



Photo: Gerardo Borbolla/Shutterstock.com



Tony Moran/Shutterstock.com

Toulon is a genuine incarnation of Provence, not one of those garishly painted souvenir shops some other towns along the Riviera seem to have turned into. Toulon smells of real lavender and thyme in the market places, of salty sea breeze that wafts through the coastline, and of a vibrant yet relaxing atmosphere that attracts locals and visitors alike.



 $Redaction_Web/Pixabay.com$



Metallier/Pixabay.com



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THE CITY



alexsrbija/Pixabay.com (image cropped)

Ever since the Sun King proclaimed Marseille as the centre of French trade at the Mediterranean sea, Toulon's harbour was only of second choice: in its sheltered bay, it accommodated and built the French navy and so it has remained until today. Toulon is the home port for French aircraft carriers and other naval ships: the military base and the Navy's shipyards occupy a large area in the western part of town, and with its several miles of quays, it is a town within a town itself, now hosting yachts and fishing boats and sailing ships as well.

Further to the west, undulating hills and the Château Vallon Cultural Centre arise, and squeezed between the railway station and the yacht harbour, the Old Town and its maze of little alleyways, fountains and delightful squares like le Cours Lafayette (also called le Marché Provence) emerge.

To the Southeast, the village Mourillon awaits you with fine old residences of the haute bourgeoisie, lively vegetable markets and above all, sandy beaches, while to the north, the mountain of le Mont Faron towers over the town. Take the cableway up to the top for a magnificent view over the turquoise bay.

DO & SEE



InnervisionArt/Shutterstock.com

Toulon is the very soul of Provence, as this huge military port reveals its sunny charm nearly all year long: while breathing in the breeze of the majestic sea, you can also take in the fragrances of Provence herbs and oils while experiencing a culturally rich atmosphere that heartily welcomes you to everywhere.

Marine Museum



La Musée De La Marine is the right place for learning about the town's maritime history: from the lives of galley slaves to the attacks of pirates

led by Redbeard – not to mention the young Captain Napoleon Bonaparte who helped to destroy the town after it had been handed over to the English after the Revolution.

Photo: sirtravelalot/Shutterstock.com Address: Place Monsenerque, Toulon

Phone: +33 4 224 202 01 Internet: www.musee-marine.fr Email: toulon@musee-marine.fr



The Memorial Museum to the Landing in Provence



As many tourists are not aware that the Allied landings on the coasts of France took not only place in the Normandy but also here in the

Provence, in August 1944, this place shows off those happenings. Head here for refreshing your historical knowledge.

Photo: davric/Wikimedia.org (image cropped)

Address: Route du Faron, Toulon

Opening hours: Jul-Aug daily 10am-7:15pm. Sep-Oct daily

10am-12:30pm and 1:15 pm-7:15pm

Phone: +33 4 948 808 09

More Info: Summit of Mont Faron

Museum of Fine Arts



This art museum houses exquisite paintings from the School of Provence as well as an exhibition about natural history with everything there is to

know about the region's wildlife and minerals. Head here for broaden your mind.

Photo: Ysbrand Cosij/Shutterstock.com

Address: 113 Boulevard Maréchal Leclerc, Toulon

Opening hours: Tue-Sun 12pm-6pm

Phone: +33 4 943 681 01

Mountain Faron



Le Mont Faron, the mountain Faron, is an impressive mountain with amazing views over the bay, and if the mistral is not blowing too strongly,

you can get up by cable car. Ask at the office about current conditions, and do take the chance

if possible.

Photo: 27582844@N04/Flickr.com (image cropped) Address: Boulevard Amiral Jean Vence, Toulon

Phone: +33 4 949 268 25

Internet: www.telepherique-faron.fr/

Puget Square



If you are longing for a break from sightseeing, then take a delightful stroll from this charming little square, with a fountain covered in

greenery, through the Old Town's best-known street down to the harbour. You will see and experience a lot without feeling overwhelmed.

Photo: SiefkinDR/Wikimedia.org (image cropped)

Address: Place Pierre Puget, Toulon

Fortifications



There are about 40 different fortifications all around the bay, and the oldest of them dates back to the 16th century. While of them show off their

majesty from afar, you can actually visit two of them: Fort Balaguier and La Tour Beaumont.

Photo: Rama/Wikimedia.org (image cropped)

Address: Toulon

Toulon Cathedral



The blended styles of the Roman Catholic church (Cathédrale Sainte-Marie-de-la-Seds) date back to the 11th century although it could

almost be classified as post-modern. As a concentrate of church architecture throughout



the centuries, it features a fascinating mixture of styles that wait to be explored.

Photo: Chabe01/Wikimedia.org (image cropped) Address: 55 Place de la Cathédrale, Toulon

Phone: +33 4 942 792 60

Internet: www.diocese-frejus-toulon.com
Email: accueil@diocese-frejus-toulon.com

Cours Lafayette Market



Le Cours Lafayette represents the Provence in a nutshell, as its market stalls feature scents, tastes and sounds from all over the region.

While the offer of produces is already worth the visit, you will also meet friendly people and a wonderful atmosphere.

Photo: Ditty about summer/Shutterstock.com

Address: Le Cours Lafayette, Toulon

Mayol Stadium



Stade Mayol is Toulon's stadium and it can hold up to 15,000 people.
While it is used for different purposes, it now mainly hosts Rugby

games so do have a look whether there are upcoming games for you to catch.

Photo: x1klima/Flickr.com (image cropped) Address: Quai Joseph Lafontan, Toulon

Internet:

www.rctoulon.com/en/club/key-locations/the-stadium-mayol/

Toulon Opera



The Opera house is a lovely 19th century building, and it is a must when staying in Toulon.
Go to a concert and listen to beautiful classical

music or just see what the opera production is on while you are here for your visit.

