



Photo: brewbooks/Flickr.com

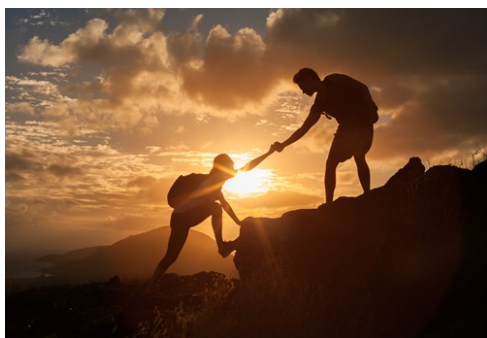


CSNafzger/Shutterstock.com

As the sight of the five Olympic Rings and the 1960 Winter Olympics, the eponymous Olympic Valley remains an international symbol of sportsmanship. Decades later, Olympic skiers and snowboarders still come to Olympic Valley to train on the resort's advanced ski slopes and terrain parks, while novice and intermediate skiers explore the nearby paths suited to their skill levels. Olympic Valley is the second largest ski area in the Lake Tahoe Region.



James.Pintar/Shutterstock.com



KieferPix/Shutterstock.com

# QUIZ

*What Type of Traveller  
Are You Based on  
Your Travel IQ?*

**TAKE THE QUIZ**

### Top 5



#### Trilogy Spa

Relax at the Trilogy Spa after a long day outdoor and let yourself be spoiled...



#### Matt Heron Fly Fishing

A flying fishing school with a variety of programs available as daily classes...



#### SnoVentures Activity Zone

SnoVentures is a family-oriented area at the base of the resort offering activities...



#### Olympic Museum

Videos and memorabilia highlighting the 1960 Winter Olympics are on display...

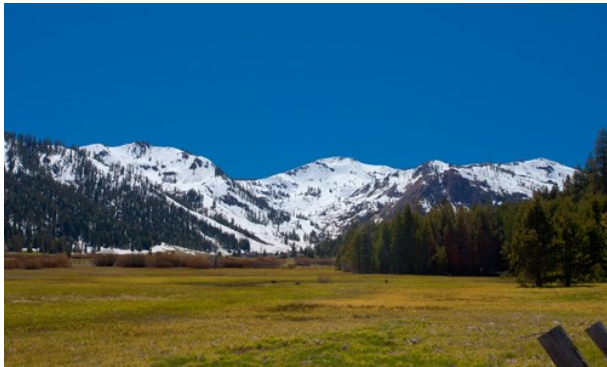


#### High Camp

Sitting at an elevation of 8,200 ft, High Camp is the core of Olympic Valley...



## THE CITY



*the\_tahoe\_guy/Flickr.com (image cropped)*

The unincorporated community of Olympic Valley went through several transformations before finding its niche as a premier skiing destination in the United States. Its first inhabitants were Washoe Indians, who traveled to the valley during the summer to hunt and forage. White settlers traveling through the area in the 1800s coined Olympic Valley's more common name, Squaw Valley, when they noticed the Washoe women, known as squaws, foraging in the valley.

Squaw Valley's journey to its current fame began with the opening of the Squaw Valley Ski Resort in 1949. In 1955, owner Alex Cushing convinced the International Olympic Committee to allow Squaw Valley to host the 1960 Olympic Games, despite the fact that the fledgling resort only had one lift and a 50-room lodge at the time.

With several improvements and upgrades, Olympic Valley became the smallest place to ever host the Olympic Games. These games were also the first to ever be televised live. Since the 1960s Olympic Valley has grown into a well-renowned ski resort. With the shopping, dining, and lodging options that have sprung up in the valley, as well as its proximity to Lake Tahoe and California state parks, there is plenty to do in the Olympic Valley area during the

summer and winter.

## DO & SEE



*gorillaimages/Shutterstock.com*

If you decide not to spend every waking minute of your visit to Olympic Valley on the slopes, there are other activities to be pleased with. Visitors can enjoy spa treatments, family-made snow tubing at SnoVentures, or a journey on the aerial tram. Summer activities include golf, hiking, wall climbing, fishing and more.

