Airport.

#### Bus service

From and to the airport you can take city bus service (Route 54) provided by Metro Transit. Pick up and drop off is situated outside the Terminal 1-Lindbergh Transit Center, on Level 1 of the Blue and Red parking ramps. www.metrotransit.org

+ 612 341 4287

#### Taxi service

Taxi service is provided at both terminals and from the airport it takes 20 minutes by car to downtown Minneapolis. It is about 12 miles from the airport to Minneapolis, with fares that cost around \$39-\$49.

If you have any questions regarding ground



transportation go to the Terminal 1-Lindbergh Ground Transportation booth on Level T where staff seven days a week from 6 am to midnight offer information, directions and other assistance to travelers.

Photo: Juan Garces

Address: 4300 Glumack Drive St. Paul (terminal 1)

Phone: +1 612 726 5555 Internet: www.mspairport.com

More Info: Terminal 2 at 7150 Humphrey Drive Minneapolis,

MN 55450

#### **Time Zone**



Minneapolis is in the Central time zone, and all times are reflected in Central time.

Photo: Marek Polakovic

# **Public Transport**



Minneapolis is compact and easy to get around. Metro Transit is the main public transportation operator in the Minneapolis-Saint Paul

area and one of the largest public transportation systems in the country. Travelling with the bus is a convenient and inexpensive way to get around.

Photo: Pierre-Luc Auclair Internet: www.metrotransit.org

#### Taxi Service



Taxi services are offered anywhere in the city centre. You can take a taxi at the Minneapolis Convention Center or at any hotel. You can also

call in advance for the service.

Yellow Cab

+1 844 774 7400

+1 612 644 6569

www.yellowtaxicabmn.com

MSP Airport Taxi Service +1 763 777 1303 www.goldandgreentaxi.net

Photo: Taxi

#### **Post**



Several offices of the United States Postal Service offices can be found in the city. The main one is located at 100 1st Street.

Photo: Andy Fuchs

Address: 100 1st St S, Minneapolis

Opening hours: Monday-Friday: 7am-8pm, Saturday:

9am-1pm

Phone: +1 800 275 8777 Internet: www.usps.com

# Pharmacy



You'll find several pharmacies in town, some of which are CVS and Walgreens pharmacies.
CVS 900 Nicollet Mall, Minneapolis, MN

55403



Monday-Friday: 7am-7pm, Saturday: 9am-6pm,

Sunday: 10am-6pm +1 612 338 5215

# Walgreens:

Photo: Gemma Garner

Address: 2650 Hennepin Ave, Minneapolis

Opening hours: Open 24 Hours Phone: +1 612 377 3308 Internet: www.walgreens.com

# Telephone

Country code: +1 Area

code: 612



Photo: Jardson Almeida

# **Electricity**

110V - 60Hz



Photo: Stirling Tschan

# **Population**

422,331

## Currency

US Dollar (\$) = 100 cents

#### **Opening hours**

Shopping malls are usually open: Mon-Sat: 10am-9:30pm

Sun: 11am-7pm

## Newspapers

www.citypages.com www.startribune.com www.mndaily.com www.downtownjournal.com

# **Emergency numbers**

911

#### **Tourist information**

Minneapolis Visitor Information 505 Nicollet Mall, Suite 100, Minneapolis +1 612 397 9278 www.minneapolis.org/visitor-information