Photo: daffyduke/Flickr.com (image cropped) Address: Boulevard de Strasbourg, Toulon

Phone: +33 4 949 303 76 Internet: www.operadetoulon.fr Email: contact@operadetoulon.fr

Alexandre 1er Garden



Jardin Alexandre 1er is a beautiful garden located in central Toulon, quite perfect for a short break during sightseeing. Go there for a walk and just

try to relax, while also taking in the different senses in this tranquil environment.

Photo: Chabe01/Wikimedia.org (image cropped) Address: lace Gabriel Péri, Toulon

Michel Estades Gallery



Galerie Michel Estades is an interesting gallery all dedicated to art. While you can enjoy the art of contemporary painters from the 20th century, do

also have a look at magnificent glass and sculptor pieces.

Photo: Rawpixel.com/Shutterstock.com Address: 22 Rue Henri Seillon, Toulon Opening hours: Tue-Sat 10:30am-6:30pm.

Phone: +33 4 948 949 98 Internet: www.estades.com



Email: galerie.toulon@estades.com

More Info: From Jul-Aug, the gallery is open 10:30am-1pm and 4pm-7pm.

Old Town



The Old Town is situated between the Stade Mayol and the naval base, and it does spread some atmosphere that you don't want to miss out.

Although there are not that many restaurants you will find a few hidden cafes to sit and relax at, and you can stroll around at the daily market for enjoying refreshing snacks.

Photo: Ashley Basil/Flickr (image cropped)

Address: Old Town, Toulon

Royal Tower



Le Tour Royale, as Royal Tower, is a fort originally built for protecting the port of Toulon in the 16th century. As there is a foot path for you to walk

along, you can breathe in that atmosphere while also enjoying the beach and a beautiful view of the harbour.

 $Photo: SiefkinDR/Wikimedia.org\ (image\ cropped)$

Address: Avenue de la Tour Royale, Toulon

Opening hours: Jul-Sep: Wed, Sat-Sun 9am-12pm and

2pm-6pm

Phone: +33 4 943 630 18

More Info: Guided tours take place at 10:30 am and 3:30 pm.

Toulon Bay



Here at Rade de Toulon, you can take a boat onto the open sea for viewing Toulon and its harbour from a different perspective. While this is

a good way of starting your tour of Toulon, it can also be a great closing - however, make sure that you take a boat where a meal is included.

 $Photo: 12195219@N02/Flickr.com\ (image\ cropped)$

Address: Quai Cronstadt, Toulon

Cuverville Statue



Located on the marina, this statue embodies The Genie of Navigation. While it was already molded in 1801, it got destroyed during the

World War II, restored in the following years, and proudly standing here ever since. While it affectionately got baptized "Cuverville", in memory of an admiral of same name, it also stands for the easy joke of "Cuverville" meaning "bottom towards the city".

Photo: styeb/Flickr.com (image cropped)

Address: Port de Toulon, Toulon

Statue of Men Playing Cards



In the Old town, the statue of men playing cards – le Partie des Cardes de Raimu – reminds of Provence's folklore and of Marcel

Pagnol's picturesque novels. As this is a nice place for taking original pictures, sit down here and have a (funny) break.



Photo: Eugenio Marongiu/Shutterstock.com Address: Place Raimu Square, Toulon

Natural History Museum



This museum hosts exhibitions of the local flora and fauna and, relocated in 2011 to a much bigger space, shows off many species

that you may did not know before. Head here for getting an impression of nature's fascinating wildlife.

Photo: K.Anisko/Shutterstock.com Address: Jardin du Las, Toulon Opening hours: Tue-Sun 9am-6pm

Phone: +33 4 839 544 20 More Info: The entrance is free.

Botanical Garden Pont du Las



Right next to the Natural History Museum, the botanical garden hosts rare and unusual plants and fossils. As this is a nice place to stroll

around, come here and enjoy the weather, especially during spring and summer season.

Photo: Dar1930/Pixabay.com (image cropped)

Address: Jardin du Las, Toulon Phone: +30 4 839 544 20 Email: museum@var.fr

DINING



futuristman/Shutterstock.com

In Provence, just walking around hills and fountains will give you a good idea of what to expect in the restaurants: scents of thyme, rosemary and fresh vegetables in olive oil hanging in the air. It is, however, mainly simple food, as a little tapenade (purée of olives) on some bread, a glass of rosé wine and some marinated and grilled peppers are quite enough for treating any visitor like heaven. Especially when eating outside beside a fountain, in the shade of some plane trees, in the heart of Toulon, visitors enjoy this city probably best.

Au Sourd



At Au Sourd, typical seafood dishes are offered in a good-looking manner by a well-serving staff. The restaurant is a long-standing favourite

place in Toulon, so make sure to stop by.

Photo: DanaTentis/Pixabay.com (image cropped)

Address: 10 Rue Molière, Toulon

Opening hours: Tue-Sat 12pm-2pm and 7:15pm-10pm

Phone: +33 4 949 228 52 Internet: www.ausourd.com



Le Petit Prince



Le Petit Prince is a small yet cosy place with dishes that are influenced by various cultures, and coming from Provence over Africa to Maghreb,

all fragrances are wonderfully enchanting. Also, this restaurant employs people in the process of social and professional reintegration so they do care about both great food and caring society.

Photo: lysindamond/Pixabay.com (image cropped) Address: 2 Rue Ferdinand Pellcoutier, Toulon

Opening hours: Mon-Sat 7am-8pm

Phone: +33 4 224 407 39

La Feuille De Chou



La Feuille De Chou serves both innovative dishes that you had never tried before and traditional French food with a twist so you might not

recognize even them. And the kitchen could not be any fresher, as you have olive oil on your plate and olive trees above your head – at least if you choose a table in the small shady square.

Photo: Free-Photos/Pixabay.com (image cropped)

Address: 15 Rue de la Glacière, Toulon

Opening hours: Mon-Thu 11:30am-3pm. Fri-Sat 11:30am-3pm

and 7pm-10pm

Phone: +33 6 814 139 93

Al Dente



Al Dente serves pasta at reasonable prices, with a colourful, luminious and modern décor even on top. Take your seat at the terrace in front, for

enjoying sunny days and great dishes best.