### Trilogy Spa



Relax at the Trilogy Spa after a long day outdoor and let yourself be spoiled by massages, skincare and award-winning body treatments available for individuals, couples and groups.

Photo: Maksim Shmeljov/Shutterstock.com

Address: 1850 Village South Road, Olympic Valley

Opening hours: Daily: 10am-5pm. Closed Tuesday and Wednesday

Phone: +1 530 584 6125

Internet: [www.trilogyspa.com](http://www.trilogyspa.com)



### Matt Heron Fly Fishing



A flying fishing school with a variety of programs available as daily classes, guided trips and children's programs.

Photo: Annette Shaff/Shutterstock.com

Address: 400 Squaw Creek Road, Olympic Valley

Phone: +1 518 225 6587

Internet: mattheronflyfishing.com

Email: mattheronflyfishing@gmail.com

### SnoVentures Activity Zone



SnoVentures is a family-oriented area at the base of the resort offering activities for skiing and snowboarding beginners. Visitors can

enjoy mini snowmobiles and an array of snow tubing for both adults and kids.

Photo: tammykayphoto/Shutterstock.com

Address: 1651 Squaw Valley Road, Olympic Valley

Phone: +1 800 403 0206

Internet: squawalpine.com/zones/snoventures

More Info: A free shuttle connects SnoVentures with Squaw Valley parking area

### Olympic Museum



Videos and memorabilia highlighting the 1960 Winter Olympics are on display in this characteristic museum, including authentic

uniforms of the USA team, current Squaw Valley athlete memorabilia and a hockey stick and puck from 1960 Winter Games. Admission is free with Aerial Tram ticket.

Photo: Mikhail Olykainen/Shutterstock.com

Address: 1960 Squaw Valley Road, Olympic Valley

Opening hours: Daily: 9am-4pm

Phone: +1 800 403 0206

Internet:

[www.squawalpine.com/events-things-do/olympic-museum](http://www.squawalpine.com/events-things-do/olympic-museum)

### High Camp



Sitting at an elevation of 8,200 ft, High Camp is the core of Olympic Valley's summer activities and has to be reached by a tram ride above the

stunning mountainscape. Once there, visitors may want to take advantage of the many activities offered, including: disc golf, geocaching, snowshoeing, tennis and hiking or just relax in the outdoor pool and hot tub.

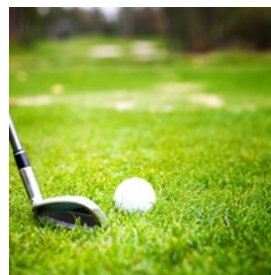
Photo: Ray Bouknight/Flickr.com (image cropped)

Address: 1960 Squaw Valley Road, Olympic Valley

Phone: +1 800 403 0206

Internet: [www.squawalpine.com/events-things-do/high-camp-pool-hot-tub](http://www.squawalpine.com/events-things-do/high-camp-pool-hot-tub)

### Resort at Squaw Creek Golf Course



The Resort at Squaw Creek, just at the base of Squaw Valley, proposes a 18-hole championship course which has 10 years of perfection

behind. Designed by the illustrious Robert Trent Jones Jr., the course is a NCGA Affiliated Golf Course.

Photo: Krzysztof Urbanowicz/Flickr.com (image cropped)

Address: 400 Squaw Creek Road, Olympic Valley

Phone: +1 530 583 6300

Internet: [www.squawcreek.com/lake-tahoe-golf.php](http://www.squawcreek.com/lake-tahoe-golf.php)

### Aerial Tram



Being one of Squaw Valley's most popular attraction, the Aerial Tram isn't just a way to get around the mountains, it's also an opportunity to fully enjoy their beauties. A 10 minute ride will in fact offers a 360° view of the surrounding Sierra Nevada and of Lake Tahoe.