Photo: StockSnap/Pixabay.com (image cropped)

Address: 30 Rue Gimelli, Toulon

Opening hours: Mon-Thu 11:45am-2pm and 7pm-10:30pm.

Fri 11:45am-2pm and 7pm-11pm. Sat 7pm-11pm

Phone: +33 4 949 302 50

Internet: www.aldente-toulon.com
Email: saslepiaf@hotmail.com
More Info: Checks are not accepted.

Brasserie de la Gare



Le Café de la Gare is a cosy cafe where you can sit down for a coffee or for grabbing a sandwich or pizza. While watching some exciting sports

event on the big screens, you can also just breathe in typical French atmosphere.

Photo: ponce_photography/Pixabay.com (image cropped)

Address: 31 Place Albert 1er, Toulon Opening hours: Daily 6am-12am

Phone: +33 4 940 562 46

Internet: www.brasseriecafedelagare.com

L'Ostrea



L'Ostrea is a delicious seafood restaurant where you will get fair sized portions well worth your money. The service is good and always friendly,

so head here and enjoy you meal along with a glass of great tasting wine.

Photo: PaulNI/Pixabay.com (image cropped) Address: Quai des Sous/mariniers, Toulon

Opening hours: Tue-Sat 10am-2pm and 5pm-9:30pm. Sun

10am-12pm

Phone: +33 4 944 665 60 Internet: www.ecaillers.com



Les Têtes d'Ail



Les Têtes dAail is a restaurant with an exquisite Mediterranean menu, lovely prepared with local products and great flavours. As this

restaurant is open nearly all day long, it is the perfect option to visit for lunch or dinner, or both.

Photo: RitaE/Pixabay.com (image cropped) Address: 22 Rue des Bonnetières, Toulon

Opening hours: Daily 9:30am-3pm and 7pm-12am

Phone: +33 4 946 207 64 Internet: www.lestetesdail.fr

More Info: Closed on Sundays during winter.

Le Bistrot du Boucan



This restaurant is a cute little bistro located in central Toulon. The menu changes often, in order to keep their regular guests on their toes, and the

food is always prepared with local ingredients and seasonal products. Do join their brunches or they after work events.

Photo: pixel2013/Pixabay.com (image cropped)

Address: 223 Rue Jean Jaurès, Toulon

Opening hours: Tue-Sat 12pm-2:30pm. Thu-Sat 12pm-2:30pm

and 7:30pm-10pm

Phone: +33 4 949 264 35

 $\label{lem:lemonton} In ternet: www.lebistrotduboucan.com \\ Email: jessica@lebistrotduboucan.com$

Le Saint Gabriel



Le Saint Gabriel serves well-presented plates of food and dishes of different sizes and flavours, including seasonable vegetables

and fresh seafood. With cosy background music, the nice decor and the great view over the port can be enjoyed best.

Photo: DanaTentis/Pixabay.com (image cropped) Address: 334 Avenue de la République, Toulon Opening hours: Daily 12pm-3pm and 7pm-11pm

Phone: +33 6 270 579 15

China Moon



A change of taste is always good, and if you feel like trying Asian ones, then head over to China Moon. With tasteful food and great

vegetarian options, it already holds its firm ground among French cuisine for a long time now.

Photo: Kzenon/Shutterstock.com

Address: 449 Avenue Franklin Roosevelt, Toulon Opening hours: Daily 12pm-2pm and 7pm-11pm

Phone: +33 4 944 160 00

Internet: www.chinamoontoulon.com

L'Etoile de l'Inde



L'Etoile de l'Inde is a great Indian restaurant with excellent food, serving everything from small starters over proper main course to closing

dessert. If you do not want to miss this authentic experience, then do make sure to book a table ahead, especially on the weekends.



Photo: Joe Gough/Shutterstock.com Address: 3 Rue Dumont d'Urville, Toulon

Opening hours: Mon-Sat 12pm-2pm and 7pm-11:30pm. Sun

7pm-11:30pm

Phone: +33 4 948 929 68

Internet: www.restaurant-indien.net

Gaëtano



Since 1954, this family run pizzeria is both popular and famous in Toulon, as its homemade dough is delicious and the refined selection of

toppings just mouth-watering. If you are insecure about what to take, just ask the friendly staff about which pizza is best.

Photo: Pexels/Pixabay.com (image cropped) Address: 4 Place Amiral Victor Senès, Toulon

Opening hours: Tue-Fri 12pm-2pm and 7pm-12am. Mon and

Sun 7pm-12am

Phone: +33 4 949 236 72

Internet: www.gaetano-pizza.com

More Info: Another branch is located at the port (Avenue de

la République).

Le Gros Ventre



Le Gros Ventre (= "The Big Belly") will satisfy your pallet, as its menus of provencal cuisine includes fresh fish, caught by a fisherman

next to the islands of Hyères, as well as other delicious dishes. The choice of wines is refined, so this is a good address for demanding gourmets!

Photo: rawpixel/Pixabay.com (image cropped) Address: 279 Littoral Frédéric Mistral, Toulon

Opening hours: Closed on all wednesdays, thursdays and

fridays at lunch only
Phone: +33 4 944 215 42
Internet: www.legrosventre.net

Email: contact@legrosventre.net

Comptoir des Fromages



Comptoir des Fromages is one of the most popular restaurants in Toulon among tourists and locals alike. In its warm and welcoming atmosphere,

you can enjoy amazing meals from the French kitchen (and especially cheese), accompanied with great wine from a huge selection.

Photo: skeeze/Pixabay.com (image cropped)

Address: 5 Rue de la Paix, Toulon

Opening hours: Tue-Sat 10am-2pm and 4pm-7:30pm

Phone: +33 4 834 248 69

Pizzeria L'Italienne



Although this restaurant is a hard to find, it is really worth the effort.
While the friendly owner is happy to give you any advice, and great

recommendations, you can choose from a huge range at the menu.

Photo: StockSnap/Pixabay.com (image cropped)
Address: Place du docteur Horace Cristol, Toulon
Opening hours: Mon-Sat 11am-2:30pm and 6:30pm-10pm

Phone: +33 9 822 297 72



CAFES



Free-Photos/Pixabay.com (image cropped)

Cafés are a way of life in this part of the world. Everybody has their own favourite, depending on the time of day – but at the same time the café that happens to be nearest is your favourite. In short, they exist to make life easier and more relaxed. A croissant in the morning, a coffee in the evening, or perhaps a pastis before going on to a restaurant? The field is wide open!

Le Grand Café de la Rade



This restaurant and brasserie is certainly one of the biggest cafés in the harbour, and so is its menu. While lots of students fill the small

round tables on the quayside, the cafe heartily welcomes everyone, locals and tourists alike.

Photo: Free-Photos/Pixabay.com (image cropped) Address: 224 Avenue de la République, Toulon

Opening hours: Mon-Thu 12am-2:30pm and 7pm-10:30pm.

Fri-Sun 12am-3pm and 7pm-11pm

Phone: +33 4 94 62 76 69

In ternet: www.restaurant-la-rade.com

L'Igloo



L'Igloo faces the harbour so sunglasses are part of its uniform. Anyways, and as the name already suggests, this is where you will find Toulon's

widest selection of ice cream, and it is also renown for its crepes.

Photo: JESHOOTScom/Pixabay.com (image cropped)

Address: 15 Quai de la Sinse, Toulon Opening hours: Tue-Sun 9am-6pm

Phone: +33 4 940 319 02

Le France



Le France is popular brasserie with a spacious and comfortable terrace, for watching the street's catwalk and for enjoying different treats. While

enjoy the dishes might stands first, do also challenge your friends to a game of pool.

Photo: RestaurantAnticaRoma/Pixabay.com (image cropped)

Address: 304 Avenue de la République, Toulon

Opening hours: Daily 6am-12am Phone: +33 4 949 278 64

Chichi Fregi



This shop is the embodiment of Toulon's soul, and a must have when being in Toulon. Since 1907, their specialty is the "Chichi

Frégi", a sort of sweet donuts, that is still baked after a closely guarded family recipe.

Photo: photocapy/Flickr.com (image cropped) Address: 8 Rue Vincent Courdouan, Toulon

Opening hours: Tue-Sat 9am-11:40am and 3pm-5:45pm



RCT Café



This cafe is a rugby ran's paradise, as it is all together devoted to the Black and Red! Although the prices are quite high, the warm and welcoming

atmosphere are already worth a visit. And by the way, you can also win merchandises signed by the players.

Photo: StockSnap/Pixabay.com (image cropped)

Address: Avenue de Besagne, Toulon Opening hours: Mon-Sat 8:30am-7:30pm

Phone: +33 4 946 447 96

Internet: www.rctoulon.com/en/club/key-locations/rct-cafe/

More Info: On match days open from 9am to 1am

Café Culture



This small cafe attracts all the lovers of culture, and they will not leave disappointed. As it regularly organizes cultural events and

language exchanges, you will always have some exciting experience here.

Photo: rawpixel/Pixabay.com (image cropped)

Address: 24 Rue Paul Lendrin, Toulon

Opening hours: Tue-Wed 9am-1pm and 4pm-8pm. Thu 9am-1pm and 4pm-10pm. Fri 8am-1pm and 4pm-8pm. Sat

8am-1pm and 4pm-7pm Phone: +33 4 946 244 52

Internet: www.cultures-et-communication.org
Email: contact@cultures-et-communication.org

BARS & NIGHTLIFE



bbernard/Shutterstock.com

The sailors' town Toulon has a thousand-years old tradition of partying well into the night, and this is not only because the Provençal nights are so gentle and so treacherously beautiful. It is, at least for today, also about its locations. The cafés and bars around the harbour and along the beaches at Mourillon are most known but there are also hidden places that want to be found.

L'Arbre à Bulles



This bar is one of the best addresses in Toulon for spending a great evening within a fancy and trendy atmosphere: the cocktails are great and the

population is young and classy. Stay tuned, as the owners are decided to develop this bar and to organize events.

Photo: Africa Studio/Shutterstock.com Address: 7 Rue Jean Aicard,Toulon

Opening hours: Wed-Thu 5:30pm-1am. Fri-Sat 5:30pm-2am

Phone: +33 4 940 588 43

Internet: www.larbreabulles.blogspot.com More Info: Located at the club Le Télégraphe



Le Navigateur



Le Navigateur lies right next to the correspondent statue on the marina, and it thus enjoys an unspoilable view over the military harbour. With

serving dishes and drinks of all kinds and for every occasion, ranging from brunch and lunch to dinner and cocktail hour, this bar attracts tourists and locals alike, all coming in for taking in the great atmosphere at this special location.

Photo: Alexander Chaikin/Shutterstock.com Address: 128 Avenue de la République, Toulon

Opening hours: Daily 7am-1am Phone: +33 4 940 943 91

Internet: www.le-navigateur-restaurant-toulon.com

Le Bar à Thym



Le Bar à Thym is a music bar with authentic live music and also DJ sets every once in a while, and it by now became to a well-known spot for all

locals and more and more tourists. Offering a large selection of whiskies, beers and rums as well as appetizers, tapas and main courses, this bar attracts everyone who is open-minded to everything but determined to enjoy the night.

Photo: Mark Zhyhman/Shutterstock.com Address: 32 Boulevard Docteur Cunéo, Toulon

Opening hours: Daily 6pm-3am Phone: +33 4 944 190 10 Internet: www.barathym.net Email: barathympub@gmail.com

Havana Café



Havana Café offers a broad menu of dishes but also – as the name may have already revealed – delicious cocktails on rum basis, and one of them is

always in focus: mojito. Go here for enjoying the great atmosphere in the inside or on the terrac while listening to music and savouring a refreshment.