Photo: Frank Schulenburg/WikimediaCommons (image cropped)

Address: 1990 Squaw Peak Road, Olympic Valley

Opening hours: 9am-4pm for sightseeing 9am-1:30pm for skiing

Phone: +1 800 403 0206

Internet: [squawalpine.com/events-things-do/aerial-tram-rides](http://squawalpine.com/events-things-do/aerial-tram-rides)

### Squaw Valley Adventure Center



The Squaw Valley Adventure Center is home to a variety of activities for the entire family, including wall climbing, ropes course, mini golf, bungee trampoline and the Aerial Adventure Parks. The Adventure Center is even a National Geographic Featured GeoTourism Destination.

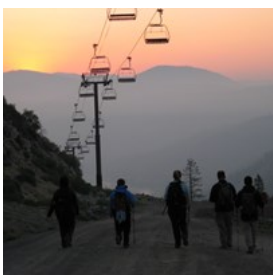
Photo: Alxcrs/Shutterstock.com

Address: 1960 Squaw Valley Road, Olympic Valley

Phone: +1 530 581 7563

Internet: [www.tahoetreetop.com](http://www.tahoetreetop.com)

### Hiking



A number of trails with varying degrees of difficulty in navigability are available throughout the Squaw Valley and Lake Tahoe area for hikers to explore.

Photo: Thomas Kriese/Flickr (image cropped)

Address: 1960 Squaw Valley Road, Olympic Valley

Internet:

[squawalpine.com/events-things-do/hiking-squaw-valley](http://squawalpine.com/events-things-do/hiking-squaw-valley)

### DINING



*Kirill Guzhvinsky7Shutterstock.com*

The gastronomical variety is more than fair for such a small resort community. Here restaurants are located both on the mountains and in The Village on the valley below, serving complete meals as well as quick snacks. Some restaurants are only open during ski season so check them out in advance.

### 22 Bistro



22 Bistro offers great drink and appetizer specials in addition to its already reasonable prices. Everyone who tries them raves about their sweet potato fries, which come with three dipping sauces.

Photo: Brent Hofacker/Shutterstock.com

Address: 1995 Squaw Valley Road, Olympic Valley

Opening hours: Sunday-Thursday: 11am-9pm

Friday-Saturday: 11am-10pm.

Phone: +1 530 584 6170

Internet: [www.22bistro.com](http://www.22bistro.com)

Email: [twentytwobistro@gmail.com](mailto:twentytwobistro@gmail.com)

### Fireside Pizza Company



In addition to its award-winning gourmet pizza, Fireside Pizza Company also serves a variety of sandwiches, salads, soups, pastas.

Photo: Zodiacphoto/Shutterstock.com

Address: 1985 Squaw Valley Road, Olympic Valley

Opening hours: Monday-Thursday: 12am-9pm Friday:

12am-10pm Saturday: 11:30am-10:00pm Sunday:

11:30am-9:00pm

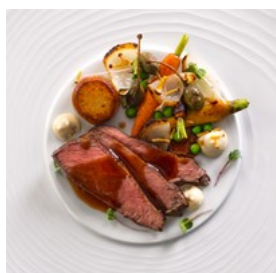
Phone: +1 530 829-0982

Internet: [www.firesidepizza.com](http://www.firesidepizza.com)

Email: [firesidepizzacompany@gmail.com](mailto:firesidepizzacompany@gmail.com)

More Info: Opening hours may vary

### PlumpJack Cafe & Bar



The PlumpJack Cafe is a fine dining restaurant with a full bar and a menu based only on fresh, local ingredients. It also boasts an

award-winning wine list.