Photo: Tsuguliev/Shutterstock.com Address: 35 Rue Muiron, Toulon Opening hours: Daily 7am-2am Phone: +33 4 943 125 55 Email: contact@havanacafe.eu

Old Coucou



Right next to Bar à Thym, the Old Coucou has become a trendy address for both savouring a drink and partying the night. While its selection of

beers is already impressive, it also attracts by serving different dishes, for best bringing you into and through the (young) night.

Photo: VGstockstudio/Shutterstock.com Address: Boulevard Cunéo au Mourillon, Toulon

Opening hours: Daily 6pm-1am

Le Magot



Le Magot is the place to visit if you want to go crazy on karaoke. Head here for testing your singing skills while showing of your feeling

for rhythm and enjoying some tasty drinks with your friends (and friends-to-be).



Photo: vectorfusionart/Shutterstock.com Address: 3261 Avenue de la Résistance, Toulon Opening hours: Mon-Fri 9:30pm-3am. 9:30pm-2am

Phone: +33 4 942 708 55 Internet: www.lemagot.net

Gaëtano



While Gaëtano is already known for its homemade pizzas, it also shows off excellent quality in cocktails. While their mouth-watering menu is

already attracting, the cosy atmosphere and the friendly service will win you over immediately.

Photo: VGstockstudio/Shutterstock.com Address: 4 Place Amiral Victor Senès, Toulon

Opening hours: Tue-Fri 12pm-2pm and 7pm-12am. Mon and

Sun 7pm-12am

Phone: +33 4 949 236 72

Internet: www.gaetano-pizza.com

SHOPPING



BABAROGA/Shutter stock.com

Shopping in Toulon is a pleasure, as discovering the small alleyways and fountains around place Puget and rue d'Alger and browsing in clothes shops or little bookshops always keep hidden surprises. If you admire the more chic areas around Mourillon, the antique shops and designer boutiques will give you some idea of how those houses are furnished, and if you feel the lure of the sea down by the harbour, you can

always buy some fishing or diving equipment.

Mourillon



Round off your day of sunbathing with some shopping along Litteral Frédéric Mistral, and head up Boulevard Sainte-Hélène and Rue

Lamalgue for experiencing Mourillon neighborhood at its best and fullest. While you will find interesting home furnishing shops, clothes shops (including rugby fashion Serge Blanco) and cut glass, there may also be some hidden shops that await you for being explored.

Photo: BABAROGA/Shutterstock.com

Address: Mourillon, Toulon

Marina



The post-war buildings at Marina district have almost achieved cult status, and they now host all sorts of sports and fishing shops. While this

area serves almost every shopping habit, it also shows off its beauty so do take your time for having a casual stroll, and you maybe end up at Le Centre Commercial Mayol, a large shopping centre housing many different brands and restaurants.

Photo: Smiley.toerist/Wikimedia.org (image cropped) Address: Quai Cronstadt, Toulon



Centre Mayol



Right next to the Mayol Stadium, this shopping center houses more than 100 shops and most of the big brands. While you will find popular retail

stores such as Zara, FNAC, Jennyfer, Comptoir des Cotonniers, you will also experience less known ones as Célio (clothes), Go Sport (sports & leisure), Fnac (music, books), Etam (underwear). Make sure to also visit the food court and the hypermarket Carrefour.

Photo: NaiyanaB/Shutterstock.com Address: Rue du Mûrier, Toulon

Opening hours: Mon-Sat 9:30am-7:30pm

Phone: +33 4 980 091 91

Internet: www.centremayol.com/

La Fiancée du Pirate



In the bourgeois neighbourhood of Le Mourillon, La Fiancée du Pirate (=the Pirates´s fiancee) is a colourful and dynamic shop full of

surprises and gems. As Ali Baba's treasure vault, this shop offers decoration products of all kinds, so you will always find something that catches your view and wins over your heart.

Photo: Rimantas Abromas/Shutterstock.com

Address: 55 Rue Lamalgue, Toulon

Opening hours: Tue-Sat 9:30am-12:30pm and 3pm-7pm. Sun

10am-12:30pm

Phone: +33 4 940 347 54

Internet: www.fianceedupirate.fr Email: contact@fianceedupirate.fr

RCT Store



Toulon is known for its rugby team, and thus for this store, selling every product of need stamped with RCT: shirts, polos, pens, mouse pads and

many more. For living a life of Black and Red love, this shop is a must see, so do come here and purchase some souvenirs, for always showing and supporting your team.

Photo: Dragon Images/Shutterstock.com Address: Mayol shopping centre, Toulon Opening hours: Daily 9am-7:30pm

Phone: +33 4 944 149 06 Internet: www.rctstore.com/fr/

Noush



This small shop is a treasures' cave for fashionistas of vintage, as it offers different goods from crockery and decoration to clothing

and jewellery. While the owner, Anaïs, will help you to find the perfect item, be brave and also have a look around on your own, surprising yourself by trying out (and on).

Photo: Marbury/Shutterstock.com Address: 33 Rue Paul Lendrin, Toulon Opening hours: Tue-Sat 10am-6pm

Phone: +33 4 949 491 25

Internet: www.noush-touch.blogspot.se

Email: noush.fripe@ymail.com



Esprit de Fabrique



This shop offers fabrics, textile products and decoration of Olivades, a French brand that still produces in the purest tradition of manual

printing. Although the prices may be high, any purchase is worth its price, as for its unique design and its really high quality.

Photo: Free-Photos/Pixabay.com (image cropped)

Address: 9 Rue de la Paix, Toulon

Opening hours: Tue-Sat 10am-12:30pm and 2:30pm-6:30pm

Phone: +33 4 94 89 04 90

Email: toulon@espritdefabrique.com

Charlemagne



This chain shop is known for its staff's professionalism and warmth, as it will help you finding the right book for every occasion and

every need: for reading at the beach or for buying a souvenir. Do take your time and let both books and atmosphere inspire you.