Photo: Mateusz Gzik/Shutterstock.com

Address: 1920 Squaw Valley Road, Olympic Valley

Opening hours: Lunch and dinner daily: 11.30am-10pm

Phone: +1 530 583 1578

Internet: [plumpjackcafe.com](http://plumpjackcafe.com)

Email: [svi@plumpjack.com](mailto:svi@plumpjack.com)

More Info: Happy Hour: Monday-Friday 2pm-4pm

### Cornice Cantina Mexican Bar & Grill



During the day, Cornice is a traditional Mexican eatery, where families can gather over chips with house-made salsa or fresh guacamole. At

night, DJs spin a great mix of dance tunes late into the night while the bar doles out drink

specials.

Photo: George Dolgikh/Shutterstock.com

Address: 1725 Squaw Loop Road, Olympic Valley

Opening hours: Sunday-Thursday: 11:30am-8pm,

Friday-Saturday: 11:30am-9pm

Phone: +1 530 452 4362

Internet: [squawalpine.com/events-things-do/cornice-cantina](http://squawalpine.com/events-things-do/cornice-cantina)

### Graham's at Squaw Valley



With a rustic mountain lodge feel, Graham's serves up delicious food and has an extensive wine list. Here classic Californian dishes are

infused in the flavors of Mediterranean and Middle East cuisine.

Photo: Martin Gaal/Shutterstock.com

Address: 1650 Squaw Valley Road, Olympic Valley

Opening hours: Wednesday-Saturday: 5pm-10pm

Phone: +1 530 581 0454

Internet: [www.dinewine.com](http://www.dinewine.com)

### Six Peaks Grille



This fine dining restaurant owns its name to the six peaks of Squaw Valley, which will be within your view while you dine. Six Peaks Grille

serves dishes that use fresh and sustainable ingredients from around the region and is also popular for its signature cocktails and an extensive wine list.

Photo: AMatveev/Shutterstock.com

Address: 400 Squaw Creek Road, Olympic Valley

Opening hours: Wednesday-Sunday: 5pm-10pm

Phone: +1 530 581 6621

Internet: [www.squawcreek.com/six-peaks-grille.php](http://www.squawcreek.com/six-peaks-grille.php)



## CAFES



Yermolov/Shutterstock.com

You can get a cup of coffee just about anywhere, but why stop there? There are endless kind of treats available along Olympic Valley, as freshly-prepared smoothies, Belgian waffles, salty snacks and pastries.

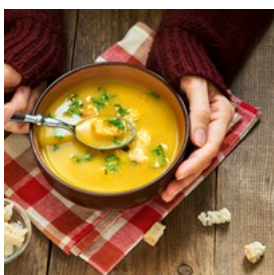
### Euro Snack



Although it is just a small kiosk, Euro Snack has become a favorite place for diners visiting Squaw Valley. Their menu items include Belgian waffles and "frog dogs," which are hot dogs served in a French baguette.

Photo: Carlos Huang/Shutterstock.com  
Address: 1990 Squaw Peak Road, Olympic Valley  
Opening hours: Monday-Friday: 8am-6pm Saturday-Sunday: 7am-7pm  
Phone: +1 530 581 0600  
Internet: [squawalpine.com/events-things-do/euro-snack](http://squawalpine.com/events-things-do/euro-snack)

### Soupa



In addition to its hearty, slow-cooked soups, all of which are gluten-free, Soupa also serves sandwiches and other fare to warm you up after a day on the slopes. Their soups change daily.

Photo: Oksana Mizina/Shutterstock.com  
Address: 1995 Squaw Valley Road, Olympic Valley  
Opening hours: Daily: 11am-4pm  
Phone: +1 530 584 6190  
Internet: [www.uncorkedtahoe.com/locations/soupa](http://www.uncorkedtahoe.com/locations/soupa)

### Mountain Nectar



Mountain Nectar is your destination for quick food options. Find a menu of bagels and wraps, all served alongside freshly-squeezed juices, blended smoothies, and specialty coffees and teas.

Photo: photographer lek/Shutterstock.com  
Address: 1985 Squaw Valley Road, Olympic Valley  
Opening hours: Daily: 8am-3pm  
Phone: +1 530 584 6161  
Internet: [squawalpine.com/events-things-do/mountain-nectar](http://squawalpine.com/events-things-do/mountain-nectar)

### Wildflour Baking Company



Nothing hits the spot after a day of skiing quite like a hot, fresh-from-the-oven cookie with a piping hot mug of hot chocolate or coffee. Besides home-baked treats, Wildflour's menu also includes breakfast fare and lunches.

Photo: Yanya/Shutterstock.com  
Address: 1990 Squaw Peak Road Olympic Valley  
Opening hours: Daily: 7am-7pm  
Phone: +1 530 583 1963  
Internet: [squawalpine.com/events-things-do/wildflour-baking-company](http://squawalpine.com/events-things-do/wildflour-baking-company)

### Dave's Deli



Dave's Deli is a small, quick stop shop that serves soups, sandwiches, and snacks. Located on the lower level of the Olympic House.

Photo: Balibaz/Shutterstock.com

Address: 1960 Squaw Valley Road, Olympic Valley

Opening hours: Daily: 8am-4:30pm during ski season

Phone: +1 530 581 1085

## BARS & NIGHTLIFE



sibiranna/Shutterstock.com

Many of the local restaurants have full service bars and stay open until late for dancing, drinking, and socializing.

### Uncorked Wine Bar & Shop



Enjoy a glass of wine from the bar's daily-changing selection while listening to live music, or stop in for a wine tasting or

winemaker event. Favorites are the boutique wines and expert cheeses to pair with them.

Photo: Yulia Grigoryeva/Sutterstock.com

Address: 1750 Village East Road, Olympic Valley

Opening hours: Monday-Thursday: 2pm- 8pm Friday:

2pm-10pm Saturday: 12pm-10pm Sunday: 12pm-8pm

Phone: +1 530 584 6090

Internet:

<https://www.uncorkedtahoe.com/locations/squaw-valley>

More Info: Opening hours may vary upon season

### Sandy's Pub



Sandy's is a casual bar with TVs broadcasting sports games and an exceptional menu featuring tasty pub food, including the restaurant's

famous ribs. Sandy's also offers al fresco dining.

Photo: Nomad\_Soul/Shutterstock.com

Address: 400 Squaw Creek Road, Olympic Valley

Opening hours: Monday-Thursday: 11am-11pm

Friday-Sunday: 11am-12pm

Phone: +1 530 581 6617

Internet: <https://www.destinationhotels.com/squawcreek/dining/lake-tahoe-sports-bars>

### Le Chamois & The Loft Bar



This is a favorite spots for locals to grab a beer and a slice of pizza after a long day on the slopes. Le Chamois also has a full

bar offering beer, wine, and even sake.

Photo: Lucky Business/Shutterstock.com

Address: 1960 Squaw Valley Road, Tahoe City

Opening hours: Daily: 11am-7pm

Phone: +1 530 583 4505

Internet: [www.squawchamois.com](http://www.squawchamois.com)

Email: [chamoissquaw@gmail.com](mailto:chamoissquaw@gmail.com)

More Info: Open daily on winter, closed on summer

### McP's Taphouse Grill



McP's offers a good selection of spirits and craft beers and has live entertainment featuring local jazz, blues and rock and roll musicians. Check the online calendar for the bands schedule.

Photo: Studio 72/Shutterstock.com

Address: 4125 Lake Tahoe Boulevard, South Lake Tahoe

Opening hours: Daily: 11am-2am

Phone: +1 530 542 4435

Internet: <http://www.mcpspub.com/>

Email: [info@mcpspubtahoe.com](mailto:info@mcpspubtahoe.com)

### Auld Dubliner Irish Pub & Restaurant



With the look and feel of a traditional Irish pub and contemporary Irish fare, you are sure to leave with your belly full and your spirits high. Weekly events are held as well.