Photo: Stockforlife/Shutterstock.com

Address: 50 Boulevard de Strasbourg, Toulon

Opening hours: Mon-Fri 9:30am-7pm

Phone: +33 4 946 222 88

Internet: www.librairiecharlemagne.com

Grand Var



Close to Toulon, this huge open-air shopping centre invites for a stroll around hundreds of shops providing every need for every soul: whether you

want to renew your wardrobe, to redo your house decoration or to buy beauty products, this

is the place to go!

Photo: Syda Productions/Shutterstock.com

Address: Centre Commercial Grand Var RN 98, La

Valette-du-Var

Opening hours: Mon-Sat 10am-8pm

Phone: +33 4 947 553 05 Internet: www.grandvar.com

Le Dressing



Le Dressing is a promising second-hand shop proposing only chic and trendy clothes. Hold by mother and daughter, the selection is refined

but also best for buying new clothes at a small price.

Photo: Sahacha Nilkumhang/Shutterstock.com

Address: 26 Rue de Pomet, Toulon Opening hours: Tue-Sat 10am-6pm

Phone: +30 9 836 610 43

Internet: www.ledressingtoulon.com

Les Quilles



If you are interested in buying some wine, then head over to this store, as a better selection of small wine producers cannot be found anywhere else. You

can also do some tasting of the carefully selected wines, and that will only increase your wish of taking some of them back home.

Photo: Amy Johansson/Shutterstock.com

Address: 6 Place d'Armes, Toulon

Opening hours: Mon 4pm-7:30pm. Tue-Wed 10am-12:30pm and 4pm-7:30pm. Tue-Sat 10am-12:30pm and 4pm-8pm

Phone: +33 4 942 423 53

Internet: www.vin-whisky-toulon.com



Galeries Lafayette Toulon



Galeries Lafayette in Toulon hosts – as every other Galeries Lafayette in France – famous brands in fashion, beauty and decor. As it serves

men, women and children, it attracts people for its elegant taste, so go here for checking out the newest trends.

Photo: didesign021/Shutterstock.com

Address: 9-11 Boulevard de Strasbourg, Toulon

Opening hours: Mon-Sat 10am-7:30pm

Phone: +33 4 942 239 71

Internet: www.galerieslafayette.com Email: toulon@galerieslafayette.com

TOURIST INFORMATION



David Herraez Calzada/Shutterstock.com

Airport Toulon-Hyères



The airport
Toulon-Hyères lies 23
kilometres from Toulon
city centre and you can
reach it by bus, taxi and
train. All services operate

quite regularly, and a taxi takes about 20 minutes. However, you can also rent a car at one of the car rental services on site.

Photo: Juan Garces

Address: Boulevard de la Marine, Hyères

Phone: +33 825 018 387

Internet: www.toulon-hyeres.aeroport.fr Email: accueil@toulon-hyeres.aeroport.fr

Passport / Visa



France can be visited visa-free for up to 90 days by citizens of most European countries, Australia, New Zealand, Japan, South Korea,

Taiwan, Malaysia, Israel, UAE and most countries in America. If you are unsure whether or not you need to apply for a visa, we recommend contacting the embassy or consulate in your country. International (non-Schengen) travelers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the Schengen zone. Citizens of Schengen countries can travel without a passport, but must have a valid ID with them during their stay.

Photo: TukTuk Design/Shutterstock.com

Best Time to Visit



Toulon is somewhat temperate compared to other destinations, so you can come here nearly all year long. However, the best time to visit Toulon

for proper sunshine-filled vacations may be the season between April and August, as both temperature and humidity are at their best.

Visiting in off-season times has its benefits though, as it is less crowded and cheaper when it comes to hotel reservations and flights, and as average temperatures greatly vary, you can still enjoy outside seating and activities.



Photo: VectorA/Shutterstock.com

Public transport



The bus company RMTT operates in Toulon and surroundings, and tickets can be purchased at the kiosk on place de la Liberté. RMTT tickets are

also valid on the company's four boat services in the bay, and bicycles are carried free of charge as long as there is enough space. However, a large part of the Old Town's centre is for pedestrians only.

Photo: Pierre-Luc Auclair

Internet: www.reseaumistral.com Email: info.reseaumistral@transdev.fr

Boat Trip



A boat trip is a must when you are in Toulon, so do either take single trips with RMTT or departures with SNRTM from quai Cronstad (from

April to end October)

These tours take you on a guided trip around the ships of the French Navy in the bay but there are also ferries from Toulon to Corsica.

Photo: M-O Vector/Shutterstock.com Internet: www.reseaumistral.com

Taxi



The service Taxi Région
Toulonnaise has about 90
cars available round the
clock, and they serve
across the whole town.
They are usually booked

by telephone call but you can also halt them on

the street (or at stations).

Photo: Taxi

Address: 119 Chemin du Temple, Toulon

Phone: +33 4 949 351 51

Internet: www.taxis-region-toulonnaise.fr

Post



Subsidiaries of La Poste can be found across the whole city, and they are generally open8am-7pm. As at the central shop at Place Louis Blanc, you

can use every service presented on their website.

La Poste Mourillon 226 Rue Paul Marchelli, Toulon +33 8 108 218 21

La Poste 16 Rue Jean Bartolini, Toulon +33 4 980 045 70

Photo: Andy Fuchs

Address: 4 Place Louis Blanc, Toulon

Internet: www.laposte.fr

Pharmacy



Pharmacies can be found across the whole city, and they can be identified by a green cross and – when it is open – by the cross flashes. If it is closed,

there usually is a note on the door giving the address of the nearest emergency pharmacy. A central one can be found at Centre Commercial Mayol but there are many others:

Pharmacy Lazare Carnot



117 Avenue Lazare Carnot, Toulon +33 4 948 958 57

Pharmacie du Pont de Suve 104 Boulevard Enseigne de Vaisseau Gués, Toulon

+33 4 942 744 25

Photo: Gemma Garner

Address: Centre commercial Mayol, Toulon Opening hours: Mon-Sat 9:30am-19:30pm

Phone: +33 4 943 100 31

Telephone

Country code: +33 Area

code: 4



Photo: Jardson Almeida

Electricity

230 V, 50 Hz, C/E



Photo: Stirling Tschan

Population

171,643

Currency

1 Euro = 100 Cents

Opening hours

Shopes are normally open Mon-Sat 19am-7pm but smaller shops close down on Mondays. The closing for lunch varies but it usually takes place between 12pm and 2pm.