Photo: Nejron Photo/Shutterstock.com

Address: 1850 Village South Road, Olympic Valley

Opening hours: Daily: 11am-2am

Phone: +1 530 584 6041

Internet: [www.aulddublinertahoe.com](http://www.aulddublinertahoe.com)

Email: [info@aulddublinertahoe.com](mailto:info@aulddublinertahoe.com)

More Info: Happy Hour 2pm-4pm daily

## SHOPPING



*gpointstudio/Shutterstock.com*

There are quite a few sporting wares shops in The Village. You can also find specialty shops, selling everything from wine and delicatessen, to handmade goods and souvenirs.

### Parallel Mountain Sports



Find everything you need to hit the slopes, at Parallel Mountain. From skis and custom-fitted ski boots, to bike rentals and swimwear during

summer, they have it all. Be on the lookout for seasonal sales.

Photo: Dinga/Shutterstock.com

Address: 1960 Squaw Valley Road, Olympic Valley

Opening hours: Sunday-Thursday: 8am-6pm Friday-Saturday: 8am-7pm

Phone: +1 530 452 4478

Internet: [www.squawalpine.com/events-things-do/parallel-mountain-sports](http://www.squawalpine.com/events-things-do/parallel-mountain-sports)

### Lather & Fizz Bath Boutique



Lather & Fizz is a lovely bath and body shop with handmade bath and body products such as bath bombs, sugar scrubs and body lotions.



Photo: Nataliip/Shutterstock.com

Address: 1850 Village South Road, Olympic Valley

Opening hours: Sunday-Thursday: 10am-5pm

Friday-Saturday: 10am-6pm

Phone: +1 530 584 6001

Internet: [www.latherandfizz.com](http://www.latherandfizz.com)

### Kalifornia Jean Bar



All of the biggest brands in blue jeans can be found at this laid-back boutique with West Coast flair.

Photo: eranicle/Shutterstock.com

Address: 1880 Village South Road, Olympic Valley

Opening hours: Sunday-Thursday: 10am-6pm

Friday-Saturday: 10am-7pm

Phone: +1 530 581 5326

Internet:

[www.squawalpine.com/events-things-do/kalifornia-jean-bar](http://www.squawalpine.com/events-things-do/kalifornia-jean-bar)

### PlumpJack Sports



PlumpJack Sports has outerwear that is both fashionable and functional for your days on the slopes. They also carry summerwear and

clothing that's night-worthy.

Photo: RossHelen/Shutterstock.com

Address: 1995 Squaw Valley Road, Olympic Valley

Opening hours: Monday-Thursday: 10am-5pm Friday-Sunday:  
9am-6pm

Phone: +1 530 584 6181

Internet: [www.plumpjacksport.com](http://www.plumpjacksport.com)

Email: [info@plumpjack.com](mailto:info@plumpjack.com)

### Squaw One Logo Company



The Squaw One Log Company shop is the only place where you can find official Squaw merchandise as well as a well-stocked assortment of souvenirs.

Photo: DGLimages/Shutterstock.com

Address: 1995 Squaw Valley Road, Olympic Valley

Opening hours: Sunday-Thursday: 10am-5pm

Friday-Saturday: 10am-6pm

Phone: +1 530 584 6250

Internet: [www.squawalpine.com/events-things-do/squaw-one-logo-company](http://www.squawalpine.com/events-things-do/squaw-one-logo-company)

### Squaw Valley Outfitters



At Squaw Valley Outfitters you will find everything you may need for Squaw Valley's outdoor activities. From helmet to footwear, this shop can provide the whole family with complete skiing and snowboarding outfits.

Photo: Sergey Ryzhov/Shutterstock.com

Address: 1985 Squaw Valley Road Olympic Valley

Opening hours: Daily: 10am-5pm

Phone: +1 530 452 4379

Internet:

[squawalpine.com/events-things-do/squaw-valley-outfitters](http://squawalpine.com/events-things-do/squaw-valley-outfitters)

## TOURIST INFORMATION



David Litman/Shutterstock.com

### Passport/Visa



Citizens of the Schengen countries, the United Kingdom, Ireland, Canada, Australia, New Zealand, Singapore, Japan, South Korea,

Taiwan and the Kingdom of Brunei can visit the United States for up to 90 days without applying for a visa (as well as citizens of Andorra, Lichtenstein, Monaco and San Marino). Citizens of these countries must obtain an ESTA (Electronic System for Travel Authorization) before traveling. All other travelers must obtain a visa before visiting the United States.

International travelers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the country.

Photo: TukTuk Design/Shutterstock.com

### Best Time to Visit



Olympic Valley boasts a considerably long skiing and snowboarding season which may last until spring, while summer months are the most

popular among tourists.

The best time for skiing is between January and the beginning of March; to avoid the crowd and at the same time experience all the valley can offer at a reasonable price, the best period is from April to May.

If you're planning a visit in March don't miss out WinterWonderGrass bluegrass music and brew festival.

Photo: VectorA/Shutterstock.com

Internet: WinterWonderGrass official webpage:

<http://www.winterwondergrasstahoe.com>

### Reno-Tahoe International Airport



Olympic Valley is served by the Reno-Tahoe International Airport, located 45 miles away. Take a shuttle or cab from the airport to the

Lake Tahoe Region. Several car rental companies are also available at the airport.

Photo: Juan Garces

Address: 2001 E Plumb Lane, Reno

Phone: +1 775 328 6400

Internet: [www.renoairport.com](http://www.renoairport.com)

### Public Transport



Regional buses operated by Tahoe Area Regional Transit (TART) run daily, with buses and shuttles linking Squaw Valley with Truckee and Tahoe

City.

A Park and Ride service is also available on weekends and holidays from Truckee.

Photo: Pierre-Luc Auclair



Phone: +1 530 550 1212

Internet: <https://tahoetruckeetransit.com/>

### Taxi



Squaw Valley Taxi/Taxi  
Tahoe +1 530 584 6244  
Fast Taxi +1 530 583  
6699 Anytime Taxi +1  
530 414 4187

Photo: ArrivalGuides

### Post



United States Postal  
Service

Photo: Andy Fuchs

Address: 1600 Squaw Valley Road, Olympic Valley

Opening hours: Monday-Friday: 10am-12pm 1:30pm-4pm

Saturday & Sunday: Closed

Phone: +1 530 583 5126

Internet: [https://tools.usps.com/go/POLocatorDetailsAction!input.action?&radius=20&locationType=po&locationTypeQ=po&locationID=1440625&utm\\_source=google-my-business-url&utm\\_medium=search&utm\\_campaign=yext](https://tools.usps.com/go/POLocatorDetailsAction!input.action?&radius=20&locationType=po&locationTypeQ=po&locationID=1440625&utm_source=google-my-business-url&utm_medium=search&utm_campaign=yext)

### Pharmacy



The nearest pharmacies  
are located in Tahoe City  
and Truckee. CVS 850  
North Lake Boulevard,  
Suite 14, Tahoe City, CA  
96145 +1 530 584

0244

Rite Aid

11230 Donner Pass Road, Truckee, CA 96161

+1 530 587 5296

Photo: Gemma Garner

### Telephone



Country code: +1 Area  
codes in Olympic Valley:  
530

Photo: Jardson Almeida

### Electricity



Two-prong plugs are used  
for the 100-volt outlets  
found in the U.S.

Adapters for European  
electronics can be found  
at most major electronics

and retail stores.

Photo: Stirling Tschan

### Population

1,366

### Currency

\$1 U.S. = 100 cents

### Opening hours

General opening hours for stores are 10am until 7.30pm.

### Newspapers

The Lakeside News  
The Sacramento Bee

### Emergency numbers

911

### Tourist information

Tahoe City Visitor Information Center  
100 North Lake Blvd, Bottom floor  
96145 Tahoe City, CA 96145  
Tel.: +1 530 581 6900

Squaw Valley Ski Corporation  
1960 Squaw Valley Road  
96146 Olympic Valley CA  
United States  
Tel.: +1 530 583 6985