Newspapers

Var Matin Presse-Papiers L'Encrier

Emergency numbers

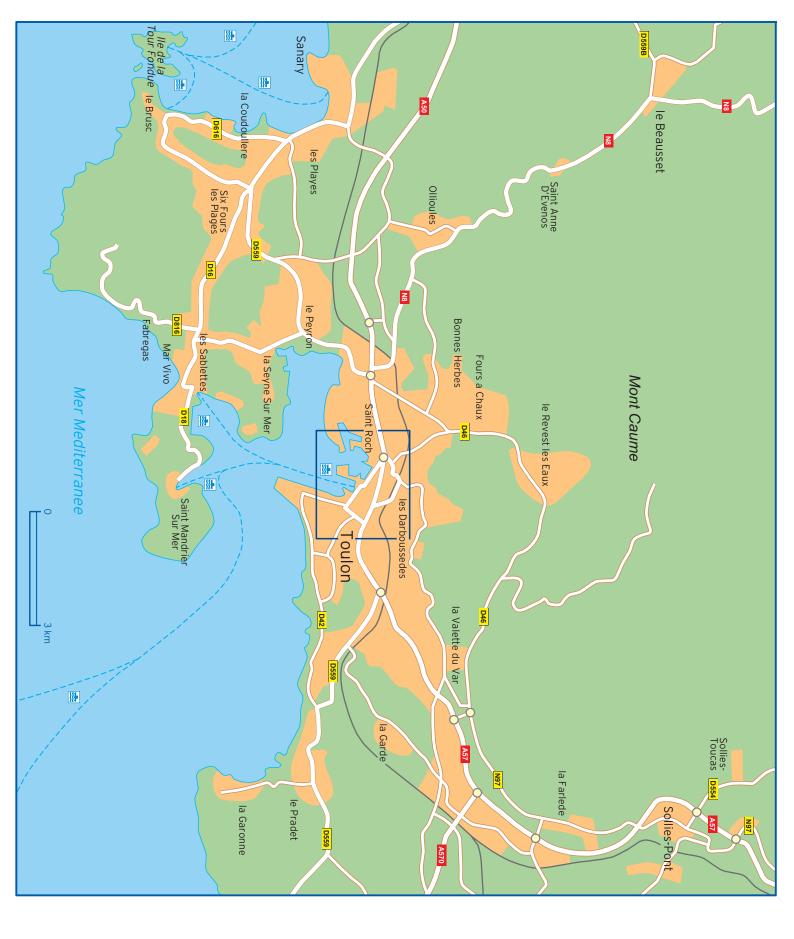
European Emergency Number: 112

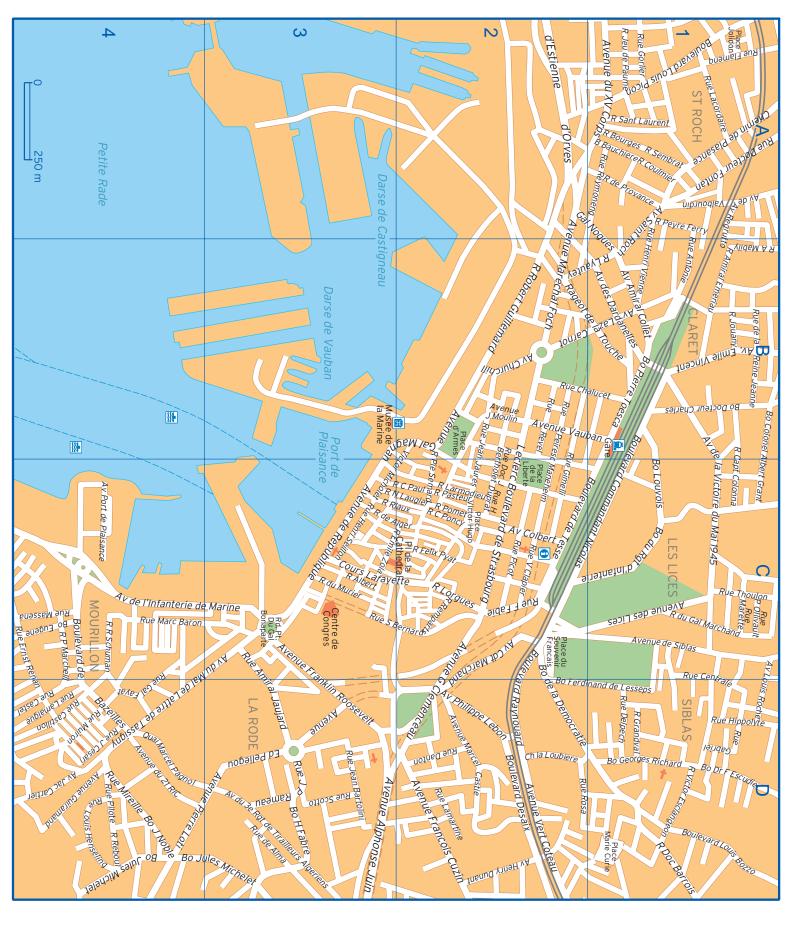
Tourist information

Office de Tourisme de Toulon 12 Place Louis Blanc, Toulon +33 494 185 300 info@toulontourisme.com

Opening hours Apr-Oct: Mon-Sat 9am-6pm and Sun 9am-1pm Opening hours Nov-Feb: Mon-Sat 9am-5pm and Sun 9am-1pm







Destination: Toulon Publishing date: 2019-12-18



Aveneue Jacques Cartier	D4	Boulevard H Fabre	D3	Rue Docteur Barrois	D1
Avenue Alphonse Juin	D3	Boulevard J Noble	D4	Rue Docteur Fontan	A1
Avenue Amiral Collet	B1	Boulevard Jules Michelet	D3 D4	Rue Docteur Jean Bertholet	B2 C2
Avenue Cdt Marchand	C2 D2	Boulevard Louis Bozzo	D1	Rue Dr Jouany	B1
Avenue Colbert	C2	Boulevard Louis Picon	A1	Rue du Capt Colonna	B1 C1
Avenue de la Victoire du Mai 1945	B1 C1	Boulevard Louvois	B1 C1	Rue du Gal Marchand	C1
Avenue de l'Infanterie de Marine	C3 C4	Boulevard Pierre Toesca	B1 81	Rue du Jeu de Paume	A1
Avenue de Republique	C3	Boulevard Raynouard	C2 D2	Rue du Murier	C3
Avenue de Siblas	C1	Chemin de la Loubiere	D2	Rue du P Ollivault	C1
Avenue de Valbourdin	A1	Chemin de Plasance	A1	Rue Emile Zola	C3
Avenue des Dardanelles	B1	Cours Lafayette	C2 C3	Rue Ernst Renan	C4 D4
Avenue des Lices	C1	d'Estienne	A2	Rue F Fabie	C2
Avenue du 21 RIC	D4	d'Orves	A2	Rue Felix Pyat	C2
Avenue du 3e Rgt de Tirailleurs Algeriens	D3	Gal Nogues	A2 B1	Rue Gabriel	D1
Avenue du Mal de Lattre de Tassigny	C3 D4	Leclerc Boulevard de Strasbourg	B2 C2	Rue Gal Fayat	C4 D4
Avenue du Port de Plisance	C4	Place de la Liberte	C2	Rue Gimelli	B2 C2
Avenue du XV Corps	A1	Place du Souvenir Français	C2	Rue Gorlier	A1
Avenue Ed Pellegou	D3	Place d'Armes	B2	Rue Grandval	D1
Avenue Emile Vincent	B1	Place Jolidon	A1	Rue Henri Seillon	C3
Avenue Franklin Roosevelt	C3 D3	Place Marie Curie	D1	Rue Henri Vienne	A1 B1
Avenue G Clemenceau	C2 D2	Place Victor Hugo	C2	Rue Hippolyte	D1
Avenue Gal Magnan	B2 C3	Quai marcel Pagnol	D4	Rue Hippolyte Duprat	C2
Avenue Guiramand	D4	R Robert Guillemard	B2	Rue J Cesari	D4
Avenue Henry Dunant	D2	Rageot de la Touche	B1 B2	Rue J P Rameau	D3
Avenue Jean Moulin	В2	Rd. Pt. Du Gal Bonaparte	C3	Rue Jean Bartolini	D3
Avenue Lazare Carnot	B1	Rue A Mabily	B1	Rue Jean Jaures	B2 C2
Avenue Louis Roche	C1 D1	Rue Albert	СЗ	Rue Lacordaire	A1
Avenue Marcel Castie	D2	Rue Amiral Emeriau	В1	Rue Lamalgue	D4
Avenue Marechal Foch	A2 B2	Rue Amiral Jaujard	C3 D3	Rue Lamartine	D2
Avenue Philippe lebon	D2	Rue Antonie	A1 B1	Rue Larmodieu	C2
Avenue Pierre Loti	D3 D4	Rue Bon Pasteur	C2	Rue Louis Henseling	D4
Avenue Regrutto	A1 B1	Rue Castel	D4	Rue Lyautey	B1 B2
Avenue Saint Roch	A1 B1	Rue Castillon	D4	Rue M Sembrat	A1
Avenue Vauban	B1 B2	Rue Centrale	C1 D1	Rue Marc Baron	C4
Avenue Vert Coteau	D2	Rue Chalucet	B1 B2	Rue Massena	C4
Avenue Winston Churchill	В2	Rue Charles Poncy	C2	Rue Michel d Bourges	A1
Boulevard Bauchiere	A1	Rue Chevalier Paul	C2 C3	Rue Mireille	D4
Boulevard Colonel Albert Grant	B1 C1	Rue Coulmier	A1	Rue Muiron	D4
Boulevard Commandant Nicolas	B1 C2	Rue d l Marette	C1	Rue Nicolas Laugier	C2 C3
Boulevard de Bazeilles	C4 D4	Rue Danton	D2	Rue Paul Marchelli	C4
Boulevard de la Democratie	C2 D2	Rue de Alger	C2 C3	Rue Peiresc Maneheim	B2 C2
Boulevard de Tesse	C1 C2	Rue de Alma	D3	Rue Peyre Ferry	A1
Boulevard Desaix	D2	Rue de la Reine Jeanne	B1	Rue Picot	C2
Boulevard Docteur Charles	B1	Rue de Lorgues	C2	Rue Pierre Semard	B2 C2
Boulevard Dr Felix Escudier	D1	Rue de Pomet	C2	Rue Pilote	D4
Boulevard du 112e Rgt d'Infanterie	C1 C2	Rue de Provance	A1	Rue Reboul	D4
Boulevard Eugene	C4	Rue Delpech	D1	Rue Revel	B2
Boulevard Ferdinand de Lesseps	D1 D2	Rue des Remparts	C2	Rue Reymoneng	A1
Boulevard Georges Richard	D1	Rue des Riaux	C2 C3	Rue Robert Schuman	C4
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Rue RosaD2Rue ScottoD3Rue Victor EsclangeonD1Rue Sainte BernardC2 C3Rue ThoulonC1Victor MicholetB2 C3Rue Sant LaurentA1Rue V ClapierC2